



IWF

**INTERNATIONAL
WEIGHTLIFTING
FEDERATION**

20

**CONSTITUTION
& RULES**

21

**Constitution approved by the IWF Congress on
29 August 2021 in Doha, Qatar
in effect with 31 August 2021**

Published by
The INTERNATIONAL WEIGHTLIFTING FEDERATION

Editors – Contributors
IWF Reform and Governance Commission
Dr. Darren Kane
Dr. Damaris Young
Dr. Ximena Restrepo

Layout and Design
Crazy Panda Studio

Copyright: **IWF**
All rights reserved

Constitution and Rules

International Weightlifting Federation

Adopted at the International Weightlifting Federation's Constitution Reform Congress on 29 August 2021 (FINAL)

Constitution and Rules of the International Weightlifting Federation

In force from 31 August 2021

INDEX

		Description	Page	
PART A		INTRODUCTION, DEFINITIONS AND OBJECTIVES	3	
	1	Introduction and General Provisions	3	
	2	Definitions and Interpretation	4	
	3	Name and Emblem	16	
	4	Purpose and Objectives	16	
PART B		NATIONAL FEDERATION MEMBERS	19	
	5	Members, Continental Federations and Regional Federations	19	
	6	Qualifications and Conditions of Membership	19	
	7	Membership Application Procedures	21	
	8	Requirements and Obligations of Members	23	
	9	Rights of Members	26	
	10	Responsibilities of the Federation to Members	28	
	11	Consequences of a Failure to Pay the Membership Fee and Other Amounts	30	
	12	Withdrawal and Resignation of Membership	30	
	13	Sanctioning of Members	30	
	14	Consequences of Sanctioning Members	36	
PART C		THE CONGRESS	38	
	15	The Congress	38	
PART D		THE EXECUTIVE BOARD	44	
	16	Role and Composition of the Executive Board	44	
	17	Election and Appointment of Members of Executive Board	45	
	18	Term of Office of Executive Board Members	45	
	19	Gender Diversity on Executive Board	46	
	20	National Diversity on Executive Board	46	
	21	Maximum Term Limits	47	
	22	Minimum and Maximum Age Limits of Executive Board Members	48	
	23	Candidature	49	
	24	Nomination of Candidates	49	
	25	Disqualifying Criteria – Executive Board Members	51	
	26	Nomination Procedures and Election Procedures	52	
	27	Casual Vacancies	54	
	28	Suspension of Members of the Executive Board	56	
	29	Removal of Executive Board Members	57	
	30	Duties, Functions and Powers of the Executive Board	57	
	31	Executive Board Members	60	
	32	Meetings of the Executive Board	61	
PART E		MANAGEMENT, IWF COMMISSIONS AND IWF COMMITTEES	63	
	33	Chief Executive Officer	63	
	34	IWF Commissions	64	
	35	IWF Committees	68	
	36	Athletes Commission	71	
	37	Eligibility Determination Panel	71	
PART F		INTEGRITY, DISPUTES AND OTHER MATTERS	75	
	38	Integrity Investigations, Adjudications and Determinations	75	
	39	Disputes and Appeals	75	
	40	Audit and Financial Delegation	76	
	41	Minutes	77	
	42	Amendments to the Constitution	78	
	43	Jurisdiction of the CAS	78	
	44	General	79	
		Appendix A	IWF Emblem	81
		Appendix B	National Federation Members, Continental Associations and Regional Federations	82
		Appendix C	Notice of Appointment of Representative	88
		Schedule 1	Ethics and Disciplinary Code	89
		Schedule 2	Member in Good Standing Criteria	96
		Schedule 3	Rules of Congress	97
		Schedule 4	Voting Procedures and Rules	101
		Schedule 5	Election and Candidate Conduct Rules	104
		Schedule 6	Candidate Eligibility Rules	107
		Schedule 7	Candidate Nomination Rules	109
		Schedule 8	Disqualifying Circumstance	113
		Schedule 9	Executive Board Member Code of Ethics	114
		Schedule 10	Athletes Commission Charter	118
		Schedule 11	Eligibility Determination Panel Rules of Procedure	121
		Schedule 12	Rights, Obligations and Requirements of Continental Federations	124
		Schedule 13	IWF Commissions and IWF Committees – Functions, Powers and Authorities	126
		Annexure A	Specific Duties and Functions – President, First Vice President and General Secretary Treasurer	130

PART A INTRODUCTION, DEFINITIONS AND OBJECTIVES

1 Introduction and General Provisions

- 1.1 The International Weightlifting Federation (otherwise known as the Fédération Internationale d'Haltérophilie) is the international governing body throughout the world for the sport of weightlifting, and the International Weightlifting Federation is recognised as such by the International Olympic Committee.
- 1.2 The International Weightlifting Federation is an association that was first established in 1905, and which exists for an unlimited period of time. The International Weightlifting Federation is established and governed by Article 60 et seq of the Swiss Civil Code, and by the rules specified in this Constitution.
- 1.3 The seat of the International Weightlifting Federation is in Lausanne, Switzerland. Within ninety (90) days following the Effective Date, the Federation shall commence the process of taking whatever steps which are necessary so as to enter the Federation on the Commercial Register in accordance with Article 61 of the Swiss Civil Code. Thereafter the Federation shall do all things necessary to remain so registered.
- 1.4 The headquarters of the International Weightlifting Federation shall be located in Lausanne, Switzerland. The headquarters of the International Weightlifting Federation must not be transferred from, or related to a place other than Lausanne, Switzerland otherwise than by a Special Resolution of the Congress and the necessary amendments being made to this Constitution.
- 1.5 Notwithstanding **rule 1.4**, the International Weightlifting Federation may, as decided by the Executive Board, have additional offices which are situated in a place or places other than Lausanne, Switzerland.
- 1.6 The governing law of the International Weightlifting Federation is Swiss law.
- 1.7 The official language of the International Weightlifting Federation is the English language, and accordingly:
 - (a) All proceedings of each Congress of the International Weightlifting Federation shall be conducted in English.
 - (b) The proceedings of all meetings of the Executive Board shall be conducted in English.
 - (c) The proceedings of all meetings of each IWF Commission and each IWF Committee shall be conducted in English.
 - (d) All publications, reports, decisions and other documents produced by the International Weightlifting Federation, including the Audited Financial Reports and the Annual Reports, shall be in English. The language in which the Website is published shall also be English.

(e) If any of the foregoing is translated from English into any other language, the English translation shall prevail to the extent of any inconsistency between the English version and any translated version.

1.8 This Constitution shall immediately come into force on and from 31 August 2021, upon the adoption of this Constitution by the Congress. Thereafter the date of 31 August 2021 shall be referred to as the **Effective Date**. Except if a rule of this Constitution specifies an earlier date, the Federation must do all things necessary during the period from the Effective Date to ninety (90) days after the Effective Date, in order to ensure that the Federation complies fully with the requirements of this Constitution on and from the date which is ninety-one (91) days after the Effective Date.

1.9 The version of the Constitution of the Federation that is in force must be published on the Federation's Website, and be available, accessible and downloadable at all times on the Website so that it is accessible and downloadable by the Members and anyone else.

1.10 The Anti-Doping Rules and each other Policy made by the Federation that is in force must be published, discoverable and downloadable on the Website, as must each other document that is required by this Constitution to be published on the Website.

2 Definitions and Interpretation

2.1 The following definitions apply in interpreting this Constitution unless expressly stated otherwise or unless the context otherwise requires:

Annexure means each of the annexures to this Constitution.

Annual Report means the annual report (including the administrative report and the financial report) of the Federation, published not less than once in each year and not later than 90 days after the last day of the period to which the report relates. The Annual Report is to report on the activities of the Federation during the year covered by the annual report.

Appointed Executive Board Member means a person appointed to that office in accordance with this Constitution.

Anti-Doping Rules means the anti-doping policy of the Federation as amended from time to time, which must be approved by WADA as being compliant with all of the mandatory requirements of the World Anti-Doping Code and International Standards.

Anti-Doping Rule Violation has the same meaning as given to that term in the Anti-Doping Rules and/or the WADA Code.

Appendix means each of the appendices to this Constitution.

Applicable Law means the laws of Switzerland which apply to the International Weightlifting Federation.

Appointed Auditor means the auditor appointed in accordance with **rule 40**.

Athletes Commission means the IWF Commission referred to in **rule 36**, which is constituted by the Athletes Commission Charter set out at **Schedule 10**.

Athletes Commission Charter means the document which is set out at **Schedule 10**.

Athletes Commission Executive Board Member means a person appointed to that office in accordance with this Constitution.

Audited Financial Report means the financial report of the Federation which reports on the financial activities and transactions of the Federation for a period of 12 months, such financial report which is independently audited by the Appointed Auditor.

Authority with Jurisdiction includes any disciplinary body, tribunal, court, judicial or arbitral body properly constituted by law, the Ethics and Disciplinary Commission, the CAS, any National Olympic Committee with jurisdiction over a person, and any national or transnational law enforcement agency.

Candidate means any person who is *nominated* for, and is *eligible* and is *approved* as eligible to be a candidate in any election for any position on the Executive Board, an IWF Commission or an IWF Committee. For the avoidance of doubt, an existing Executive Board Member, IWF Commission Member and IWF Committee is deemed to be a Candidate wherever that person is standing for re-election at an Electoral Congress, and also if that person is standing for election to a different position or office to the position or office presently held by that person at any time.

Candidate Eligibility Rules means the rules specified in **Schedule 6**.

Candidate Nomination Rules means the rules specified in **Schedule 7**.

CAS means the Court of Arbitration for Sport which has its seat in Lausanne, Switzerland.

CAS Code means the CAS's *Code of Sport-related Arbitration* in force on and from 1 January 2021 and as subsequently amended from time to time.

Chief Executive Officer means the chief executive officer of the Federation.

Citizen means a person being a national of a Country or Sport Country and having specific rights of citizenship conferred on that person because of the person being a national of that Country or Sport Country.

Congress means the Congress of the Federation, being the body that is comprised of the Representatives of each of the Members.

Constitution means this constitution of the Federation, as amended from time to time after the Effective Date in compliance with the requirements of this Constitution including **rule 42**, and a reference to the Constitution includes each Appendix, each Schedule and each Annexure.

Continental Federation means a continental federation of the Federation that is referred to in **rule 5.3** and **Appendix B**.

Continental Federation President means the president for the time being of a Continental Federation.

Country means a self-governing geographical area of the world that is recognised as an independent state by:

- (a) international law and international governmental bodies; and
- (b) the international community, in accordance with the principles established in the Olympic Charter; and
- (c) the International Olympic Committee.

Default Notice means a notice served by the Federation in accordance with **rule 11.1**, which notifies the recipient National Federation Member of the particulars of the Membership Fee or other amounts which the National Federation Member owes to the Federation, which the National Federation Member has failed to pay to the Federation.

Disqualifying Circumstances means those matters described in **Schedule 8**.

EDC Procedural Rules means the procedural rules and the adjudication rules of the Ethics and Disciplinary Commission, which are made by the Ethics and Disciplinary Commission in accordance with **rule 34.3** and **Schedule 13**.

Election and Candidate Conduct Rules means the rules set out at **Schedule 5**.

Electoral Commission has the meaning given to that term in the Voting Procedures and Rules.

Electoral Congress means a meeting of the Congress at which Elections are conducted.

Emblem means the emblem of the Federation, which is specified at **Appendix A**.

Effective Date means the date referred to in **rule 1.8**.

Eligibility Determination Panel means that body which is referred to in **rule 37**.

Eligibility Determination Panel Rules of Procedure means the rules set out at **Schedule 11**.

Ethics and Disciplinary Code means the code set out at **Schedule 1**.

Ethics and Disciplinary Commission means the IWF Commission designated with that name and conferred with the functions and powers as determined in this Constitution or otherwise.

Events Calendar means the calendar of events published by the International Weightlifting Federation from time to time.

Executive Board means the executive board of the Federation, appointed in accordance with this Constitution.

Executive Board Member means any member of the Executive Board including the President, the General Secretary Treasurer, the First Vice President, any Vice President, any Continental Federation President in their capacity as a member of the Executive Board appointed in accordance with **rule 16.2(f)**, any Ordinary Executive Board Member, any Athletes Commission Executive Board Member and any Appointed Executive Board Member.

Executive Board Member Code of Ethics means the code of ethics which appears at **Schedule 9**.

Federation means the International Weightlifting Federation; the terms **International Weightlifting Federation** and **IWF** also may be used in this Constitution interchangeably to refer to the organisation.

First Vice President means the person elected to that office of the Executive Board in accordance with this Constitution.

General Secretary Treasurer means the person elected to that office of the Executive Board in accordance with this Constitution.

Governance Principles means the principles by which the Federation and the Sport are governed, organised and controlled, which are set out at **rule 4.1**.

Intellectual Property means and includes:

- (a) means the names “**IWF**”, “**International Weightlifting Federation**” and any other business, trade or brand name used or associated with the Federation.
- (b) The Emblem and any application for registration of such similar trademarks or designations.
- (c) any software or automation system developed by, or on behalf of the Federation for the Sport together with any developments, variations, alterations or amendments thereto.
- (d) any patent which the Federation is or has been entitled to use under license or otherwise in relation to the Sport or the fulfilment of the Objectives and any application for registration of such patent.
- (e) any copyright owned by or to which the Federation is or has been entitled to use under license or otherwise in relation to the Sport or the fulfilment of the Objectives including without limitation any written material, plan, design, logo, insignia, manual or other works.
- (f) designs (whether or not registered or protected by copyright) which the Federation is or has been entitled to use under license or otherwise in relation to the Sport and the fulfilment of the Objectives.

- (g) trade secrets, know how, confidential information and all other property commonly identified as intellectual property of which the Federation is entitled to use or have used in relation to the Sport and the fulfilment of the Objectives.
- (h) Any other property of the Federation in which intellectual property rights of any kind subsist.

International Competitions means competitions for the Sport at which athletes selected by and representing different National Federations compete.

International Olympic Committee and **IOC** means the International Olympic Committee, such organisation which was formed in 1894 as the international body responsible for leading the Olympic Movement.

International Standards has the same meaning as given to that term in the World Anti-Doping Code.

International Technical Officials means an official who officiates in the Sport at International Competitions.

IOC Code of Ethics means the International Olympic Committee's Code of Ethics, which is in force at the Effective Date and which may be amended thereafter.

IOC Corruption and Manipulation Code means the International Olympic Committee's Code on the Prevention of the Manipulation of Competitions, which is in force at the Effective Date and which may be amended thereafter.

IWF Commission means each of the commissions of the Federation from time to time, including each of the following at the Effective Date:

- (a) The **Athletes Commission**.
- (b) The **Development and Education Commission**.
- (c) The **Ethics and Disciplinary Commission**.
- (d) The **Gender Equity Commission**.
- (e) The **Legal Commission**.
- (f) The **Governance Commission**.
- (g) The **Anti-Doping Commission**.
- (h) The **Independent Monitoring Group**.
- (i) The **Independent Member Federation Sanctioning Panel**.

IWF Commission Member means a person who is a member of an IWF Commission.

IWF Committee means the committees of the Federation from time to time, including each of the following at the Effective Date:

- (a) The **Technical Committee**.
- (b) The **Coaching and Research Committee**.
- (c) The **Medical Committee**.

IWF Committee Member means any person who is appointed to any IWF Committee.

IWF Development Program means the program by that title implemented and managed by the Federation, for the purpose of developing the Sport in and throughout the world.

Media Rights means any exploitation of any audio or visual media, including but not limited to:

- (a) electronic, wireless or optical communication, whether in existence or not at the Effective Date, whether broadcast or not, whether incorporated into the broadcast signal or not, to a device or combination of devices capable of receiving and displaying television programs, including datacasting;
- (b) free-to-air television and radio broadcasting and subscription television and radio broadcasting;
- (c) in-flight, ship at sea and other forms of transport rights;
- (d) digital terrestrial television, cable and satellite audio visual broadcasting;
- (e) electronic, wireless, internet streaming or optical communication whether in existence or not at the Effective Date, using protocols whether in existence or not at the Effective Date including internet protocol television, streaming, the hypertext transfer protocol (HTTP), secure hypertext transfer protocol (HTTPS), file transfer protocol (FTP), the wireless application protocol (WAP) and short message service (SMS) over cellular GSM and CDMA networks (and other wireless or cellular networks as may be implemented); and
- (f) any analogous or similar rights invented or developed before or after the Effective Date.

Member in Good Standing means at any point in time that a National Federation Member is in compliance with, and has complied with all of the relevant requirements of Membership and is therefore not provisionally suspended, suspended or otherwise restricted or hindered from exercising any and all of its rights enjoyed in its capacity as a National Federation Member. Further and more detailed criteria for determining if a National Federation Member is in Good Standing is specified in **Schedule 2**.

Membership Fee means any amount that the Members or any National Federation Member is required to pay to the Federation annually or otherwise, in connection with Membership; any application for Membership; or the maintaining of Membership.

Mentally Incapacitated Person means a person who is unable to look after their own health, safety and welfare, or to manage their own affairs, as a result of any:

- (a) Damage to, or any illness, disorder, imperfect or delayed development, impairment or deterioration, of the brain or mind; or
- (b) Physical illness or condition that renders the person unable to communicate his or her intentions or wishes in any manner whatsoever.

National Federation means the various national weightlifting federations from time to time. A list of the current National Federations at the Effective Date appears at **Appendix B** to this Constitution.

National Federation Member means a member of the International Weightlifting Federation in any category admitted in accordance with the provisions of this Constitution and **Membership** is membership of the Federation in any category. The categories of Membership of the Federation, which are available at the Effective Date, are specified in **rule 5**. Membership of the Federation is divided into the following categories:

- (a) **Full Membership;**
- (b) **Associate Membership;** and
- (c) **Provisional Membership.**

National Olympic Committee has the same meaning as given to that term in the Olympic Charter.

Objectives means the purpose and objectives of the International Weightlifting Federation that are specified in **rule 4**.

Official includes all employees, officers, Executive Board Members, IWF Commission Members, IWF Committee Members, and Candidates.

Olympic Charter means the core constitutional instrument and statute of the Olympic Movement that is known by that title, and that is in force at the Effective Date and which may be amended thereafter by the International Olympic Committee.

Olympic Games means a summer Olympic Games, as scheduled by the International Olympic Committee.

Olympism means the Fundamental Principles of Olympism specified in the Olympic Charter.

Ordinary Congress means a meeting of the Congress which is not an Electoral Congress or a Special Congress.

Ordinary Executive Board Member means a person elected to that office of the Executive Board in accordance with this Constitution.

Ordinary Resolution means a resolution passed by a Simple Majority of the total number of eligible votes cast in a vote on that question, motion or resolution.

Policy means any statutes, rules, regulations, by-laws, policies, determinations and directives of the Federation, that is made by the Executive Board in accordance with, and subject to this Constitution.

President means the person elected to that office of the Executive Board in accordance with this Constitution.

Regional Federations means the regional federations recognised by the Federation, which are listed in **Appendix B**.

Related Sport means a sport or discipline which bears a close correlation and relationship to the Sport, including for example the sport of powerlifting and competitions such as “strongman”.

Relative Majority means, in relation to a vote taken, where a candidate, option or decision to be voted receives the highest total number of eligible votes cast.

Representative means the representative of a National Federation Member, who is qualified under this Constitution and authorised by the National Federation Member to attend all meetings and occasions of the Congress, including the Electoral Congress and the Ordinary Congress.

Rules of Congress means the rules set out at **Schedule 3**.

Schedule means each schedule to this Constitution.

Simple Majority means fifty (50) percent (%) plus one (1) or more of the whole.

Solvent means, in relation to a National Federation Member, that the organisation is able to pay its debts and liabilities when those debts and liabilities fall due, without any deduction, set-off or compromise.

Special Congress means any Congress convened in accordance with this Constitution other than an Ordinary Congress or an Electoral Congress.

Special Majority means at least seventy-five (75) percent (%) of the whole.

Special Resolution means a resolution passed by at least a Special Majority of the total number of eligible votes cast in a vote on that question, motion or resolution.

Sport means the sport of weightlifting in all of its various forms and disciplines as determined by the Federation from time to time, and includes:

- (a) The sport for athletes with disabilities, and the sport conducted in Paralympic competition; and

- (b) Modified forms of the sport developed for junior development and various other purposes.

Sport Country means a geographical territory or region which, although not recognised as a Country and although it does not have a National Olympic Committee as recognised by the IOC, nonetheless has certain aspects and attributes of self-government at least to the extent in being autonomous in the control of its sports, and where it is recognised as such by the Federation.

Sporting Power means the power of the Federation for the exclusive control and management of the Sport throughout the world.

Swiss Civil Code means the *Swiss Civil Code* of 10 December 1907 and in force at the Effective Date, and as thereafter amended from time to time.

Technical and Competition Rules and Regulations means the technical and competition rules and regulations for the Sport, determined by the Federation and amended from time to time.

Technology means any audio, visual, audio-visual or similar technology which, when used, gives the attendees at a meeting the reasonable opportunity, as a whole, to participate in that meeting.

Two-Thirds Majority means (including if the term is used in any Policy) at least sixty-seven (67) percent (%) of the whole.

Unanimous Majority means one hundred (100) percent (%) of the whole.

Unanimous Resolution means a resolution passed by at least a Unanimous Majority of the total number of eligible votes cast in a vote on that question, motion or resolution.

Vice President means a person elected to that office of the Executive Board in accordance with this Constitution.

Voting Procedures and Rules means the rules set out at **Schedule 4**.

WADA means the World Anti-Doping Agency.

Website means the website of the Federation, which is located at URL: <https://www.iwf.sport> and any other domain name which replaces it after the Effective Date.

Weightlifting Properties includes without limitation:

- (a) The Emblem;
- (b) The Intellectual Property;
- (c) The Media Rights;

- (d) All sponsorship rights;
- (e) All merchandising rights; and
- (f) All venue rights, including rights in respect of signage, sponsorship, hospitality, and ticketing;

in relation to the World Championships and any other championships, tournament or event controlled by the Federation.

World Anti-Doping Code means the World Anti-Doping Code that was adopted by WADA on 5 March 2003 and which has been amended from time to time since that date.

World Championships includes any world championships events of any kind, type or discipline, for or in respect of the Sport or any part of the Sport, held anywhere in the world and at any time, which are sanctioned or otherwise recognised as such by the Federation.

2.2 The following rules of interpretation apply in this Constitution unless the context otherwise requires:

- (a) Headings are for convenience only, and headings do not affect the interpretation of this Constitution.
- (b) Any reference to a gender includes a reference to all genders.
- (c) A reference to the singular includes a reference to the plural, and vice versa.
- (d) Where a word or phrase is defined in **rule 2.1** or otherwise in this Constitution, the other grammatical forms of that word or phrase shall have corresponding meanings.
- (e) A reference to a paragraph or a sub-paragraph is a reference to that paragraph or sub-paragraph, as the case may be, of the rule in which the reference appears.
- (f) A reference to any law, statute or legislation or to any provision of any law, statute or legislation includes any modification or re-enactment of it, any substitution of it, and all regulations and statutory instruments promulgated under it.
- (g) A mention of anything after **“include”**, **“includes”** or **“including”** does not limit what else might be included.
- (h) A reference to a **“person”** includes a corporation, voluntary association, trust, partnership, unincorporated association, foundation and other entity, whether or not it comprises a separate legal entity; and any reference to a **“corporation”** is to be taken to mean a commercial company or for-profit organisation that is a legal entity registered under the laws of a Country or Sport Country.
- (i) Any reference to **“CHF”**, **“franc”** or any reference to any currency amount is a reference to the currency of Switzerland.

- (j) Any reference as to time is a reference to that time in Lausanne, Switzerland.
- (k) Any reference to “**year**” means any period of twelve (12) months, and a “**calendar year**” means a year commencing on 1 January and ending on the next 31 December.

2.3 The International Weightlifting Federation has the Sporting Power. Additionally:

- (a) The Federation shall have power under this **rule 2.3** to perform any action in any case where the Applicable Law confers that power on any organisation of the type which the Federation is, if that power is comprised in the organisation’s constitution documents.
- (b) Subject to this Constitution and the Applicable Law, the Federation has all of the powers of a legal person and may do any and all acts and things which are necessary, desirable, incidental to advancing the Objectives of the Federation.
- (c) The rules of the Federation specified in this Constitution shall apply subject to, and in compliance with any mandatory provision of the Swiss Civil Code.
- (d) The Federation may:
 - (i) exercise any power;
 - (ii) take any action; and
 - (iii) engage in any conduct or procedure;which any association governed by the Swiss Civil Code may exercise, take or engage in.
- (e) Notwithstanding **rule 2.3(d)**, the Federation may do all other things that are incidental or conducive to carrying out its Objectives.
- (f) Where this Constitution provides that a person “**may**” do a particular act or thing, the act or thing may be done at the person’s discretion provided that the act or thing is done for a proper purpose, and provided also that the act or thing, if done, would not be likely to cause damage to the Federation.
- (g) Where this Constitution confers a power to do a particular act or thing, the power is, unless the contrary intention appears, to be taken as including a power exercisable in the same manner and subject to the same conditions (if any) to repeal, rescind, revoke, amend or vary that act or thing.
- (h) Where this Constitution confers a power to do a particular thing in respect of particular matters, the power is, unless the contrary intention appears, to be taken to include a power to do that thing in respect of only some of those matters or in respect of a particular class or particular classes of those matters and to make different provision in respect of different matters or different classes of matters.

- (i) Where this Constitution confers a power to make appointments to any office or position, the power is, unless the contrary intention appears, to be taken to include a power:
 - (i) to appoint a person to act in the office or position until a person is appointed to the office or position; and
 - (ii) subject to any contract between the Federation and the relevant person, to remove or suspend any person appointed, with or without cause.
- (j) Where this Constitution confers a power or imposes a duty then, unless the contrary intention appears, the power may be exercised and the duty must be performed from time to time as the occasion requires.
- (k) Where this Constitution confers a power or imposes a duty on the holder of an office as such then, unless the contrary intention appears, the power may be exercised and the duty must be performed by the holder for the time being of the office.
- (l) Where this Constitution confers power on a person or body to delegate a function or power:
 - (i) the delegation may be concurrent with, or (except in the case of a delegation by the Board) to the exclusion of, the performance or exercise of that function or power by the person or body;
 - (ii) the delegation may be either general or limited in any manner provided in the terms of delegation;
 - (iii) the delegation need not be to a specified person but may be to any person from time to time holding, occupying or performing the duties of a specified office or position;
 - (iv) the delegation may include the power to delegate;
 - (v) where the performance or exercise of that function or power is dependent on the opinion, belief or state of mind of that person or body in relation to a matter, that function or power may be performed or exercised by the delegate on the opinion, belief or state of mind of the delegate in relation to that matter; and
 - (vi) the function or power so delegated, when performed or exercised by the delegate, is to be taken to have been performed or exercised by the person or body.
- (m) The Federation is recognised by the International Olympic Committee as the sole international controlling and governing body for the Sport. The Federation may cooperate with institutions and organisations that share similar values, goals and objectives to the Objectives.

3 Name and Emblem

3.1 The name of the Federation is the **International Weightlifting Federation** (otherwise known as the Fédération Internationale d'Haltérophilie). The Federation has the exclusive use of those names. The Federation may also use the acronym **IWF** where it is deemed by the Federation to be appropriate.

3.2 The emblem of the Federation is as specified in **Appendix A** to this Constitution.

4 Purpose and Objectives

4.1 The fundamental and overriding purpose of the Federation is to exercise the Sporting Power and to be the worldwide governing body for the Sport, where the Federation ensures that the Sport at all levels and at all places throughout the world is conducted entirely in the absence of corruption, illegal and unethical behaviour. The Federation shall ensure that it, and the Sport are governed, organised and controlled in accordance with the Governance Principles of:

- (a) Democracy;
- (b) Transparency;
- (c) Accountability;
- (d) Fair play;
- (e) Sportsmanship; and
- (f) Clean sport.

4.2 The Federation shall achieve its purpose through pursuing the following Objectives:

- (a) To govern, organise, control and develop the Sport at the international level and throughout the world.
- (b) To be recognised by the IOC as the international governing body for the sport of weightlifting, and to do all things necessary to permanently maintain that status.
- (c) To play a leading role in the Olympic Movement, with particular emphasis on the responsibility of the Federation to organise, supervise and officiate the weightlifting programme at the Olympic Games.
- (d) To faithfully comply and act in a manner consistent with the fundamental principles of Olympism.
- (e) To do all things necessary to ensure and protect the health and safety of athletes, officials and others at international weightlifting competitions and events.
- (f) To do all things necessary to promote the Sport and its development as a core sport of the Olympic Movement.

- (g) To do all things within the power of the Federation, to protect clean athletes by fearlessly applying and enforcing the World Anti-Doping Code, the Anti-Doping Rules and by determining, implementing and enforcing rules, programs, systems and disciplinary measures for the purpose of ensuring clean sport and protecting clean athletes.
- (h) To protect the integrity of the Sport and the Federation by developing, promulgating and fearlessly enforcing the absolute highest standards of conduct, ethical behaviour and good governance.
- (i) To fight all forms of corruption, bribery, manipulation of competitions and all related forms of such misconduct, in accordance with the IOC Code of Ethics, the IOC Corruption and Manipulation Code as well as any related Policy adopted by the Federation.
- (j) To reserve the right of every individual to participate in the Sport, free from any and all forms of unlawful discrimination of any kind.
- (k) To establish and maintain the Technical and Competition Rules and Regulations for the Sport, and to regulate the Sport through the development of rules and regulations, and judicial and disciplinary systems by which they are enforced.
- (l) To organise, control and regulate international weightlifting competitions and events including the World Championships, and to determine the terms and conditions that apply in relation to those World Championships and other international weightlifting competitions.
- (m) To control, and to licence the control and use of the Intellectual Property, the Media Rights and the Weightlifting Properties.
- (n) To record and verify world records, World Championships records and results, and other records of exceptional sporting achievement within the Sport.
- (o) To organise, control and regulate world championships and Olympic qualification events for the Sport.
- (p) To support the development of the Sport within the territory under the jurisdiction of each of the National Federations, and to encourage the organisation and delivery of weightlifting tournaments and events throughout the world, in cooperation with the National Federations as well as the Continental Federations and the Regional Confederations.
- (q) To supervise and officiate weightlifting events at continental, regional and other multisport events.
- (r) To support and supervise the activities of the Continental Federations and National Federation Members.

- (s) To register, regulate, control and govern the appointment of International Technical Officials, and to implement programs for the purpose of educating, training and preparing International Technical Officials.
- (t) To educate athletes, officials and others in the values and principles of Olympism, applicable standards of ethical behaviour and sportsmanship, and the rules of the Sport.
- (u) To represent the Sport throughout the world and to protect the interests of the Sport within the Olympic Movement and the international sporting community.
- (v) To cooperate with other sports organisations, public and private organisations and authorities for the purpose of promoting the interests of sport generally and the Sport particularly, throughout the world and in all parts of the world.
- (w) To partner with corporate and other organisations to protect, enhance and exploit the Federation's Intellectual Property and the Federation's rights in its Intellectual Property, including by entering into commercial, marketing, broadcast and sponsorship arrangements for the Sport and the Federation.
- (x) To advance the Sport through ongoing research and development.
- (y) To have due regard for the environment and environmental sustainability in the furtherance of its Objectives, including in relation to the conduct of World Championships and other events.
- (z) To, in the furtherance of each of the foregoing Objectives:
 - (i) Support initiatives for peace and understanding and to advocate that the Sport and its competitions are conducted in the spirit of fair play and in a manner consistent with the fundamental principles of Olympism.
 - (ii) Provide equal opportunities and conditions for people from different continents, countries, sport countries and areas, free from any and all forms of unlawful discrimination of any kind, including without limitation discrimination based on age, race, colour, gender, gender identification, sexuality, religion or political ideology.

4.3 The Federation has adopted the Ethics and Disciplinary Code that appears at **Schedule 1**. The Ethics and Disciplinary Code contains detailed information about:

- (a) The rules and regulations of the Federation about the achievement of the Federation's Objectives through observing the Governance Principles and other standards of ethical conduct;
- (b) How breaches or suspected breaches of the Ethics and Disciplinary Code may be safely and confidentially reported; and
- (c) How such reports are dealt with.

PART B NATIONAL FEDERATION MEMBERS

5 Members, Continental Federations and Regional Federations

- 5.1 The Members of the Federation are the National Federations.
- 5.2 The National Federations listed in **Appendix B** are the Members of the Federation at the Effective Date, subject to:
- (a) Any sanction duly imposed on that National Federation Member by the Federation under this Constitution or any Policy.
 - (b) Any circumstance where the National Federation Member ceases to hold the qualification, or satisfy any of the conditions required under **rule 6** in order to hold Membership of the Federation.
- 5.3 The Continental Federations and the Regional Federations each are listed in **Appendix B**.
- 5.4 The rights, obligations and requirements of Members are detailed in **rule 8** to **rule 10** (inclusive) and throughout this Constitution.
- 5.5 The rights, obligations and requirements of Continental Federations are set out in **Schedule 12**. The rights, obligations and requirements of the Regional Federations shall be determined by the Executive Board as a Policy, in accordance with **rule 30.2(i)**.
- 5.6 The Federation shall cause to be published on its Website the following information about each of the Members and each of the Continental Federations which is and continues to be current and accurate:
- (a) The full name of the organisation.
 - (b) The registered address, telephone number, website address, email address and facsimile number for the organisation.
 - (c) A hyperlink to the website of the organisation and key social media accounts.
 - (d) The names of the organisation's president and key senior officeholders.
 - (e) Such other information as determined by the Executive Board.

6 Qualifications and Conditions of Membership

- 6.1 A National Federation for the Sport in any Country or Sport Country may apply for admission to Membership of the Federation, on the basis that:
- (a) A National Federation for the Sport in a Country shall be entitled to apply for Full Membership of the Federation;

- (b) A National Federation for the Sport in a Sport Country shall be entitled only to apply for Associate Membership of the Federation; and
 - (c) Membership of the Federation in all circumstances is in the first instance granted as Provisional Membership, in accordance with the procedures and processes set out in this Constitution.
- 6.2 An application for Membership shall be made in accordance with the rules specified in this Constitution and any applicable Policy.
- 6.3 There shall not at any time be more than one (1) National Federation Member from or representing any single Country or Sport Country.
- 6.4 A National Federation must not, either at the time that it makes an application for Membership, or at any time thereafter while that application is under consideration by the Federation, or during any period that the National Federation is a National Federation Member:
 - (a) Be, or act in any capacity as the National Federation for the Sport in more than one Country or Sport Country.
 - (b) Be, or act in any capacity as the national governing federation or controlling body for any sport other than the Sport, except that the Federation recognises that in certain circumstances a National Federation for the Sport may also be the national governing federation or controlling body for one (1) or more Related Sports.
- 6.5 A National Federation that applies for Membership in accordance with **rule 6.1** must:
 - (a) Make its application for Membership to the Federation in writing, in the form required by the Executive Board from time to time.
 - (b) Provide to the Federation, at the time of it making its application in accordance with **rule 6.5(a)**:
 - (i) A copy of its constitution in force at the time that the application is made.
 - (ii) A declaration duly executed by its authorised signatories, attesting to the truth and accuracy of each of the matters that the National Federation must prove in accordance with **rule 6.5(c)**.
 - (iii) A certified list of the members of its governing or executive board.
 - (iv) In the case of a National Federation for the Sport in a Country, an attestation provided by the National Olympic Committee of that Country (or the highest sport authority in the Country, if the Country has no National Olympic Committee), that the National Federation is recognised by the National Olympic Committee (or that highest sport authority, if applicable) as the controlling body for the Sport in that Country.

- (v) Copies of its rules, regulations, by-laws and policies.
 - (vi) Any applicable Membership Fee.
 - (vii) Any other documents, information or evidence as to the qualification for Membership in the particular category for which the Federation reasonably requires, or which is required by this Constitution.
- (c) Prove to the satisfaction of the Executive Board:
- (i) That it is recognised by its National Olympic Committee as the national governing body for the Sport in its Country or Sport Country.
 - (ii) That it is a separate and distinct legal entity that is established, incorporated and constituted in accordance with the applicable laws that are in force in that Country or Sport Country.
 - (iii) That it is Solvent.
 - (iv) That the applicant's constitution and constituent documents acknowledge that the Federation is the only international sports governing body for the Sport.
 - (v) That the National Federation Member's constitution and constituent documents acknowledge that the Constitution and Policies of the Federation shall prevail to the extent of any inconsistency between the Constitution and Policies of the Federation on the first part, and the constitution and constituent documents of the National Federation Member on the second part.
 - (vi) Its full and proper compliance with any other requirements as set out in this Constitution and any Policy.

7 Membership Application Procedures

- 7.1 An application for Membership made in accordance with **rule 6.1** and **rule 6.5(a)** must be submitted by the National Federation to the Executive Board with a copy submitted to the Chief Executive Officer unless an applicable Policy specifies how the application must otherwise be submitted.
- 7.2 The Executive Board has the full power, jurisdiction and discretion to assess any application for Membership made to the Federation in accordance with this Constitution and any applicable Policy.
- 7.3 Following its assessment conducted in accordance with **rule 7.2**, the Executive Board has the full power, jurisdiction and discretion to decide, by a Special Resolution, whether or not to admit the National Federation to Provisional Membership.
- 7.4 The admission of a Provisional Member to either Full Membership or Associate Membership, by reference to the requirements of **rule 6.1**, is subject to the sole discretion

and final determination of the Congress. Once admitted to Provisional Membership, at the next Ordinary Congress that is held not sooner than six (6) months after the date that the Provisional Member was admitted to Membership in that class, the Congress shall be asked to vote on the question of whether the:

- (a) Provisional Member should be admitted as a Full Member of the Federation, where in accordance with **rule 6.1(a)** the Provisional Member is the National Federation for the Sport in a Country; or
 - (b) Provisional Member should be admitted as an Associate Member of the Federation, where in accordance with **rule 6.1(b)** the Provisional Member is the National Federation for the Sport in a Sport Country.
- 7.5 A Provisional Member shall be admitted as a Full Member of the Federation provided that a Special Resolution is passed by the Congress on the question put to the Congress in accordance with **rule 7.4(a)**.
- 7.6 A Provisional Member shall be admitted as an Associate Member of the Federation provided that a Special Resolution is passed by the Congress on the question put to the Congress in accordance with **rule 7.4(b)**.
- 7.7 Once a Provisional Member is admitted to Full Membership in accordance with **rule 7.4(a)** and **rule 7.5**, the Membership of the Federation of that Full Member is for an indefinite duration, unless the National Federation Member:
- (a) Withdraws or resigns its Membership in compliance with **rule 12.1**;
 - (b) Is expelled from Membership in accordance with this Constitution and any applicable Policy; or
 - (c) Ceases to be the National Federation for the Sport in its Country, as recognised by the National Olympic Committee or national government of that Country.
- 7.8 Once a Provisional Member is admitted to Associate Membership in accordance with **rule 7.4(b)** and **rule 7.6**, the Membership of the Federation of that Associate Member is for an indefinite duration, unless the National Federation Member:
- (a) Withdraws or resigns its Membership in compliance with **rule 12.1**;
 - (b) Is expelled from Membership in accordance with this Constitution and any applicable Policy; or
 - (c) Ceases to be the National Federation for the Sport in its Sport Country as recognised by the National Olympic Committee of that Sport Country (if in fact that Sport Country has a National Olympic Committee) or ruling government or authority, or as otherwise determined by the Executive Board acting reasonably, after having considered all of the available evidence as to the question of whether the National Federation Member has ceased to be the National Federation for the Sport in its Sport Country.

- 7.9 If on a question put to the Congress in accordance with **rule 7.4(a)** a Provisional Member is not admitted as a Full Member of the Federation in accordance with **rule 7.5**, the Provisional Membership of that National Federation Member shall end 30 days after the date on which the vote of the Congress was taken and declared.
- 7.10 If on a question put to the Congress in accordance with **rule 7.4(b)** a Provisional Member is not admitted as an Associate Member of the Federation in accordance with **rule 7.6**, the Provisional Membership of that National Federation Member shall end 30 days after the date on which the vote of the Congress was taken and declared.

8 Requirements and Obligations of Members

- 8.1 Each National Federation Member (including in each case its board members, directors, officials, employees and agents), on and from the time of admission to Membership:
- (a) Agrees to be bound by this Constitution and all Policies of the Federation including the Anti-Doping Rules, and all Technical and Competition Rules and Regulations, and all other rules, regulations, policies, by-laws, decisions and determinations of the Federation.
 - (b) Recognises and agrees that Constitution and Policies of the Federation shall prevail to the extent of any inconsistency between the Constitution and Policies of the Federation on the first part, and the constitution and constituent documents of the National Federation Member on the second part.
 - (c) Agrees to be bound by all decisions and determinations of the Federation made in accordance with this Constitution and all Policies and all Technical and Competition Rules and Regulations.
 - (d) Promptly pay to the Federation all Membership Fees and all other amounts as and when those amounts are due.
 - (e) Must:
 - (i) Do all things necessary to adopt and implement Policies and any of the Federation's rules, regulations, policies, by-laws, decisions and determinations of the Federation which apply to the National Federation Member.
 - (ii) Do all things necessary to adopt and implement the World-Anti Doping Code, the International Standards and the Anti-Doping Rules.
 - (iii) Fulfil and comply with all of the obligations which are incumbent on National Federation Members under the Anti-Doping Rules.
 - (iv) Comply with, and conduct itself and its business in compliance with all applicable laws of the Country or Sport Country in which it is domiciled.
 - (v) Cooperate with the Federation in all necessary respects, to whatever extent the Federation wishes to undertake an audit, verification or

reconciliation in relation to development funds and other amounts paid or granted at any time by the Federation to the National Federation Member.

- (f) Must effectively promote and enforce the Constitution and the Policies of the Federation, and the Technical and Competition Rules and Regulations, and all rules, regulations, policies, by-laws, decisions and determinations of the Federation which apply to the National Federation Member.
- (g) Must at all times act for and on behalf of the interests of the Federation, its members and the Sport.
- (h) Must do all things necessary and incidental for the purpose of ensuring that the Objectives are achieved and fulfilled in the Country or Sport Country applicable to that National Federation Member.
- (i) Shall do all things necessary to develop the Sport in a manner that is entirely consistent with the Objectives, the Governance Principles and the principles of Olympism.
- (j) Shall participate in the International Competitions and other events specified in the Events Calendar.
- (k) Must have objects that align with the Objectives of the Federation, and do all things reasonably necessary to enable those objects of the National Federation Member to be achieved, having regard to any applicable laws.
- (l) Must act in good faith and loyalty to the Federation, to maintain and enhance the Federation and the Sport, as well as their standards, quality, interests and reputation, for the collective and mutual benefit of the Federation, its Members and the Sport.
- (m) Must at all times operate with, and promote mutual trust and confidence between the Federation and its Members, for the purpose of promoting the economic and sporting success, strength and stability of each other, and also so as to work cooperatively with each other in the pursuit of the Objectives.
- (n) Must use its best endeavours to be responsible and accountable to the Federation for fulfilling its obligations under any strategic plan of the Federation as revised from time to time.
- (o) Must provide to the Federation reports on its activities, from time to time in response to reasonable requests made by the Federation, in relation to the development of the Sport; the conducting of national competitions for the Sport; the improvement of infrastructure for the Sport; and the advancement of opportunities for athletes participating in the Sport.
- (p) Must conduct elections in accordance with the National Federation Member's constitution and strictly in adherence to the Objectives and each of the Governance Principles listed at **rule 4.1**.

- (q) Must notify the Federation of the results of all elections conducted by the National Federation Member within 30 days after the date on which the final results of the election are declared.
- (r) Must not do or permit to be done any act or thing which might adversely affect or derogate from the standards, quality and reputation of the Sport, and its maintenance and development.
- (s) Must advise the Federation as soon as practicable of any serious administrative, operational, governance or financial difficulties of the National Federation Member, and thereafter must assist the Federation in investigating those issues and cooperate with the Federation in addressing those issues in whatever manner, including by allowing the Federation to appoint an administrator to conduct and manage the National Federation Member's business and affairs, or to allow the Federation itself to conduct all or part of the business or affairs of the relevant National Federation Member on a temporary basis on such conditions as the Federation considers reasonably appropriate in the best interests of the Sport in the National Federation Member's Country or Sport Country.
- (t) Must notify the Federation immediately if:
 - (i) The National Federation Member ceases for whatever reason to be qualified to be a National Federation Member of the Federation by reference to **rule 6.1**;
 - (ii) Any proceeding, action or application is commenced against it for the purpose of dissolving it, liquidating it or winding it up;
 - (iii) It is involved with or concerned in any conflict or dispute which has the effect, or is likely to have the effect of preventing the National Federation Member from operating properly; or
 - (iv) It otherwise cannot, or likely cannot meet and fulfil its purposes as the National Federation for the Sport in its Country or Sport Country.
- (u) Wherever a National Federation Member gives notice to the Federation of any fact, matter or circumstance referred to in **rule 8.1(s)** or **rule 8.1(t)** the Executive Board may decide by Unanimous Resolution to intervene in the governance and management of the National Federation Member in whatever manner that the Executive Board considers appropriate in its absolute discretion, and in any such case:
 - (i) The Federation shall notify the National Federation Member of the decision of the Executive Board to intervene, specifying the terms on which the Federation shall intervene and also the prospective period during which the intervention shall continue and last for.
 - (ii) The Federation may take such steps as necessary in the opinion of the Executive Board to resolve the issues affecting the National Federation Member, including but not limited to calling a general meeting of the

members of the National Federation Member; appointing a person or persons to act in place of the executive body of the National Federation Member; appointing an administrator to conduct and manage the National Federation Member's business and affairs, or to allow the Federation itself to conduct all or part of the business or affairs of the relevant National Federation Member on a temporary basis on such conditions as the Federation considers reasonably appropriate in the best interests of the Sport in the National Federation Member's Country or Sport Country; or to request the assistance of the relevant Continental Federation.

- (iii) The Federation shall act in accordance with the constitution of the National Federation Member, except where **rule 8.1(b)** applies.

8.2 In relation to the constitution of a National Federation Member, on and from the time of admission of the National Federation Member to Membership:

- (a) A National Federation Member shall, in the event that it takes any step for the purpose of modifying, amending, repealing or replacing its constitution or any of its constituent documents, take all steps necessary to ensure its constituent documents conform, and any amendments conform, with this Constitution and the Policies.
- (b) If the constitution and constituent documents of a National Federation Member do not conform with the requirements of this Constitution and the Policies, the relevant National Federation Member shall without delay (and subject to the prevailing requirements of the applicable laws of the Country or Sport Country in which the National Federation Member is domiciled) once called on by the Federation, take all steps necessary to address the failings and inconsistencies so that those documents conform with this Constitution and the Policies.

9 Rights of Members

9.1 Subject to the provisions of this Constitution and the Policies:

- (a) Each Full Member has the right to:
 - (i) Propose matters for inclusion on the agenda for the Congress, and appoint a Representative to attend, speak and vote at meetings of the Congress, including each Ordinary Congress, Special Congress and Electoral Congress.
 - (ii) Nominate candidates in accordance with this Constitution for the election of President, the General Secretary Treasurer, each Vice President and each other elected position on the Executive Board.
 - (iii) Nominate candidates in accordance with this Constitution for election to elected positions IWF Committees.

- (iv) Nominate candidates in accordance with this Constitution for election to elected positions on IWF Commissions.
 - (v) Receive the Federation's Annual Report, Audited Financial Report and any other document which is required to be provided by the Federation in accordance with this Constitution.
 - (vi) Receive other documents and information in accordance with this Constitution and the Policies.
 - (vii) When called on by the Federation, to make submissions to the Federation concerning proposed amendments to this Constitution, the Policies, the Technical and Competition Rules and Regulations as well as any other rules, regulations and by-laws of the Federation.
 - (viii) Enter athletes in International Competitions, subject to the Technical and Competition Rules and Regulations that apply in respect of that International Competition.
 - (ix) When called on by the Federation to do so, nominate for appointment any qualified and registered International Technical Official.
 - (x) Apply for membership of the relevant Continental Federation, subject to the constitution and rules of that Continental Federation and the requirements of this Constitution.
 - (xi) Participate in the IWF Development Program.
 - (xii) Enjoy and benefit from the other rights and privileges specified in this Constitution and any Policy.
- (b) Each Associate Member has the right to:
- (i) Appoint a Representative to attend and speak, without any voting rights at meetings of the Congress, including each Ordinary Congress, Special Congress and Electoral Congress.
 - (ii) Receive the Federation's Annual Report, Audited Financial Report and any other document which is required to be provided by the Federation in accordance with this Constitution.
 - (iii) Receive other documents and information in accordance with this Constitution and the Policies.
 - (iv) Enter athletes in International Competitions, subject to the Technical and Competition Rules and Regulations that apply in respect of that International Competition.

- (v) Apply for membership of the relevant Continental Federation, subject to the constitution and rules of that Continental Federation and the provisions of this Constitution.
- (vi) Enjoy and benefit from the other rights and privileges specified in this Constitution and any Policy.
- (c) Each Provisional Member has the right to:
 - (i) Appoint a Representative to attend and speak, without any voting rights at meetings of the Congress, including each Ordinary Congress, Special Congress and Electoral Congress.
 - (ii) Receive the Federation's Annual Report, Audited Financial Report and any other document which is required to be provided by the Federation in accordance with this Constitution.
 - (iii) Receive other documents and information in accordance with this Constitution and the Policies.
 - (iv) Enter athletes in International Competitions, subject to the Technical and Competition Rules and Regulations that apply in respect of that International Competition.
 - (v) Enjoy and benefit from the other rights and privileges specified in this Constitution and any Policy.

10 Responsibilities of the Federation to Members

10.1 The Federation shall:

- (a) Do all things reasonably necessary to keep Members duly informed regarding matters of international importance to the Sport.
- (b) Communicate to the Members all decisions of the Congress and the Executive Board in a timely manner (and within 21 days unless this **rule 10** otherwise specifies) and in accordance with the Governance Principles set out at **rule 4.1**.
- (c) To publish, disseminate to the Members and make freely available on the Website the current and up-to-date versions of the:
 - (i) Constitution;
 - (ii) Policies and each Policy;
 - (iii) Anti-Doping Rules;
 - (iv) Technical and Competition Rules and Regulations;

where, for the avoidance of doubt, any amendments or modifications to, and any replacement of any document referred to in **rules 10.1(c)(i) to 10.1(c)(iv)** must be published on the Website within fourteen (14) days after the date of the decision or resolution to make that amendment or modification, noting that **rule 30.3** states that the amendment, modification or replacement (as the circumstances require) comes into force twenty-eight (28) days after the relevant decision is made or resolution is passed.

- (v) (subject to the following documents being in existence) The Audited Financial Report for at least the last six (6) financial years of the Federation;
- (vi) (subject to the following documents being in existence) Each of the six (6) most-recent Annual Reports;
- (vii) The agenda and minutes of the meetings of each Ordinary Congress, Special Congress and Electoral Congress held on or after the Effective Date, where:
 - (A) The agenda is published on the Website within three (3) days after it is communicated to the Members; and
 - (B) The minutes are published on the Website within fourteen (14) days after the subject Congress.
- (viii) The agenda and minutes of the meetings of each Executive Board meeting conducted on or after the Effective Date, where:
 - (A) The agenda is published on the Website within three (3) days after it is communicated to the Executive Board Members; and
 - (B) The minutes are published on the Website within fourteen (14) days after the subject meeting.
- (ix) The agenda and minutes of each meeting of each IWF Committee conducted on or after the Effective Date, where:
 - (A) The agenda is published on the Website within three (3) days after it is communicated to the IWF Committee Members of that IWF Committee; and
 - (B) The minutes are published on the Website within fourteen (14) days after the subject meeting.
- (x) The agenda and minutes of each meeting of each IWF Commission conducted on or after the Effective Date, where:
 - (A) The agenda is published on the Website within three (3) days after it is communicated to the IWF Commission Members of that IWF Commission; and

- (B) The minutes are published on the Website within fourteen (14) days after the subject meeting.
- (xi) Any other document as determined by the Executive Board from time to time.
- (d) Assist in the settling of disputes concerning Members if the Federation is called on to do so.
- (e) Faithfully do all other acts and things required of the Federation under this Constitution.

11 Consequences of a Failure to Pay the Membership Fee and Other Amounts

- 11.1 In any circumstance where a National Federation Member fails, by the due date for payment, to pay to the Federation any amount of any Membership Fee or any other amount that is due and payable by the National Federation Member to the Federation, the Federation shall be entitled to serve on the National Federation Member a Default Notice, requiring that the subject outstanding amount be paid to the Federation without deduction or set-off within 90 days from the date that the Default Notice is served.
- 11.2 Where a National Federation Member fails to comply fully with a Default Notice within 90 days from the date that the Default Notice is served on the National Federation Member, all of the rights of the National Federation Member conferred by its Membership and by this Constitution shall be suspended until the whole of the amount(s) specified in the Default Notice are paid to the Federation without deduction or set-off.
- 11.3 The decision to serve a Default Notice is to be made at the absolute discretion of the Executive Board, by Ordinary Resolution.

12 Withdrawal and Resignation of Membership

- 12.1 Except in circumstances where a National Federation Member has been served with a Default Notice in accordance with **rule 11.1** or where **rule 11.2** applies, a National Federation Member may withdraw or resign its Membership of the Federation provided that the National Federation Member complies in full with all requirements specified in any Policy, relating to the withdrawal or resignation.
- 12.2 A National Federation Member that gives notice pursuant to **rule 12.1** must comply with all of the obligations of Membership contained in this Constitution or otherwise imposed by the Federation, until such time as the National Federation Member's membership ceases.

13 Sanctioning of Members

- 13.1 Subject to **rule 13.2** and any recommendation or decision of the Ethics and Disciplinary Commission made in accordance with the powers of the Ethics and Disciplinary Commission specified in **Schedule 1**, the Executive Board may by Special Resolution *provisionally* suspend a National Federation Member's Membership and the rights associated with that Membership of the Federation (noting the powers of the Congress

specified in **rules 13.5 to 13.12**) if the Executive Board forms the opinion in its reasonable discretion that the National Federation Member:

- (a) Is in breach of any requirement or obligation specified in **rule 8**.
- (b) Is otherwise in material breach or persistent breach of any provision of this Constitution, any Policy, a decision of the Congress or a decision of the Executive Board.
- (c) Ceases to be the National Federation for the Sport in the National Federation's Country or Sport Country, or it if appears likely to the Executive Board that the National Federation Member has ceased to hold and maintain that status.
- (d) Is subject to any application of **rule 8.1(s)**, **rule 8.1(t)** or **rule 8.1(u)**.
- (e) Behaves, whether by act or omission or an omission to act, in any way which constitutes a breach of, or which is inconsistent with the:
 - (i) Governance Principles; or
 - (ii) Objectives
- (f) Acts in any manner or engages in any conduct which:
 - (i) Is detrimental to;
 - (ii) Brings into disrepute;
 - (iii) Is materially inconsistent with;
 - (iv) Is contrary to; or
 - (v) Is prejudicial to,

the best interests, image or welfare of the Federation, the Sport, the Olympic Movement, the Members of the Federation as a collective; or the National Federation Member concerned.
- (g) Ceases to be a Member in Good Standing.

13.2 Prior to the Executive Board imposing any provisional suspension on a National Federation Member in accordance with the powers of the Executive Board set out at **rule 13.1**:

- (a) The Executive Board must notify the National Federation Member in writing that the Executive Board proposes imposing the provisional suspension, including the basis for the Executive Board's proposal and the reasons relied on by the Executive Board;
- (b) The Executive Board must (except in any circumstances where the Executive Board reasonably considers that it must take urgent action against the National

Federation Member so as to protect the interests of the Federation, the Members of the Federation as a collective and the Sport) give the National Federation Member:

- (i) at least twenty-one (21) days to respond in writing to the Executive Board's proposal to impose the provisional suspension; and
 - (ii) a reasonable right to be heard at any meeting of the Executive Board at which a decision is proposed to be made under **rule 13.2(c)**, such right of audience which must be afforded to the National Federation Member before the Executive Board makes any such final determination.
- (c) At the end of that twenty-one (21) day period referred to at **rule 13.2(b)** the Executive Board must take into account any written submission provided by the National Federation Member, and any oral submissions made pursuant to **rule 13.2(b)(ii)**, before finally determining whether to impose the provisional suspension.
- 13.3 The Executive Board may by Special Resolution revoke a current provisional suspension previously imposed by the Executive Board, in any circumstances where the Executive Board is satisfied that the grounds on which it relied to impose the provisional suspension have ceased to apply, or where the Executive Board is otherwise satisfied that the basis on which the provisional suspension was imposed is no longer relevant.
- 13.4 Where the Executive Board decides to provisionally suspend a National Federation Member's Membership and the rights associated with that Membership of the Federation, that provisional suspension shall be imposed until the conclusion of the next succeeding Congress.
- 13.5 Where the Executive Board has decided to, and has provisionally suspend a National Federation Member in accordance with **rule 13.1** and where that provisional suspension has not been revoked pursuant to **rule 13.3**, the Congress may by Ordinary Resolution suspend the subject National Federation Member and that National Federation Member's Membership rights, during a vote conducted at the next Congress that is held after the date on which the provisional suspension commences. At that Congress, the Congress may by Ordinary Resolution (*provided that* the National Federation Member has first been afforded a reasonable right to be heard at any meeting of the Congress at which a decision is proposed to be made under **this rule 13.5**, such right of audience which must be afforded to the National Federation Member before the Congress makes any such final determination):
- (a) Suspend the National Federation Member for a fixed period, or an indefinite period;
 - (b) Suspend the National Federation Member for a period ending on the date that the National Federation Member satisfies specified terms and conditions imposed by the Congress;
 - (c) Quash and revoke the provisional suspension; or

- (d) Take any other action which the Congress deems necessary in all of the circumstances; however,
 - (e) In any circumstances where the Congress proposes taking any action pursuant to **rule 13.5(a)**, **rule 13.5(b)** or **rule 13.5(d)** the Congress shall not pass any Ordinary Resolution to any such effect until:
 - (i) The National Federation Member has been notified in writing of the proposal by the Congress to pass that Ordinary Resolution;
 - (ii) The National Federation Member is notified in writing of the grounds on which it is proposed that the Ordinary Resolution will be passed by the Congress;
 - (iii) The notifications referred to in **rule 13.5(e)(i)** and **rule 13.5(e)(ii)** are served on the National Federation Member at least 45 days before the date of the Congress at which the Ordinary Resolution will be voted on; and
 - (iv) The National Federation Member is afforded the right to be heard at the Congress before the Ordinary Resolution is voted on.
- 13.6 The Congress may, at any Congress that is held during any period where a National Federation Member is suspended in accordance with a decision of the Congress made in accordance with **rule 13.5(a)**, **rule 13.5(b)** or **rule 13.5(d)**:
- (a) Vary the terms of the suspension, provided that if the terms of the variation constitute a harsher sanction on the National Federation Member than the unvaried sanction, then the requirements of **rule 13.5(e)** apply as if set out herein this rule (with the necessary modifications having been made) and must be followed before the Congress votes on any resolution to vary the terms of the suspension.
 - (b) The Congress may revoke a current suspension previously imposed by the Congress, in any circumstances where the Congress is satisfied that the grounds on which it relied to impose the suspension have ceased to apply, or where the Congress is otherwise satisfied that the basis on which the suspension was imposed is no longer relevant.
- 13.7 Any decision of the Congress made pursuant to **rule 13.5(a)**, **rule 13.5(b)**, **rule 13.5(d)** or **rule 13.6** shall be notified to the Members in accordance with **rule 10.1(c)**.
- 13.8 Nothing in this **rule 13** shall in any way limit, restrict or hinder the jurisdiction and powers of the Ethics and Disciplinary Commission to sanction Members, including without any limitation whatsoever in relation to any:
- (a) Breach of the Ethics and Disciplinary Code;
 - (b) Breach of the IOC Corruption and Manipulation Code; or

- (c) Any breach of any part of this Constitution or any Policy or other rule or provision, where jurisdiction is conferred on the Ethics and Disciplinary Commission; and where,

the procedural rules and the adjudicative rules of the Ethics and Disciplinary Commission, made by the Ethics and Disciplinary Commission in accordance with **rule 34.3** and **Schedule 13** shall govern the jurisdiction of the Ethics and Disciplinary Commission, and where those procedural rules and adjudicative rules shall be considered to be the paramount and authoritative document for the purposes of determining the jurisdiction of the Ethics and Disciplinary Commission.

13.9 Further to the powers of the Executive Board to impose a provisional suspension in accordance with **rule 13.1**, in any circumstances where the Executive Board forms the opinion its reasonable discretion that any of the provisions of **rule 13.1(a)** to **rule 13.1(g)** (inclusive) apply to the National Federation Member and its conduct, the Executive Board may by Ordinary Resolution, either instead of or in addition to imposing a provisional suspension:

- (a) Withhold any amount which the Federation would otherwise have paid to the National Federation Member;
- (b) Exclude the National Federation Member's athletes, athlete support personnel, officials, representatives and others from participation in International Competitions and other events where the Federation approves, sanctions or recognises that International Competition or other event;
- (c) In the alternative to **rule 13.9(d)**, determine that the National Federation Member is prohibited from nominating athletes, athlete support personnel, officials, representatives and others to participate under the auspices of the National Federation Member in International Competitions and other events in which the Federation is involved in, recognises or sanctions;
- (d) Refuse to issue accreditation that might otherwise be granted by the Federation to the National Federation Member's athletes, athlete support personnel, officials, representatives and others, in respect of International Competitions and other events in which the Federation is involved; or
- (e) Impose any other sanction or penalty that is deemed appropriate in all of the circumstances.

13.10 Further to the provisions of **rule 13.5** and **rule 13.6**, the Congress may by Special Resolution, but subject to **rule 13.11**, expel a National Federation Member from Membership of the Federation where:

- (a) The Congress has previously suspended the National Federation Member's Membership in accordance with this Constitution, and where the National Federation Member has failed to rectify the facts, matters and circumstances giving rise to the suspension after a period of not less than 180 days has elapsed since the date on which the Congress imposed that suspension.

- (b) Where the egregious conduct of the National Federation Member giving rise to the suspension have, will or are likely to have an extremely serious and damaging impact on the best interests, image or welfare of:
 - (i) The Federation;
 - (ii) The Sport;
 - (iii) The Olympic Movement;
 - (iv) The Members of the Federation as a collective; or
 - (v) The National Federation Member concerned.

13.11 In any circumstances where the Congress proposes taking any action pursuant to **rule 13.10** the Congress shall not pass any Ordinary Resolution to any such effect until:

- (a) The National Federation Member has been notified in writing of the proposal by the Congress to pass that Special Resolution;
- (b) The National Federation Member is notified in writing of the grounds on which it is proposed that the Special Resolution will be passed by the Congress; and
- (c) The notifications referred to in **rule 13.11(a)** to **rule 13.11(c)** (inclusive) are served on the National Federation Member at least 90 days before the date of the Congress at which the Special Resolution will be voted on; and
- (d) The National Federation Member is afforded the right to be heard at the Congress before the Special Resolution is voted on.

13.12 In addition to any other provision of this Constitution, in any circumstance where persons representing a National Federation Member together incur at least six (6) or more Anti-Doping Rule Violation sanctions (where each of the Anti-Doping Rule Violation sanctions resulted in the person concerned having a period of ineligibility of at least three (3) months imposed under the operation of the Anti-Doping Rules *or any other such other anti-doping policy* which is in force in accordance with the World Anti-Doping Code or which is otherwise consistent with the requirements of the World Anti-Doping Code) *during the period* of four (4) years *commencing* from the day which is fourteen (14) days before the Opening Ceremony of the next-to-last Olympic Games (that is, *not* the Olympic Games in the same year as that of the Electoral Congress, but rather the Olympic Games of the previous Olympiad) and *ending* on the closing date for nominating candidates for election to the Executive Board at the Electoral Congress, the National Federation Member shall be *prohibited* from nominating any candidate for election to the Executive Board, any IWF Commission and any IWF Committee. The National Federation Member shall also be prohibited from being a signatory in accordance with **rule 24.4(c)** to any nomination made under **rule 24.4**.

14 Consequences of Sanctioning of Members

14.1 In any circumstances where:

- (a) A National Federation Member is expelled from Membership of the Federation by the Congress; or
- (b) A National Federation Member gives notice to the Federation of its withdrawal of its Membership; or
- (c) A National Federation Member's Membership is withdrawn in accordance with its notice given to the Federation and referred to in **rule 14.1(b)**; or
- (d) A National Federation Member gives notice to the Federation of its resignation of its Membership; or
- (e) A National Federation Member resigns its Membership in accordance with its notice given to the Federation and referred to in **rule 14.1(e)**;

then each of the following consequences specified in **rule 14.1(e)(i) to 14.1(e)(vi)** is an automatic consequence:

- (i) The National Federation Member's membership of the Continental Federation shall immediately end, and the Continental Federation shall amend its register of members and constitutional documents accordingly.
- (ii) The National Federation Member must immediately cease and permanently desist from representing to any third party that it is a National Federation Member of the Federation.
- (iii) The National Federation Member irrevocably forfeits any right, title, interest in or licence to use the Intellectual Property and any Weightlifting Properties.
- (iv) The member ceases to have, be entitled to or enjoy the rights, entitlements, designations and privileges which otherwise would have been granted to, or bestowed on the National Federation Member by reason of its Membership, whether under this Constitution, under the terms of any Policy, or otherwise.
- (v) No person nominated by or who is a Citizen of the Country or Sport Country associated with the National Federation Member shall be entitled to accept, take up or continue to hold office in any position within the Federation including without limitation as President, First Vice President or any other position on the Executive Board, any position on any IWF Commission and any position on any IWF Committee.
- (vi) No person nominated by or who is a Citizen of the Country or Sport Country associated with the National Federation Member shall be entitled

to attend or participate in any way in any Ordinary Congress, Special Congress or Electoral Congress as a Representative or otherwise.

- (vii) Except as otherwise permitted by this Constitution and any applicable Policy or except as otherwise determined by the Executive Board and approved by an Ordinary Resolution of the Congress, no athlete, athlete support personnel or any other person, who is a member of or under the jurisdiction of the National Federation Member, shall be entitled to represent, compete on behalf of or otherwise be involved in the Sport including any particular competition, activity, event or meeting of the Federation.

14.2 In any event where a National Federation Member is expelled from Membership of the Federation by the Congress, then:

- (a) The expulsion of the National Federation Member is irrevocable; and
- (b) The expelled National Federation Member is entitled to make a new application for Membership in accordance with the requirements of **rule 6** and **rule 7**; but
- (c) The expelled National Federation Member is not entitled to make any such application until a period of at least 12 months has elapsed, commencing from the date that the National Federation Member was expelled from Membership; and
- (d) In the event that the expelled organisation makes an application for Membership under **rule 6** and **rule 7** before the expiration of the period referred to in **rule 14.2(c)**, that application must be rejected by the Executive Board notwithstanding that the organisation might satisfy every other requirement specified in this Constitution and under any applicable Policies, in relation to Membership of the Federation.

PART C THE CONGRESS

15 The Congress

- 15.1 A Congress is a general meeting of the Members of the Federation.
- 15.2 The Congress is the ultimate and supreme decision-making authority within the governance structure of the Federation. The Congress has and does enjoy the right to exercise all of the powers, discretions, and authorities of the Federation as specified in this Constitution or elsewhere, wherever and in whatever circumstance the Congress considers that it is necessary, appropriate or desirable to do so in furtherance of the Objectives of the Federation.
- 15.3 The Congress shall meet at least once in every calendar year. A Congress may be held in any way which is allowed under Swiss law, and to the extent allowed under Swiss law by any or any combination of any of the following means:
- (a) A Congress that is held in person.
 - (b) A Congress that is conducted virtually, through the use of Technology.
 - (c) A Congress that is conducted virtually, through the use of multiple Technologies.
 - (d) A Congress that is conducted in any hybrid manner, which involves an in person meeting as participants participating in the meaning through the use of one (1) or more Technologies.

In any instance where the Congress is conducted in any manner other than as referred to in **rule 15.3(a)**, the Executive Board must ensure that proper Technological systems and procedures are implemented so as to ensure the continuity and integrity of proceedings, the participation of attendees, and the confidentiality of any voting.

- 15.4 Notwithstanding any other provision contained in this Constitution, any person who is an Executive Board Member immediately prior to the Effective Date:
- (a) Shall remain an Executive Board Member after the adoption of this Constitution on the Effective Date; and
 - (b) Shall remain as an Executive Board Member subject to the terms of this Constitution and any decision or determination made in accordance with this Constitution, from the Effective Date until the conclusion of the first Electoral Congress held after the Effective Date, which is held in accordance with the requirements of **rule 15.5(a)**; and
 - (c) Shall in all respects serve as an Executive Board Member in accordance with the terms of this Constitution, as if the person was elected or appointed (as the case may be) as an Executive Board Member at a time when this Constitution was in full force and effect.

- 15.5 The timing and scheduling of Ordinary Congresses and Electoral Congresses shall be as follows:

Electoral Congresses in 2021 and then in the year of an Olympic Games

- (a) The first Congress held in 2021 after the Effective Date is designated as an Electoral Congress. The Federation *must* hold that Electoral Congress in 2021, at some time after the Effective Date *but* no sooner than 90 days after the Effective Date.
- (b) Thereafter the Electoral Congress referred to in **rule 15.5(a)**, the first Congress which is held in the year of the Olympic Games in 2024 is designated as the next Electoral Congress.
- (c) Thereafter the Electoral Congress referred to in **rule 15.5(b)**, the first Congress held in the year of each Olympic Games (for example 2028, 2032 et cetera) is designated as an Electoral Congress.
- (d) An Electoral Congress that is held, in the same year as the year of an Olympic Games (for example, the Electoral Congress held in 2024 and then in 2028), must be held at some time in the year of the Olympic Games but *after* the end of those Olympic Games, and *not* before the commencement of those Olympic Games.

Ordinary Congresses in 2022 and in years other than a year of an Olympic Games

- (e) The first Congress held in each year in 2022, 2023 and in each subsequent year that is *not* the year of an Olympic Games is designated as an Ordinary Congress.

Effect of a rescheduled Olympic Games

- (f) In any event where an Olympic Games is rescheduled for whatever reason, so as to take place in a different year (for example, if the 2024 Olympic Games was rescheduled by the IOC so as to take place in 2025), the year of an Electoral Congress for the purpose of this Constitution shall be the year to which that Olympic Games is rescheduled to.

- 15.6 A second Congress, held in any calendar year after an Electoral Congress or an Ordinary Congress, shall be designated as a Special Congress. A Special Congress will be organised and held if:

- (a) The Executive Board decides for any proper purpose that a Special Congress is required to be organised in order to deal with any important and urgent business of the Federation; or
- (b) Requested in writing in an instrument executed by at least twenty (20) percent (%) or one-fifth (1/5th) of the Full Members, and where such notice states the reasons why the Special Congress is required.

- 15.7 The program of the dates, times and venues for each Electoral Congress and Ordinary Congress shall be determined by the Executive Board and communicated to the Members

so that each National Federation Member is given at least six (6) months' advance notice of each Electoral Congress and each Ordinary Congress. Further, at the time that the advance notice is given in accordance with this **rule 15.7**, the Federation shall also issue:

- (a) Any documents that are required to be issued under this Constitution in relation to Members' proposing motions or other business to be considered at the Congress.
- (b) Any documents in relation to registration to attend the Congress through Representatives.
- (c) Notice of any positions on the Executive Board, any IWF Commission and any IWF Committee, in respect of which an election shall be held at that Congress, together with any relevant document that relates to the nomination of candidates or any other connected matter.

15.8 The Executive Board may make a Policy governing the consideration of Members' expressions of interest to host a Congress, noting that where possible Ordinary Congresses and Electoral Congresses shall be organised so as to be held in conjunction with World Championships.

15.9 A Special Congress is to be called by the Executive Board on the giving of not less than twenty-eight (28) days' notice to the Members of the date, time, place and the purpose of the Special Congress.

15.10 The agenda for a Congress shall be communicated to the Members:

- (a) Not less than ninety (90) days prior to the commencement date of the Congress, in relation to each Ordinary Congress and each Electoral Congress; and
- (b) Not less than fourteen (14) days prior to the commencement date of the Congress, in relation to each Special Congress.

15.11 The agenda for each Ordinary Congress must at least include:

- (a) The presentation and approval of the Annual Report.
- (b) The presentation and approval of the Audited Financial Accounts.
- (c) The presentation and approval of reports submitted by each IWF Commission and each IWF Committee.
- (d) Consideration of any proposal, made in accordance with this Constitution, to amend, modify, repeal or replace this Constitution.
- (e) Any other items of business that have been properly submitted, in accordance with this Constitution, for consideration at an Ordinary Congress.

- (f) The confirmation of the appointment of the Appointed Auditor, including either the reappointment of a continuing Appointed Auditor or the appointment of a new Appointed Auditor.

15.12 The agenda for each Electoral Congress must at least include:

- (a) Elections for the positions of Executive Board Member positions which are due, in accordance with this Constitution, to take place at that Electoral Congress; and
- (b) Each of the items of business specified at **rule 15.11**;

and the agenda for each Special Congress shall:

- (c) Only include the business of the Special Congress decided or notified in accordance with **rule 15.6**.

15.13 Each Full Member in Good Standing has the rights in relation to each Congress which are specified in **rule 9.1(a)**.

15.14 Each Associate Member in Good Standing has the rights in relation to each Congress which are specified at **rule 9.1(b)** and noting in particular that in accordance with **rule 9.1(b)(i)** an Associate Member (including the Representatives of an Associate Member) has no voting rights at any Congress.

15.15 Each Provisional Member in Good Standing has the rights in relation to each Congress which are specified in **rule 9.1(c)** and noting in particular that in accordance with **rule 9.1(c)(i)** a Provisional Member (including the Representatives of a Provisional Member) has no voting rights at any Congress.

15.16 In relation to every Congress:

- (a) Each Full Member is entitled to be represented at the Congress by two (2) Representatives appointed by it in accordance with this Constitution, provided that only one (1) of those Representatives is entitled to exercise the voting rights of the Full Member, referred to in **rule 9.1(a)(i)**, at a Congress.
- (b) Each Associate Member is entitled to be represented at the Congress by two (2) Representatives appointed by it in accordance with this Constitution, where neither of the Representatives has any voting rights at a Congress.
- (c) Each Provisional Member is entitled to be represented at the Congress by two (2) Representatives appointed by it in accordance with this Constitution, where neither of the Representatives has any voting rights at a Congress.
- (d) The Athletes Commission is entitled to be represented at the Congress by the three (3) representatives on the Executive Board referred to in **rule 16.2(g)**, where each of those representatives shall have the right to exercise one (1) vote at the Congress.

- 15.17 Each Representative of each National Federation Member, who represents a National Federation Member at a Congress in accordance with **rule 15.16**, must be the president, a vice president, a member of the executive board of, a director of, the director-general of or the chief executive officer of that National Federation Member *or such other person or persons determined by the National Federation Member in the National Federation Member's discretion.*
- 15.18 A person may not under any circumstances act in the capacity as a Representative of more than one (1) National Federation Member at any Congress.
- 15.19 The instrument executed by a National Federation Member, under which it appoints a Representative, must be in the form which is specified in **Appendix C**. That instrument must be executed by the National Federation Member under the seal of the National Federation Member or countersigned by the president and a vice president or other officer of the National Federation Member.
- 15.20 The instrument appointing the Representative must be delivered by the National Federation Member to the Federation not less than seven (7) days prior to the date of the subject Congress, otherwise the instrument and the appointment of that Representative by the National Federation Member shall be defective and of no effect. Once delivered to the Federation, an instrument that complies with the requirements of this **rule 15.20** shall operate as a standing notice for all subsequent Congresses, until such time that it is replaced by the National Federation Member.
- 15.21 Each National Federation Member must designate one (1) of its Representatives as the head of its delegation. The head of the delegation of a Full Member shall be the Representative of the Full Member who is entitled to exercise the voting rights of the Full Member, referred to in **rule 9.1(a)(i)**, at a Congress.
- 15.22 All meetings of the Congress shall be and must be conducted in accordance with the Rules of Congress and the requirements set out in the Rules of Congress.
- 15.23 All voting at each meeting of the Congress shall be conducted in accordance with the Voting Procedures and Rules.
- 15.24 All elections conducted at each Electoral Congress shall be conducted in accordance with the Voting Procedures and Rules.
- 15.25 At each Congress, each Full Member and each person referred to in **rule 15.16(d)** is entitled to exercise one (1) vote through its Representative who is delegated as having the entitlement to exercise the voting rights of that Full Member, or personally in the case of an Athletes Commission Member.
- 15.26 Only Full Members whose voting Representative is present at the Congress by any means permitted by this Constitution either in person or through any permitted Technology (and also including the requirements of the Rules of Congress and the Voting Procedures and Rules) at the time of a vote – and Athletes Commission Members present in person or through the use of any permitted Technology - is entitled to vote. Voting at the Congress by way of the appointment of a proxy or by any other instrument is not allowed or permitted.

- 15.27 Unless otherwise required by this Constitution, any Policy, the Rules of Congress or the Voting Procedures and Rules, a motion will be passed by the Congress if it is passed as an Ordinary Resolution. In the event of an equality of votes cast for and against a motion, the motion shall be defeated.
- 15.28 A motion passed by the Congress shall be passed with immediate effect subject to the wording of the motion, the provisions of this Constitution and any applicable provisions of the Rules of Congress and the Voting Procedures and Rules.
- 15.29 The proceedings of the Congress shall not be open to the public, however the President shall at his discretion be entitled to permit observers to be in attendance at a Congress (including through the use of permitted Technology) should there be good reason, in the opinion of the President, for the President proceeding to do so.

PART D THE EXECUTIVE BOARD

16 Role and Composition of the Executive Board

16.1 The principle role and function of the Executive Board is to govern and manage the Federation and the business and activities of the Federation as set out in, and in accordance with this Constitution.

16.2 Subject to **rule 16.3** and **rule 16.4**, the Executive Board shall be comprised of:

- (a) The President;
- (b) The General Secretary Treasurer;
- (c) The First Vice President;
- (d) Four (4) additional Vice Presidents;
- (e) Ten (10) Ordinary Executive Board Members;
- (f) Five (5) Continental Federation Presidents;
- (g) Three (3) Athletes Commission Executive Board Members, being the Chairman and the Deputy Chairman of the Athletes Commission, and an additional member of the Athletes Commission appointed by the Athletes Commission.
- (h) A maximum of two (2) Appointed Executive Board Members appointed at the *discretion* of the Executive Board by an Ordinary Resolution of the members of the Executive Board who together are referred to at **rule 16.2(a) to rule 16.2(g)** (inclusive), such appointments which must be made by the Executive Board in accordance with the requirements of **rule 26.6**.

16.3 The provisions of **rule 15.4** operate to govern the composition of the Executive Board in the period between the Effective Date and the Electoral Congress held in 2021 in accordance with the requirements of **rule 15.5(a)**, in relation to the Executive Board Member positions referred to in **rules 16.2(a) to 16.2(e)** who were an Executive Board Member prior to the Effective Date.

16.4 For the avoidance of doubt:

- (a) Nothing in this Constitution is to be interpreted to operate to prevent or restrict the election or appointment of Executive Board Members prior to the Electoral Congress in 2021 that is held in accordance with the requirements of **rule 15.5(a)** in any event where there exists a vacancy on the Executive Board after the Effective Date, by reference to the composition of the Executive Board specified in **rule 16.2**.
- (b) Nothing in this Constitution is to be interpreted to operate to prevent or restrict the election or appointment of the Executive Board Members referred to in **rules 16.2(g) and (h)** at any time on or after the Effective Date.

- (c) Each person who is at any time an Executive Board Member agrees, as a condition of being elected to or appointed as an Executive Board Member, to at all times comply with the terms and conditions of:
 - (i) The Constitution.
 - (ii) Each Policy.
 - (iii) The Anti-Doping Rules, the World Anti-Doping Code and each of the International Standards.

17 Election and Appointment of Members of Executive Board

- 17.1 The offices of President, the General Secretary Treasurer, the First Vice President, the four (4) additional Vice Presidents and the ten (10) Ordinary Executive Board Members on the Executive Board are elected positions. Each of the positions shall be filled by way of elections conducted at an Electoral Congress in accordance with the Election and Candidate Conduct Rules set out in **Schedule 5** and the Voting Procedures and Rules set out in **Schedule 4**. For the avoidance of doubt, the election for the First Vice President, the four (4) additional Vice Presidents shall be conducted as one election, with the First Vice President being the highest-polling Candidate elected to those five (5) positions.
- 17.2 Each of the Continental Federation Presidents referred to in **rule 16.2(f)** shall hold ex officio office on the Executive Board for so long as:
- (a) the person is, and remains in office as the Continental Federation President of the Continental Federation that the person represents; and
 - (b) the Continental Federation complies with all of the requirements of **rule 5.6** and **Schedule 12**.
- 17.3 The Athletes Commission Executive Board Members referred to in **rule 16.2(g)** are appointed by the Athletes Commission in accordance with the provisions of this Constitution.
- 17.4 The Appointed Executive Board Members referred to in **rule 16.2(h)** may be appointed at the discretion of the Executive Board by an Ordinary Resolution of the Executive Board Members who together are referred to at **rule 16.2(a)** to **rule 16.2(g)**, in accordance with the provisions of this Constitution including **rule 26.6**.
- 17.5 Under no circumstances shall a person be able to, or eligible to occupy more than one (1) position on the Executive Board at any time.

18 Term of Office of Executive Board Members

- 18.1 Unless removed from office in accordance with the provisions of this Constitution, once elected at an Electoral Congress after the Effective Date the President, the General Secretary Treasurer, the First Vice President, the four (4) additional Vice Presidents and the ten (10) Ordinary Executive Board Members on the Executive Board each shall hold office until the conclusion of the next Electoral Congress.

- 18.2 Unless removed from office in accordance with the provisions of this Constitution, the Continental Federation Presidents each shall hold office from the time of their appointment to the Executive Board until the conclusion of the next Electoral Congress held after the date on which they were appointed to the Executive Board.
- 18.3 Unless removed from office in accordance with the provisions of this Constitution, the Athletes Commission Executive Board Members each shall hold office from the time of their appointment to the Executive Board until the conclusion of the next Electoral Congress held after the date on which they were appointed to the Executive Board.
- 18.4 Unless removed from office in accordance with the provisions of this Constitution, the Appointed Executive Board Members (if appointed) each shall hold office from the time of their appointment until the date determined by the resolution passed in accordance with **rule 17.4**, provided that the end date of the appointment must not be after the date of the next Electoral Congress held after the date on which the relevant Appointed Executive Board Member was appointed to the Executive Board.

19 Gender Diversity on Executive Board

- 19.1 From the time of the first Electoral Congress held after the Effective Date and at all times thereafter:
- (a) As to the First Vice President, and the four (4) additional Vice Presidents referred to in **rules 16.2(c) and (d)**, at least one (1) of those five (5) Executive Board Members must be male, and at least one (1) must be female.
 - (b) At least three (3) of the ten (10) Ordinary Executive Board Members referred to in **rule 16.2(e)** must be male, and at least three (3) of the ten (10) Ordinary Executive Board Member must be female.
 - (c) At least one (1) of the three (3) Athletes Commission Executive Board Members referred to in **rule 16.2(g)** must be male, and at least one (1) of the Athletes Commission Executive Board Member must be female.
 - (d) At least one (1) of the two (2) Appointed Executive Board Members referred to in **rule 16.2(h)** must be male, and at least one (1) Appointed Executive Board Member must be female.

20 National Diversity on Executive Board

- 20.1 From the time of the first Electoral Congress held after the Effective Date:
- (a) The offices of each of the President, the General Secretary Treasurer, the First Vice President, the four (4) additional Vice President and the ten (10) Ordinary Executive Board Members on the Executive Board each must be filled by people representing different Members. Of the positions referred to at **rules 16.2(a) to rule 16.2(e)**, no two (2) or more of those positions can, at the same time, be occupied by people representing the same National Federation Member.

- (b) The offices of each of the three (3) Athletes Commission Executive Board Members must be filled by people representing different National Federations, on the basis that no two (2) or more of those positions cannot at the same time be occupied by people representing the same National Federation.
- (c) The offices of each of the two (2) Appointed Executive Board Members must each be filled by people who are Citizens of different Countries or Sport Countries, on the basis that no two (2) or more of those Appointed Executive Board Member positions can at the same time be occupied by different people who are Citizens of the same Country or Sport Country.
- (d) At all times, the ten (10) Ordinary Executive Board Members positions must be filled, so that at least one (1) Ordinary Executive Board Members position are occupied as follows:
 - (i) One (1) position must be filled by persons representing different National Federation Members listed among the “Africa” group of National Federations specified at **Appendix B**.
 - (ii) One position must be filled by persons representing different National Federation Members listed among the “Asia” group of National Federations specified at **Appendix B**.
 - (iii) One (1) position must be filled by persons representing different National Federation Members listed among the “Europe” group of National Federations specified at **Appendix B**.
 - (iv) One (1) position must be filled by persons representing different National Federation Members listed among the “Oceania” group of National Federations specified at **Appendix B**.
 - (v) One (1) position must be filled by persons representing different National Federation Members listed among the “Pan America” group of National Federations specified at **Appendix B**.
- (e) Subject to compliance at all times with **rule 20.1(d)**, the remaining Ordinary Executive Board Member positions (that remainder being five (5) of the ten (10) Ordinary Executive Board Member positions) may be filled by persons representing any National Federation Member **provided that** the requirements of **rule 20.1(a)** are observed and met.

21 Maximum Term Limits

- 21.1 Subject to the succeeding provisions of this **rule 21**, a person is eligible to serve a maximum of three (3) consecutive terms as an Executive Board Member.
- 21.2 Any period served as an Executive Board Member prior to the Effective Date shall be counted as one (1) term served, regardless as to the actual period of time served by that person as an Executive Board Member.

- 21.3 In the event that a person serves in office as an Executive Board Member in any position other than that of the President, and then is elected as the President, the person shall be entitled to serve an aggregate of three (3) terms in office on the Executive Board, including the period served in the office of President. Further, and for the avoidance of any doubt, a person cannot under any circumstances serve as President of the Federation for in excess of two (2) consecutive terms, and once the person has served two (2) terms as President (whether consecutively or not), the person is thereafter ineligible for appointment to any office on the Executive Board, including the office of President, for the next nine (9) years commencing from the date that the person last served as President.
- 21.4 Once a person serves a total number of terms in office as an Executive Board Member which is equal to the maximum number of terms in office that the person is eligible to serve in office by reference to **rule 21.1** to **rule 21.3** (inclusive), that person is thereafter ineligible for appointment to any office on the Executive Board for the next nine (9) years commencing from the date that the person last served as an Executive Board Member.
- 21.5 In any event where a person is appointed by operation of **rule 27** to fill any casual vacancy, then for all purposes of calculating the number of terms that the person has served, and will serve on the Executive Board:
- (a) Any period served by the person as an Executive Board Member prior to the Effective Date shall be counted in accordance with **rule 21.2**;
 - (b) Any period, from the time that the person is appointed to fill the casual vacancy until the end of the unexpired balance of the term of office of the vacating Executive Board Member that is determined in accordance with **rule 27.2**, shall be counted as one (1) term served; and
 - (c) In all other respects, this **rule 21** shall apply.

22 Minimum and Maximum Age Limits of Executive Board Members

- 22.1 Notwithstanding any other provision of this Constitution but subject to **rule 22.2**, a person is ineligible to be elected (which includes an ineligibility to be re-elected) as an Executive Board Member, and a person is disqualified from any eligibility to be appointed (including re-appointed) as an Executive Board Member, if:
- (a) The person has not already attained the age of eighteen (18) years by the date on which the election is to take place, or the date that the appointment is set to be made (as the circumstances require); or
 - (b) The person has already attained the age of seventy (70) years by the date on which the election or re-election is to take place, or the date that the appointment or re-appointment is set to be made (as the circumstances require).
- 22.2 Despite **rule 22.1(b)**, the Congress may at any time and by Ordinary Resolution determine to permit up to a maximum of three (3) Executive Board Members at any time can be elected notwithstanding that the person to be elected as an Executive Board

Member(s) does not satisfy the restrictions imposed by **rule 22.1(b)**, but provided that under no circumstances can the Congress determine to allow a person be elected in accordance with the exception in this **rule 22.2** for greater than a maximum of one (1) term of office.

23 Candidature

- 23.1 Subject to the provisions of this Constitution, a candidate for election to the office of any of the President, the General Secretary Treasurer, the First Vice President, the four (4) additional Vice Presidents and the ten (10) Ordinary Executive Board Members on the Executive Board can only be nominated by a Full Member that is, at the time that the nomination is made in accordance with the time requirements of this Constitution, is a Member in Good Standing and not under any provisional suspension or suspension.
- 23.2 A Member entitled under this Constitution to nominate a candidate for election to the office of any of the President, the General Secretary Treasurer, the First Vice President, the four (4) additional Vice Presidents and the Ordinary Executive Board Members on the Executive Board cannot nominate a person as a candidate except if that Member is permitted by **rule 23.1** to nominate a candidate.
- 23.3 A Full Member authorised by this Constitution to nominate a candidate for election to any of the positions described in **rule 23.1** is prohibited from nominating a person as a candidate for election, unless:
- (a) The nominated candidate satisfies each of the requirements specified in the Candidate Eligibility Rules.
 - (b) The nominated candidate remains eligible for election by reference to **rule 22**.
 - (c) The nominated candidate satisfies the age requirements specified at **rule 23**.
 - (d) The nominated candidate is not disqualified because of the operation and application of **rule 25**.
 - (e) The nominated candidate is linked to the nominating Full Member.
 - (f) The candidate is a Citizen of the same Country, that the Full Member is the National Federation of the Sport for.

24 Nomination of Candidates

- 24.1 Subject to **rule 24.4**, a candidate nominated for election to any of the positions described in **rule 23.1** must be nominated in accordance with the requirements of the Candidate Nomination Rules and this **rule 24** and not otherwise. The Candidate Nomination Rules specify mandatory requirements which must be met in relation to any nomination of any candidate.
- 24.2 A candidate may be nominated by a Full Member, or in accordance with **rule 24.4**.

- 24.3 A candidate nominated by a Full Member eligible by operation of this Constitution to nominate a candidate shall be void and disregarded for all purposes, in any circumstance where the nomination is made otherwise than in accordance with the requirements of **rule 24.1**.
- 24.4 A person may nominate themselves as a candidate, provided that each of the following requirements is satisfied:
- (a) The person has already (including in the period before the Effective Date and after the Effective Date) served an aggregate of a *minimum* of eight (8) years as an Executive Board Member and/or an IWF Commission Member and/or an IWF Committee Member, **except that** in the case of the Electoral Congress that is held after the Effective Date in 2021 in accordance with the requirements of **rule 15.5(a)**, a person *must* have served an aggregate of a *minimum* of twelve (12) years (and not eight (8) years) as an Executive Board Member and/or an IWF Commission Member and/or an IWF Committee Member in order for that person to be entitled to nominate themselves as a candidate for the elections to be conducted at that Electoral Congress which shall be held in accordance with **rule 15.5(a)**;
 - (b) The person complies with the requirements of the Candidate Nomination Rules in relation to the nomination;
 - (c) The election of the person (if elected) would not contravene the requirements of **rule 21**; and
 - (d) The nomination of the person is supported in writing in an instrument executed by at least a Simple Majority of the Full Members, and where that instrument is delivered by the person at the same time, and in the same manner as the nomination is delivered.
 - (e) A person so nominating themselves in accordance with this **rule 24.4** may only serve for a maximum of one (1) term of four (4) years as a result of their nomination made in accordance with this **rule 24.4**.
- 24.5 A candidate nominated by any person, other than a Full Member that is eligible by operation of this Constitution to nominate a candidate, shall be void and disregarded for all purposes.
- 24.6 The provisions of **rule 26** apply in relation to matters including the confirmation by the Eligibility Determination Panel that a candidate, nominated in accordance with this Constitution, meets the requirements of this Constitution and the Candidate Eligibility Rules.
- 24.7 A person cannot stand as a Candidate in any election for any Executive Board Member position, any IWF Commission Member position or any IWF Committee Member position *unless* and *until* the Eligibility Determination Panel has determined that the person is eligible to be, and to continue to be a Candidate, in accordance with the provisions of this Constitution.

25 Disqualifying Criteria – Executive Board Members

- 25.1 Further to each of the requirements of **rules 23.3 and 24.4**, a person cannot under any circumstances be elected or appointed as an Executive Board Member unless that person is *not* disqualified by operation of **rule 25.2**.
- 25.2 A person is disqualified from being eligible to be appointed as an Executive Board Member; and if already appointed as an Executive Board Member, then that appointment shall terminate immediately with a casual vacancy created accordingly, if any of the following provisions applies to that person:
- (a) If the person has been declared bankrupt, whether under the laws of the Country or Sport Country that the Executive Board Member is a Citizen of, or anywhere else.
 - (b) If the person is determined by the Ethics and Disciplinary Commission, based on available medical evidence, to be a Mentally Incapacitated Person.
 - (c) If the person is an employee, on whatever terms, of the Federation.
 - (d) If the person has at any time been or is convicted of an offence which is punishable by a period of imprisonment of four (4) years or greater, whether or not that person was convicted of that offence by a court or tribunal of competent jurisdiction in the Country or Sport Country of which the person is a Citizen, or by a court or tribunal of any other Country or Sport Country.
 - (e) If the person has been charged, by a police or law enforcement authority having requisite power and jurisdiction with, or convicted of any offence whatsoever relating to or concerning a child or a minor.
 - (f) If the person is disqualified or is banned from being a director of a corporation or being involved with the management of a corporation, company or business, as a result of any final decision made by any court, tribunal or authority with competent jurisdiction.
 - (g) If the person is serving any period of ineligibility (including any provisional suspension) for any breach of any rules of the Sport or any other sport, including any rules relating to ethics and conduct. The decision must be issued by a competent body and the concerned person shall have the right to appeal to CAS or any court, tribunal or other independent body of the sport jurisdiction.
 - (h) If the person has been determined by the CAS, or any court, tribunal or other body with jurisdiction as being guilty of any Anti-Doping Rule Violation, regardless as to whether that Anti-Doping Rule Violation relates to the Sport, and regardless as to whether or not the person has already served the whole of the sanction imposed on the person as a consequence of being found to have committed that Anti-Doping Rule Violation. For the avoidance of doubt, the provisions of this **rule 25.2(h)** shall apply in respect of any Anti-Doping Rule Violation committed by the person in the last twenty-five (25) years, unless it is

finally determined by a court or tribunal with competent jurisdiction that this **rule 25.2(h)** is unenforceable under the Applicable Law, in which case:

- (i) this **rule 25.2(h)** shall be deemed to instead apply to all Anti-Doping Rule Violations committed by the person in the last twenty (20) years, and if that time period is finally determined by a court or tribunal with competent jurisdiction as being unenforceable under the Applicable Law; then
- (ii) the deemed period shall instead be the last fifteen (15) years; and
- (iii) if the period of fifteen (15) years is finally determined to be unenforceable then the deemed period shall instead be the last ten (10) years.

- (i) If that person has been deprived of their civil rights by a proper application of any applicable law.
- (j) If the person has been found by the Ethics and Disciplinary Commission to be not a fit and proper person to be, or remain appointed as an Executive Board Member, having due regard to the Candidate Eligibility Rules and the application of the Candidate Eligibility Rules to the known facts, situation and circumstances of and about that person.

25.3 For the avoidance of doubt, the Ethics and Disciplinary is conferred with jurisdiction to ensure that the requirements of **rule 25** are properly and faithfully complied with by the Federation, the Executive Board and by any person who is or does become disqualified by operation of **rule 25.2**.

26 Nomination Procedures and Election Procedures

26.1 A candidate for election to any elected position on the Executive Board, any elected position on any IWF Commission and any elected position on any IWF Committee must be eligible for nomination and election to that office, within the meaning of the Candidate Eligibility Rules. In any circumstance where the person is not eligible for nomination and election, by reference to the Candidate Eligibility Rules, then the nomination of that person shall be deemed void ab initio, and any step taken to elect that person to any such office shall likewise be deemed void for all purposes.

26.2 A candidate, who is eligible by operation of **rule 26.1** to be nominated as a candidate for election to any elected position on the Executive Board, any elected position on any IWF Commission and any elected position on any IWF Committee, must be nominated in accordance with the Candidate Nomination Rules and not in any other way. A nomination of a candidate for election to any such position on the Executive Board, any IWF Commission and any IWF Committee who is nominated otherwise than in accordance with the Candidate Nomination Rules shall be ineligible for all purposes to stand as a candidate in the subject election, and any step taken to elect that person to any such officer shall likewise be deemed void for all purposes.

26.3 All candidates nominated for election to any elected position on the Executive Board, any elected position on any IWF Commission and any elected position on any IWF Committee shall be subjected to a determination by the Eligibility Determination Panel, which must be

made no later than thirty (30) days before the date of the subject Electoral Congress and published *unredacted* on the Website, as to whether or not:

- (a) The person satisfies the Candidate Eligibility Rules.
 - (b) The person, if so elected, would breach any applicable provisions of **rule 21**.
 - (c) The person, if so elected, would breach any applicable provision of **rule 22**.
 - (d) The nominating Full Member is, or is not properly eligible by reference to this Constitution and in particular **rule 23.1**, to nominate a candidate in the subject election.
 - (e) The nominating Full Member is entitled to nominate the person after having considered each of the factors specified in **rule 23.3**.
 - (f) The applicable provisions of **rule 24** and **rule 25** operate to exclude the person from being able to be appointed to the subject office.
- 26.4 The Election and Candidate Conduct Rules apply in relation to the conduct of all candidates in relation to all elections of people to all elected positions on the Executive Board, any IWF Commission and any IWF Committee.
- 26.5 The Voting Procedures and Rules govern the conduct of all voting at all Electoral Congresses for all elected positions on the Executive Board, any IWF Commission and any IWF Committee.
- 26.6 Further to the provisions of **rule 16.2(h)** and **rule 17.4**, the Executive Board Members listed at **rules 16.2(a) to (g)** (inclusive) may together at their *discretion*, by Ordinary Resolution passed at any time, resolve to appoint a person as an Appointed Executive Board Member provided that the maximum number of Appointed Executive Board Members referred to at **rule 16.2(h)** is not exceeded, and provided that:
- (a) Those voting Executive Board Members have also determined that the proposed appointee has special academic qualifications, professional experience, professional expertise and acumen, such that the Federation would substantially benefit from that person being appointed as an Appointed Executive Board Member;
 - (b) The person is appointed for not longer than the period up until the day before the next Electoral Congress;
 - (c) The person does not fail to meet the requirements of **rule 22.1(a)**;
 - (d) The person is not disqualified by the operation of **rule 25.2**;
 - (e) **Rule 19.1(d)** is complied with; and

- (f) The Eligibility Determination Panel has certified that the person is able, by operation of this Constitution, to be appointed to as an Appointed Executive Board Member.

27 Casual Vacancies

27.1 A casual vacancy in the office of an Executive Board Member arises if, prior to the end of the term of the appointment of the person occupying that office, any of the following circumstances occur:

- (a) If the Executive Board Member resigns by giving written notice to the President and the Federation.
- (b) If the Executive Board Member dies.
- (c) If the Executive Board Member is convicted of an indictable offence that is punishable by imprisonment for four (4) years or greater, or any offence relating to or concerning a child or minor.
- (d) If the Executive Board Member has at any time been convicted of an offence which is punishable by a period of imprisonment of four (4) years or greater, whether or not that Executive Board Member was convicted of that offence by a court or tribunal of competent jurisdiction in the Country or Sport Country of which the person is a Citizen, or by a court or tribunal of any other Country or Sport Country.
- (e) If the Executive Board Member is serving any period of ineligibility (including any provisional suspension) for any breach of any rules of the Sport, including any rules relating to ethics and conduct.
- (f) If the Executive Board Member fails to attend three (3) consecutive meetings of the Executive Board without the leave of the Executive Board.
- (g) If the Executive Board Member is or becomes a Mentally Incapacitated Person.
- (h) If the Executive Board Member is declared bankrupt, whether under the laws of the Country or Sport Country that the Executive Board Member is a Citizen of, or anywhere else.
- (i) If the Executive Board Member is removed from office in accordance with this Constitution.
- (j) If the Executive Board Member does for whatever reason cease to satisfy each of the requirements of the Candidate Eligibility Rules, as if those Candidate Eligibility Rules were applied to the Executive Board Member on any day that the person occupies the office of an Executive Board Member.
- (k) In the case of a person who occupies office on the Executive Board as one of the Continental Federation Presidents referred to in **rule 16.2(f)**, if that person ceases to hold office as the president of the Continental Federation concerned.

- (l) In the case of an Athletes Commission Executive Board Member, if that person ceases to be a member of the Athletes Commission, or if the Athletes Commission serves notice on the President and the Federation, the effect of which is to remove that Athletes Commission Executive Board Member from office on the Executive Board.
 - (m) In the case of an Appointed Executive Board Member, by a Special Resolution of the Executive Board on a motion to remove that Appointed Executive Board Members from office on the Executive Board.
 - (n) If the Executive Board Member is disqualified or is banned from being a director of a corporation or being involved with the management of a corporation, company or business, as a result of any decision made by any court, tribunal or authority with competent jurisdiction.
 - (o) If the Executive Board Member has at any time been determined by the CAS, or any court, tribunal or other body with jurisdiction as being guilty of any Anti-Doping Rule Violation, regardless as to whether that Anti-Doping Rule Violation relates to the Sport, and regardless as to whether or not the Executive Board Member has already served the whole of the sanction imposed on the person as a consequence of being found to have committed that Anti-Doping Rule Violation.
 - (p) If **rule 25.2** otherwise applies in relation to the Executive Board Member.
- 27.2 If a casual vacancy arises in the office of any Executive Board position, that casual vacancy may subject to **rule 27.3** be filled for the unexpired balance of the term of office of the vacating Executive Board Member, only as follows:
- (a) If the vacancy is in the office of President, then the First Vice President shall become the interim President, and the person occupying the office of the First Vice President is unavailable, then another of the Vice Presidents as decided by an Ordinary Resolution of the remaining Executive Board Members shall become the interim President.
 - (b) If the vacancy is in the office of the First Vice President, then one (1) of the additional Vice Presidents, as decided by an Ordinary Resolution of the remaining members of the Executive Board, shall become the interim First Vice President.
 - (c) If the vacancy is in the office of an additional Vice President referred to in **rule 16.2(d)**, then one (1) of the Ordinary Executive Board Members referred to in **rule 16.2(e)**, as decided by an Ordinary Resolution of the remaining members of the Executive Board, shall become an interim additional Vice President.
 - (d) If the casual vacancy occurs in any position of an Ordinary Executive Board Member referred to in **rule 16.2(e)**, that office shall remain vacant until the next Electoral Congress, where it shall then be filled for the unexpired balance of the term of office of the vacating Ordinary Executive Board Member.

- (e) If the casual vacancy occurs in any of the five (5) Continental Federation Presidents positions on the Executive Board referred to in **rule 16.2(f)**, the person who is democratically elected as the replacement president of the Continental Federation shall be the person entitled to fill the casual vacancy *except where* no new president is not, or will not be democratically elected for a period of four (4) months commencing from the date that the vacancy is created, in which case the next most senior office-holder in that Continental Federation shall be the person entitled to fill the casual vacancy.
 - (f) In any case of the casual vacancy occurring in the office of any of the three (3) Athletes Commission Executive Board Member positions referred to in **rule 16.2(g)**, the Athletes Commission may by written notice appoint a replacement Athletes Commission Executive Board Member to fill the vacancy.
 - (g) In any case of the casual vacancy occurring in the office of any of the two (2) Appointed Executive Board Member positions referred to in **rule 16.2(h)**, the Executive Board may by its *discretion* and by written notice appoint a replacement Appointed Executive Board Member to fill the vacancy.
- 27.3 The requirements of **rule 19**, **rule 20**, **rule 21** and **rule 22** must be observed and complied with in any instance where a person is appointed to the Executive Board in accordance with **rule 27.2** to fill a casual vacancy.

28 Suspension of Members of the Executive Board

- 28.1 The Executive Board may, by a Special Resolution of the Executive Board Members (but excluding the Executive Board Member about whom the resolution is concerned) suspend an Executive Board Member from the Executive Board in any of the following circumstances:
- (a) Is charged with, or is given notice by any Authority with Jurisdiction, of any proposal to make any finding or order against the Executive Board Member in respect of any matter or circumstance that is a Disqualifying Circumstance as defined in **Schedule 8**.
 - (b) Is alleged to have breached, or is under investigation by any Continental Federation or the Executive Board Member's National Federation, in relation to any alleged serious, wilful or persistent breach of any of the rules or regulations of the Continental Federation or National Federation.
 - (c) If the Executive Board has good reason to believe that the Executive Board Member has manifestly or wilfully failed to meet and satisfy any one or more of the criteria set out at **rule 25.2**.
- 28.2 Before the Executive Board passes any resolution pursuant to **rule 28.1** the Executive Board shall:
- (a) Notify the concerned Executive Board Member in writing of the proposal that the Executive Board pass the Special Resolution;

- (b) Allow the affected Executive Board Member a period of not less than forty-eight (48) hours, within which that Executive Board Member may make written representations in response to the Executive Board's proposed action;
- (c) Take into account any written representations filed with the Executive Board by the affected Executive Board Member within that time period allowed by the Executive Board Member.

28.3 Any suspension imposed by the Executive Board in accordance with **rule 28.1** cannot be imposed for a period of longer than six (6) months or until the next Congress, whichever is the earlier. Before the end of the period of the suspension ordered by the Executive Board and provided that a Congress has not taken place since the suspension was imposed, the Executive Board may by Unanimous Resolution of the Executive Board Members (but excluding the Executive Board Member about whom the resolution is concerned) elect to extend the period of the suspension until the next Congress, in the reasonable opinion of the Executive Board, circumstances exist which justify and require in the best interests of the Federation, the extending of the period of the suspension. However and in any event, any suspension imposed by the Executive Board ends at the conclusion of the next Congress after the suspension was imposed, unless the suspension is ratified by an Ordinary Resolution of the Congress.

28.4 Further to the provisions of **rule 28.1** and **rule 28.3**, the Executive Board may impose the conditions on the suspension of an Executive Board Member that the Executive Board considers necessary in all of the circumstances.

29 Removal of Executive Board Members

29.1 An Executive Board Member may be removed from office on any one or more of the following grounds:

- (a) Where a suspension of the Executive Board Member, imposed under **rule 28**, has expired, but where the circumstances relied on under **rule 28.1** in relation to the imposition of the suspension still persist and are ongoing; or
- (b) Where the Executive Board Member is in persistent breach of the duties and obligations of an Executive Board Member specified in this Constitution.

29.2 The decision to remove an Executive Board Member from office is a decision which can only be made by the Ethics and Disciplinary Commission, on an application made to the Ethics and Disciplinary Commission by the Executive Board or any Full Member.

29.3 Further to **rule 29.1** and **rule 29.2**, An Executive Board Member shall be removed from office automatically in any circumstance where that Executive Board Member fails at any time to meet and satisfy any one or more of the criteria set out at **rule 25.2**.

30 Duties, Functions and Powers of the Executive Board

30.1 Subject to this Constitution and the requirements of Swiss law including without limitation the Swiss Civil Code, the business of the Federation shall be managed by the Executive Board. The Executive Board may exercise all of the functions and powers of the

Federation, including but not limited to the making of Policies and decisions consistent with fulfilling the Governance Principles and the Objectives of the Federation, unless this Constitution requires that the Congress exercises that power or function.

30.2 Without limiting the general powers of the Executive Board granted pursuant to **rule 30.1**, the Executive Board has the following specific duties, functions and powers:

- (a) To determine the strategy and strategic plans of the Federation, subject to the later approval of same by the Congress.
- (b) To determine the calendar of meetings of the Congress through the Ordinary Congress and the Electoral Congress.
- (c) To determine the calendar of meetings of the Executive Board.
- (d) To adopt and review the Federation's annual plan and annual budget.
- (e) To identify and then manage all legal compliance, financial reporting compliance and risk management functions of the Federation.
- (f) To appoint the Chief Executive Officer, on terms determined by the Executive Board, and to thereafter do all things necessary to manage the performance of the Chief Executive Officer.
- (g) To determine the terms of the reporting structure from the Chief Executive Officer to the Executive Board, and to also determine the terms of any delegation of authority from the Executive Board to the Chief Executive Officer.
- (h) To make all determinations and rules in relation to Membership Fees, including the terms on which Membership Fees must be paid to the Federation.
- (i) To make and determine Policies and the terms and conditions of Policies, and to amend, repeal supplement and replace Policies in accordance with the Objectives and this Constitution (and, for the avoidance of doubt, this **rule 30.2(i)** empowers the Executive Board in relation to the making of et cetera of by-laws, as by-laws fall within the definition of Policy that appears at **rule 2.1**), provided that:
 - (i) The Executive Board must not exercise the powers specified in **rule 30.2(i)** where to do so would have the effect of the making of any Policy (including without limitation any by-law) which is contrary to, inconsistent with or which would have the effect of overriding any provision of this Constitution.
 - (ii) The Executive Board must not exercise its powers specified in **rule 30.2(i)** unless the Executive Board has first obtained the written opinion of the Legal Commission, which confirms that the proposed exercise of the powers specified in **rule 30.2(i)** will not, if exercised, cause the Executive Board to be in breach of **rule 30.2(i)(i)**.

- (iii) The Executive Board must not exercise its powers specified in **rule 30.2(i)** in relation to any Policy concerning the qualification to compete in the Olympic Games or World Championships, except where the Executive Board obtains the prior written approval of the Athletes Commission in relation to that exercise of the power.
- (iv) The Executive Board must not exercise its powers specified in **rule 30.2(i)** in relation to any Policy concerning the Anti-Doping Rules and Anti-Doping Rule Violations, except where the Executive Board obtains the prior written approval of the Anti-Doping Commission in relation to that exercise of the power.
- (v) The Executive Board must not exercise its powers specified in **rule 30.2(i)** in relation to any Policy concerning the technical rules of the Sport (including the Technical and Competition Rules and Regulations), except where the Executive Board obtains the prior written approval of the Technical Committee and the Athletes Commission in relation to that exercise of the power
- (j) To consider and recommend to the Congress regarding any proposed amendments to the Constitution.
- (k) To open and operate in the name of the Federation such bank accounts which are deemed as being required by the Executive Board, such accounts which must be opened, operated and managed in accordance with the requirements of this Constitution including without limitation **rule 40**.
- (l) To control expenditure, source income and revenue, and manage the investments, properties and assets of the Federation, at all times in accordance with **rule 40**.
- (m) To establish sub-committees, advisory groups and other bodies that are deemed necessary or desirable by the Executive Board, to assist the Executive Board in the carrying out of its duties and functions in accordance with the Governance Principles and the Objectives.
- (n) To determine and maintain the calendar of International Competitions, subject to the Congress ratifying by Ordinary Resolution any determination made by the Executive Board in relation to World Championships events on the International Calendar.
- (o) To determine the appointment of the Appointed Auditor, subject always to the confirmation of the Congress, made in accordance with **rule 15.11(f)**.
- (p) To undertake any other such duties and functions specified in this Constitution as being the responsibility of the Executive Board.
- (q) To act in accordance with any delegation of powers and functions determined by the Congress.

- 30.3 Unless otherwise stipulated by the Executive Board for reasons of necessary urgency, any Policy made by the Executive Board, and any amendment, modification or replacement of any such Policy by a decision of the Executive Board shall come into force twenty-eight (28) days after the decision of the Executive Board on that matter is made.
- 30.4 Specific duties and functions pertaining to the offices of President, First Vice President and General Secretary Treasurer are set out at **Annexure A**.

31 Executive Board Members

- 31.1 Each of the Executive Board Members is required to discharge the functions and responsibilities of that office:
- (a) According to Swiss law, including the requirements of the Swiss Civil Code.
 - (b) According to the requirements of this Constitution.
 - (c) Only in accordance with the Governance Principles and the Objectives.
 - (d) In good faith, for a proper purpose and in the best interests of the Federation and its Members.
 - (e) Through exercising the due care, diligence and skill that any Executive Board Member would be reasonably be expected to exercise in the same circumstances.
 - (f) At all times in accordance with the Executive Board Member Code of Ethics.
 - (g) By participating in any education programs designated for Executive Board Members by the Federation or otherwise.
- 31.2 The Ethics and Disciplinary Commission is conferred with requisite jurisdiction to receive reports in relation to alleged breaches of **rule 31.1** by Executive Board Members, and the power to handle those complaints in accordance with **Schedule 1**.
- 31.3 The Federation must cause to be published, and remain published and accessible on the Website the following information about each Executive Board Member:
- (a) The name of the person.
 - (b) The Country or Sport Country of which the person is a Citizen.
 - (c) The National Federation Member to which the person is linked.
 - (d) The position on the Executive Board to which the person is appointed.
 - (e) The date(s) on which the person was elected to, or appointed to the Executive Board.

- (f) All relevant information that is required for the purpose of determining compliance with **rule 19 to rule 22** (inclusive).
- (g) A current photograph of the person.
- (h) The person's postal address, email address and telephone number, at which Members can contact the person.
- (i) A biography of the person's professional achievements and the person's involvement in the Sport, such biography which is not to exceed 300 words.
- (j) Any other information as determined by the Executive Board.

32 Meetings of the Executive Board

- 32.1 The Executive Board shall meet regularly and not less than four (4) times each year, and in any event as often as is necessary for the purpose of the Executive Board properly discharging the duties, functions and powers conferred in the Executive Board by this Constitution.
- 32.2 Further to any calendar of Executive Board meetings determined in accordance with **rule 30.2(c)** from time to time, a meeting of the Executive Board may be called at any time by:
- (a) The President; or
 - (b) Any five (5) Executive Board Members, by written notice given to the President.
- 32.3 An Executive Board Meeting convened in accordance with **rule 32.2(a)** can be convened on the giving of not less than forty-eight (48) hours' notice, except if the Executive Board Meetings have earlier agreed to a shorter period of notice being given in relation to meetings convened in accordance with **rule 32.2(a)**.
- 32.4 An Executive Board Meeting convened in accordance with **rule 32.2(b)** can be convened on the giving of not less than seven (7) days' notice, except if the Executive Board Meetings have earlier agreed to a shorter period of notice being given in relation to meetings convened in accordance with **rule 32.2(b)**.
- 32.5 A notice of a meeting of the Executive Board must be given to each Executive Board Member:
- (a) In writing;
 - (b) Specifying the date, place and time of the meeting;
 - (c) Specifying the details of any Technology which will be used as a means of conducting the meeting;
 - (d) Stating the business to be conducted at that meeting;

- (e) May be given to the person personally or by post, telephone, facsimile or other electronic means.
- 32.6 The quorum for an Executive Board meeting is the attendance of thirteen (13) Executive Board Members, who attend either in person or through the use of any Technology used as a means of conducting that meeting. That quorum must be in attendance at the meeting for the whole of the duration of the meeting.
- 32.7 At meetings of the Executive Board:
- (a) Each Executive Board Member is entitled to (1) vote.
 - (b) All resolutions of the Executive Board shall be made by Ordinary Resolution unless this Constitution or any Policy requires a decision to be made by Special Resolution or on any alternate basis.
 - (c) In the event of an equality of votes cast for, and against a motion, decision or resolution in circumstances where a decision is to be made by Ordinary Resolution, the President shall be entitled to exercise a casting vote, in addition to the President's deliberative vote which the President is entitled to under **rule 32.7(a)**.
 - (d) An Executive Board Member is not under any circumstances permitted to appoint a proxy, attorney or representative to attend the meeting or exercise the powers of the Executive Board Member in their stead.
 - (e) Voting shall be conducted by voice or a show of hands, as determined by the President, unless an Executive Board Member requires that the vote be conducted by way of a secret ballot. Where an Executive Board Member requires that a vote be conducted by way of secret ballot, the vote will be conducted by way of secret ballot in a manner determined by the President.
- 32.8 Nothing in this Constitution shall be interpreted to limit the power of the Executive Board to pass a resolution as a circulating resolution, which is passed unanimously by each Executive Board Member signing the resolution and attesting that the Executive Board Member votes in favour of the resolution.
- 32.9 Where the Executive Board passes a resolution as a circulating resolution in accordance with **rule 32.8**, the resolution is deemed to be passed on the day on which the last of the Executive Board Members signs the resolution and attests that the Executive Board Member votes in favour of that resolution.
- 32.10 Except in circumstances where the President declares that a meeting of the Executive Board shall be conducted "in camera" due to the confidentiality and objective sensitivity of the specific subject matter on the agenda for that meeting, meetings of the Executive Board must be securely "livestreamed" through the use of Technology, so that National Federation Members are able to observe (but not participate in) the proceedings of that meeting of the Executive Board.

PART E MANAGEMENT, IWF COMMISSIONS AND IWF COMMITTEES

33 Chief Executive Officer

- 33.1 The Executive Board shall, in accordance with **rule 30.2(f)**, appoint a Chief Executive Officer. The Chief Executive Officer is the highest-ranking employee of the Federation, to whom all other employees of the Federation do report.
- 33.2 The Chief Executive Officer shall report directly to the Executive Board. In accordance with **rule 30.2(g)**, the Executive Board shall determine the terms of the reporting structure from the Chief Executive Officer to the Executive Board, and terms of any delegation of authority from the Executive Board to the Chief Executive Officer.
- 33.3 Subject to any determination of the Executive Board made in accordance with **rule 33.2**, the Chief Executive Officer is responsible for the day-to-day management of the Federation under the direction of the Executive Board. Specifically and without limiting the generality of the foregoing, the Chief Executive Officer is responsible for:
- (a) Managing the day-to-day operations of the Federation.
 - (b) Implementing the strategy and strategic plans of the Federation, determined by the Executive Board and approved by the Congress.
 - (c) Implementing the Federation's annual plan and annual budget which has in each case been approved by the Executive Board and Congress as required by this Constitution.
 - (d) Managing the business of the Federation in accordance with the directions and determinations of the Executive Board and in accordance with the approved annual plan and approved annual budget of the Federation, which has in each case been approved by the Executive Board and Congress as required by this Constitution.
 - (e) Ensuring compliance with all Applicable Laws, rules and regulations including this Constitution, each of the Policies, and the determinations and decisions of the Congress and the Executive Board.
 - (f) Managing the employees of the Federation.
- 33.4 A person is disqualified from being eligible for appointment as the Chief Executive Officer in any circumstances where the person cannot, or fails to satisfy each of the requirements specified in the Candidate Eligibility Rules, as if those Candidate Eligibility Rules were applied to the person (with the necessary modifications having been made) for the purpose of determining whether the person is eligible to be appointed as the Chief Executive Officer.
- 33.5 In accordance with **rule 30.2(f)** and **rule 33.1** the Executive Board shall appoint the Chief Executive Officer, on terms determined by the Executive Board, including any terms required to be imposed by the WADA Code, the Anti-Doping Rules and the International Standards.

33.6 The Chief Executive Officer cannot under any circumstances:

- (a) Be appointed as an Executive Board Member.
- (b) Act as a Representative.
- (c) Be appointed to the Athletes Commission.
- (d) Be appointed as an Appointed Executive Board Member.
- (e) Be a member of any IWF Commission or IWF Committee, unless otherwise permitted under this Constitution.

34 IWF Commissions

34.1 The following IWF Commissions are established under this **rule 34**, in addition to the establishment of the Athletes Commission pursuant to **rule 36**:

- (a) The Development and Education Commission.
- (b) The Ethics and Disciplinary Commission.
- (c) The Gender Equity Commission.
- (d) The Legal Commission.
- (e) The Governance Commission.
- (f) The Anti-Doping Commission.
- (g) The Independent Monitoring Group.
- (h) The Independent Member Federation Sanctioning Panel.

34.2 The IWF Commissions each shall be comprised as follows:

- (a) **Development and Education Commission:**
 - (i) Five (5) members elected by the Congress.
 - (ii) Two (2) members elected by the Executive Board.
- (b) **Ethics and Disciplinary Commission:**
 - (i) Five (5) members who are otherwise entirely independent of the Federation and the Sport, each of whom that are to be appointed by the Executive Board and where that appointment is then ratified by an Ordinary Resolution of the Congress.

- (ii) Two (2) “reserve” members who are otherwise entirely independent of the Federation and the Sport, each of whom that are to be appointed by the Executive Board and where that appointment is then ratified by an Ordinary Resolution of the Congress.
- (c) **Gender Equity Commission**
 - (i) Five (5) members elected by the Congress.
 - (ii) Two (2) members elected by the Executive Board.
- (d) **Legal Commission:**
 - (i) Two (2) qualified legal practitioners elected by the Congress.
 - (ii) Five (5) qualified legal practitioners elected by the Executive Board.
- (e) **Governance Commission:**
 - (i) Two (2) members elected by the Congress.
 - (ii) Three (3) members elected by the Executive Board.
- (f) **Anti-Doping Commission**
 - (i) As specified in the Anti-Doping Commission Terms of Reference adopted by the Executive Board.
- (g) **Independent Monitoring Group**
 - (i) As specified in the Independent Monitoring Group Terms of Reference adopted by the Executive Board, and as otherwise specified in the Anti-Doping Rules.
- (h) **Independent Member Federation Sanctioning Panel**
 - (i) As specified in the Independent Member Federation Sanctioning Panel Terms of Reference adopted by the Executive Board, and as otherwise specified in the Anti-Doping Rules.

34.3 The functions, powers and authorities of each of the IWF Commissions is as follows:

- (a) **Development and Education Commission:** As specified in **Schedule 13** and as determined by the Executive Board from time to time.
- (b) **Ethics and Disciplinary Commission:** As specified in this Constitution or otherwise at **Schedule 13** and where:
 - (i) the Ethics and Disciplinary Commission shall be, and is conferred with unfettered jurisdiction to deal with and adjudicate on any conduct of any

person, regardless as to whether that conduct occurred before, or after the Effective Date; and\

- (ii) the Ethics and Disciplinary Commission is conferred with jurisdiction to apply applicable rules and policies in relation to that conduct, that were in force before the Effective Date, where the conduct occurred before the Effective Date.

Further, and as specified in **Schedule 13** and for the avoidance of doubt, the EDC Procedural Rules, comprising the procedural rules and adjudication rules of the Ethics and Disciplinary Commission will be determined and established by the Ethics and Disciplinary Commission, and later varied by the Ethics and Disciplinary Commission as it sees fit. The Executive Board must, if called on to do so, approve by Ordinary Resolution these EDC Procedural Rules and any later variations proposed by the Ethics and Disciplinary Commission in its discretion.

- (c) **Gender Equity Commission:** As specified in **Schedule 13** and as determined by the Executive Board from time to time.
 - (d) **Legal Commission:** As specified in **Schedule 13** and as determined by the Executive Board from time to time.
 - (e) **Governance Commission:** As specified in **Schedule 13** and as determined by the Executive Board from time to time.
 - (f) **Anti-Doping Commission:** As specified in the Anti-Doping Commission Terms of Reference and as determined by the Executive Board from time to time in accordance with the Anti-Doping Rules.
 - (g) **Independent Monitoring Group:** As specified in the Independent Monitoring Group Terms of Reference and as determined by the Executive Board from time to time in accordance with the Anti-Doping Rules.
 - (h) **Independent Member Federation Sanctioning Panel:** As specified in the Independent Member Federation Sanctioning Panel Terms of Reference and as determined by the Executive Board from time to time in accordance with the Anti-Doping Rules.
- 34.4 The members of each IWF Commission, apart from the Anti-Doping Commission, the Independent Monitoring Group and the Independent Member Federation Sanctioning Panel are appointed in accordance with the procedures specified in this Constitution, including **rule 37**. The members of the Anti-Doping Commission, the Independent Monitoring Group and the Independent Member Federation Sanctioning Panel are appointed in accordance with the applicable terms of reference for that body.
- 34.5 Subject to any contrary provision of the terms of reference of each of the Anti-Doping Commission, the Independent Monitoring Group and the Independent Member Federation Sanctioning Panel, the number of members of an IWF Commission whose presence, either in person or through the use of any permitted Technology, at a meeting of an IWF

Commission, is necessary to constitute a quorum, is three (3). That quorum must be in attendance at the meeting for the whole of the duration of the meeting.

- 34.6 Subject to any contrary provision of the terms of reference of each of the Anti-Doping Commission, the Independent Monitoring Group and the Independent Member Federation Sanctioning Panel, each IWF Commission shall have:
- (a) a chairperson, who is designated as such by the Executive Board.
 - (b) an employee of the Federation, who is designated by the Executive Board as the employee primarily responsible for assisting the IWF Commission in the discharge of its functions, powers and authorities, and for all related purposes.
- 34.7 Subject to any contrary provision of the terms of reference of each of the Anti-Doping Commission, the Independent Monitoring Group and the Independent Member Federation Sanctioning Panel, a meeting of an IWF Commission shall be convened by its chairperson, by the chairperson giving reasonable notice to each other IWF Commission Member of that IWF Commission.
- 34.8 At meetings of an IWF Commission apart from meetings of each of the Anti-Doping Commission, the Independent Monitoring Group and the Independent Member Federation Sanctioning Panel:
- (a) Each IWF Commission Member is entitled to (1) vote.
 - (b) All resolutions of the IWF Commission shall be made by Ordinary Resolution.
 - (c) In the event of an equality of votes cast for, and against a motion, decision or resolution the chairperson is entitled to exercise a casting vote, in addition to the chairperson's deliberative vote.
 - (d) An IWF Commission Member is not under any circumstances permitted to appoint a proxy, attorney or representative to attend the meeting or exercise the powers of the IWF Commission in his stead.
 - (e) Voting shall be conducted by voice or a show of hands, as determined by the chairperson, unless the chairperson decides that the vote will be conducted by way of a secret ballot. The chairperson shall decide the manner in which any secret ballot will be conducted.
- 34.9 Each IWF Commission (apart from each of the Anti-Doping Commission, the Independent Monitoring Group and the Independent Member Federation Sanctioning Panel) must meet not less than two (2) times each year and in any event as often as is necessary for the purpose of the that IWF Commission properly discharging the duties, functions and powers conferred on that IWF Commission.
- 34.10 Minutes of all the proceedings and decisions of every IWF Commission (besides the Ethics and Disciplinary Commission, the Anti-Doping Commission, the Independent Monitoring Group and the Independent Member Federation Sanctioning Panel) shall be made, entered and signed in the same manner, in all respects, as minutes of proceedings of the

Executive Board are required to be made, entered and signed under this Constitution. Those minutes shall be published in accordance with the requirements of **rule 10.1(c)**.

34.11 For the avoidance of doubt:

- (a) Under no circumstances shall any Executive Board Member be appointed to the Ethics and Disciplinary Commission, Independent Monitoring Group, the Anti-Doping Commission or Independent Member Federation Sanctioning Panel.
- (b) Under no circumstances shall any Executive Board Member become an IWF Commission Member, of any of the Ethics and Disciplinary Commission, Independent Monitoring Group, the Anti-Doping Commission or Independent Member Federation Sanctioning Panel, on any ex officio basis connected to that person being an Executive Board Member.
- (c) No more than two (2) Executive Board Members may at any time be appointed to the each of the Development and Education Commission, the Gender Equality Commission, the Legal Commission and the Governance Commission.

34.12 To whatever extent necessary, the elections in respect of any vacancy in any elected position on any IWF Commission may be conducted at the first Congress held after the Effective Date.

35 IWF Committees

35.1 The following IWF Committees are established without limiting the powers of the Executive Board specified at **rule 35.2**:

- (a) The Technical Committee.
- (b) The Coaching and Research Committee.
- (c) The Medical Committee.

35.2 In addition to the IWF Committees established under **rule 35.1**, the Executive Board may by enacting a Policy thereby establish an IWF Committee consisting of such number of Executive Board Members and others, as the Executive Board determines. Further and in relation to all IWF Committees, the Executive Board has the power exercised by a vote of a Two-Thirds Majority vote of Executive Board Members and subject to the ratification of the Congress by Simple Majority on the occasion of the next Congress (and in the absence of that ratification by the Congress, the Executive Board's Policy in question shall be deemed void) to make Policies which mandate the specific criteria of professional, academic and sporting qualifications, admissions and licences required in order for a person to be an IWF Committee Member.

35.3 An IWF Committee established under appointed under **rule 35.2** is advisory only in nature, and that IWF Committee shall have no delegated authority to make decisions which are binding on the Federation or the Executive Board. Further, the Executive Board must ensure that:

- (a) of the persons who are members of the Technical Committee and who are elected or appointed pursuant to **rules 35.4(a)(i) and (ii)**, at least three (3) of those ten (10) people are male, and at least another three (3) are female.
- (b) of the persons who are members of the Coaching and Research Committee and who are elected or appointed pursuant to **rules 35.4(b)(i) and (ii)**, at least three (3) of those ten (10) people are male, and at least another three (3) are female.
- (c) of the persons who are members of the Medical Committee and who are elected or appointed pursuant to **rules 35.4(c)(i) and (ii)**, at least three (3) of those ten (10) people are male, and at least another three (3) are female.

35.4 The IWF Committees established under **rule 35.1** shall be comprised as follows:

(a) **Technical Committee:**

- (i) Seven (7) members elected by the Congress;
- (ii) Three (3) members elected by the Executive Board; and
- (iii) Two (2) members elected by the Athletes Commission (with an equal gender balance achieved), with voice and the right to speak, but with no voting rights; where

each of the persons appointed to the positions referred to at **rules 35.4(a)(i) and (ii)** must (without limiting **rule 35.2**) be at least IWF Category 1 Technical Official who also has at least three (3) years of experience in the Sport in acting as a IWF Category 1 Technical Official.

(b) **Coaching and Research Committee:**

- (i) Seven (7) members elected by the Congress;
- (ii) Three (3) members elected by the Executive Board; and
- (iii) Two (2) members elected by the Athletes Commission (with an equal gender balance achieved), with voice and the right to speak, but with no voting rights; where

each of the persons appointed to the positions referred to at **rules 35.4(b)(i) and (ii)** must (without limiting **rule 35.2**) be at least:

- (i) An international-level coach in the Sport who has participated as a coach at the Olympic Games, the World Championships or any other international-level competition designated by the Executive Board; or
- (ii) A qualified sports scientist with a demonstrated history of research experience in fields related to the Sport.

(c) **Medical Committee:**

- (i) Seven (7) members elected by the Congress;
- (ii) Three (3) members elected by the Executive Board; and
- (iii) Two (2) members elected by the Athletes Commission (with an equal gender balance achieved), with voice and the right to speak, but with no voting rights; where

each of the persons appointed to the positions referred to at **rules 35.4(c)(i) and (ii)** must (without limiting **rule 35.2**) be a qualified medical practitioner, preferably with demonstrated professional experience in the speciality of sports medicine.

35.5 The functions, powers and authorities of each of the IWF Committees is as follows:

- (a) **Technical Committee:** As specified in **Schedule 13** and as determined by the Executive Board from time to time.
- (b) **Coaching and Research Committee:** As specified in **Schedule 13** and as determined by the Executive Board from time to time.
- (c) **Medical Committee:** As specified in **Schedule 13** and as determined by the Executive Board from time to time.

35.6 The members of each IWF Committee are appointed in accordance with the procedures specified in this Constitution, including at **rule 37**.

35.7 The number of appointed members of an IWF Committee whose presence, either in person or through the use of any permitted Technology, at a meeting of an IWF Committee, is necessary to constitute a quorum, is six (6). That quorum must be in attendance at the meeting for the whole of the duration of the meeting.

35.8 Each IWF Committee shall have a chairperson, who is designated as such by the Executive Board, provided that a person cannot serve as the chairperson of an IWF Committee for more than three (3) terms.

35.9 A meeting of an IWF Committee shall be convened by its chairperson, by the chairperson giving reasonable notice to each other IWF Committee Member of that IWF Committee.

35.10 At meetings of an IWF Committee:

- (a) Each IWF Committee Member (apart from those appointed in accordance with **rules 35.4(a)(iii), 35.4(b)(iii) and 35.4(c)(iii)**) is entitled to (1) vote.
- (b) All resolutions of the IWF Committee shall be made by Ordinary Resolution.
- (c) In the event of an equality of votes cast for, and against a motion, decision or resolution the chairperson is entitled to exercise a casting vote, in addition to the President's deliberative vote.

- (d) An IWF Committee Member is not under any circumstances permitted to appoint a proxy, attorney or representative to attend the meeting or exercise the powers of the IWF Committee in his stead.
- (e) Voting shall be conducted by voice or a show of hands, as determined by the chairperson, unless the chairperson decides that the vote will be conducted by way of a secret ballot. The chairperson shall decide the manner in which any secret ballot will be conducted.

35.11 Each IWF Committee must meet as is necessary for the purpose of the that IWF Committee properly discharging the duties, functions and powers conferred on that IWF Committee by this Constitution.

35.12 Minutes of all the proceedings and decisions of every IWF Committee shall be made, entered and signed in the same manner, in all respects, as minutes of proceedings of the Executive Board are required to be made, entered and signed under this Constitution. Those minutes shall be published in accordance with the requirements of **rule 10.1(c)**.

35.13 For the avoidance of doubt, under no circumstances shall more than two (2) Executive Board Members may at any time be appointed to any IWF Committee.

35.14 To whatever extent necessary, the elections in respect of any vacancy in any elected position on any IWF Committee may be conducted at the first Congress held after the Effective Date.

36 Athletes Commission

36.1 The Athletes Commission is established as an IWF Commission.

36.2 The objectives, composition of, and the governance rules of the Athlete Commission are set out in the Athletes Commission Charter which appears at **Schedule 10**.

36.3 Minutes of all the proceedings and decisions of the Athletes Commission shall be made, entered and signed in the same manner, in all respects, as minutes of proceedings of the Executive Board are required to be made, entered and signed under this Constitution. Those minutes shall be published in accordance with the requirements of **rule 10.1(c)**.

37 Eligibility Determination Panel

37.1 Further to the provisions of this Constitution that govern the determination of eligibility of persons to become Executive Board Members, a person cannot be appointed as an IWF Commission Member or an IWF Committee Member unless that person satisfies each of the requirements set out in this **rule 37**.

37.2 A person is disqualified from being eligible to be appointed as an IWF Commission Member or an IWF Committee Member, and if already appointed as an IWF Commission Member or IWF Committee Member then that appointment shall terminate immediately, if any of the following applies to that person:

- (a) If the person is bankrupt, whether under the laws of the Country or Sport Country that the IWF Commission Member or IWF Committee Member is a Citizen of, or anywhere else.
- (b) If the person is determined to be a Mentally Incapacitated Person.
- (c) If the person is an employee, on whatever terms, of the Federation.
- (d) If the person has at any time been convicted of an offence which is punishable by a period of imprisonment of four (4) years or greater, whether or not that person was convicted of that offence by a court or tribunal of competent jurisdiction in the Country or Sport Country of which the person is a Citizen, or by a court or tribunal of any other Country or Sport Country.
- (e) If the person has been charged with, or convicted of any offence relating to or concerning a child or minor.
- (f) If the person is disqualified or is banned from being a director of a corporation or being involved with the management of a corporation, as a result of any decision made by any court, tribunal or authority with competent jurisdiction.
- (g) If the person is serving any period of ineligibility (including any provisional suspension) for any breach of any rules of the Sport or any other sport, including any rules relating to ethics and conduct. The decision must be issued by a competent body and the concerned person shall have the right to appeal to CAS or any court, tribunal or other independent body of the sport jurisdiction.
- (h) If the person has been determined by the CAS, or any court, tribunal or other body with jurisdiction as being guilty of any Anti-Doping Rule Violation, regardless as to whether that Anti-Doping Rule Violation relates to the Sport, and regardless as to whether or not the person has already served the whole of the sanction imposed on the person as a consequence of being found to have committed that Anti-Doping Rule Violation. For the avoidance of doubt, the provisions of this **rule 37.2(h)** shall apply in respect of any Anti-Doping Rule Violation committed by the person in the last twenty-five (25) years, unless it is finally determined by a court or tribunal with competent jurisdiction that this **rule 37.2(h)** is unenforceable under the Applicable Law, in which case:
 - (i) this **rule 37.2(h)** shall be deemed to instead apply to all Anti-Doping Rule Violations committed by the person in the last twenty (20) years, and if that time period is finally determined by a court or tribunal with competent jurisdiction as being unenforceable under the Applicable Law; then
 - (ii) deemed period shall instead be the last fifteen (15) years; and
 - (iii) if the period of fifteen (15) years is finally determined to be unenforceable then the deemed period shall instead be the last ten (10) years.
- (i) If that person has been deprived of their civil rights by a proper application of any applicable law.

- (j) If the person is determined to be not a fit and proper person to be appointed as an IWF Commission Member or an IWF Committee Member (as the circumstances require).
 - (k) If the person is removed from being an IWF Commission Member or IWF Committee Member in accordance with any decision of the Congress or the Executive Board made in accordance with this Constitution.
- 37.3 Any question as to whether or not a person:
- (a) is disqualified from being eligible to be appointed as an IWF Commission Member or an IWF Committee Member; or
 - (b) is to have their appointment as an IWF Commission Member or IWF Committee Member terminated on any of the bases set out in **rule 37.2** except for **rule 37.2(k)**; is,
- to be determined by the Eligibility Determination Panel.
- 37.4 The Eligibility Determination Panel shall be comprised of the five (5) persons appointed pursuant to **rule 34.2(b)(i)** to the Ethics and Disciplinary Commission subject to any delegation by the Ethics and Disciplinary Panel by Unanimous Resolution.
- 37.5 Once a member of the Eligibility Determination Panel is appointed by operation of **rule 37.4**, the person shall remain on the Eligibility Determination Panel for so long as the person remains appointed as a member of the Ethics and Disciplinary Commission (because by operation of **rule 37.4**, the Eligibility Determination Panel is comprised of the persons appointed pursuant to **rule 34.2(b)(i)**).
- 37.6 A person cannot be appointed to the Eligibility Determination Panel if:
- (a) The person does not satisfy the requirements of **rule 37.4**; or
 - (b) The person is deemed as a disqualified person once the provisions of **rule 37.2** are applied to the person.
- 37.7 The duties, powers, functions and responsibilities of the Eligibility Determination Panel are set out in the Eligibility Determination Panel Rules of Procedure which appear at **Schedule 11**. The Eligibility Determination Panel shall undertake its work in accordance with the Eligibility Determination Panel Rules of Procedure.
- 37.8 Any casual vacancy, occurring in any position on any IWF Commission other than the Athletes Commission, Ethics and Disciplinary Commission, Independent Monitoring Group, the Anti-Doping Commission or Independent Member Federation Sanctioning Panel, will be filled by a resolution of the Executive Board.
- 37.9 Any casual vacancy, occurring in any position on any of the Ethics and Disciplinary Commission, Independent Monitoring Group, the Anti-Doping Commission or Independent Member Federation Sanctioning Panel shall be filled by a resolution of the remaining

Constitution and Rules of the International Weightlifting Federation

In force from 31 August 2021

members of that IWF Commission, subject to the eligibility requirements specified in this Constitution.

37.10 Any casual vacancy occurring in any position on the Athletes Commission shall be filled in accordance with the requirements of the Athletes Commission Charter.

37.11 Any casual vacancy, occurring in any position on any IWF Committee, will be filled by a resolution of the Executive Board.

PART F INTEGRITY, DISPUTES AND OTHER MATTERS

38 Integrity Investigations, Adjudications and Determinations

- 38.1 Within thirty (30) days after the Effective Date, the Executive Board must take all necessary steps to appoint an external, independent investigative chamber integrity unit of the Federation (**Independent Investigative Chamber**). The determination as to the appointment of this Independent Investigative Chamber must be ratified by an Ordinary Resolution of the Congress, at the first Congress held after the Effective Date.
- 38.2 Following the appointment of the Independent Investigative Chamber, any decision to change that appointment to a different external, independent investigative chamber integrity unit must be approved by a Special Resolution of the Congress.
- 38.3 The Independent Investigative Chamber appointed by the Federation is to be conferred with unfettered jurisdiction under this Constitution to undertake investigations into integrity matters referred to in **Schedule 1**.
- 38.4 The Independent Investigative Chamber shall appoint an Integrity Officer, to complement the functions of the Independent Investigative Chamber and the Ethics and Disciplinary Commission. The Ethics and Disciplinary Commission is granted full discretion and power to make ED Procedural Rules which govern the powers, functions and duties of the Integrity Officer.
- 38.5 The Ethics and Disciplinary Commission shall for all purposes under this Constitution and its **Schedules** operate as the adjudicative and determinative chamber for all matters in respect of which it acquires jurisdiction.

39 Disputes and Appeals

- 39.1 Subject to any other provisions of this Constitution and any applicable Policy, the Federation may take reasonable steps, either by appointing a mediator or taking any other reasonable steps which are reasonable in the circumstances, to assist in the resolution of a dispute or difference which arises between:
- (a) Two (2) or more Members;
 - (b) One (1) or more Members and a Continental Federation;
 - (c) Two (2) or more Continental Federations; or
 - (d) One (1) or more Members and the Federation.
- 39.2 Further to **rule 39.1**, the Federation may (and all Members and all Continental Federations irrevocably agree that the Federation may), if deemed necessary by the Executive Board, submit that dispute or difference to the Ordinary Arbitration Division of CAS, on the basis that the CAS will arbitrate the dispute or difference in accordance with the CAS Code. Any such submission to the CAS must be made within twenty-one (21) days of the dispute or difference arising, or within twenty-one (21) days after any other steps taken in accordance with **rule 39.1**, to attempt to resolve the dispute, do fail.

40 Audit and Financial Delegation

- 40.1 The Executive Board must, in accordance with **rule 30.2(o)**, take all necessary steps to appoint the Appointed Auditor subject to the confirmation of the appointment by the Congress in accordance with **rule 15.11(f)**, on the basis that the Congress is the final body of the Federation which must approve the appointment of an Appointed Auditor. The Federation must at all times have appointed an Appointed Auditor.
- 40.2 Once appointed by the Executive Board, the Appointed Auditor shall remain in that office until they are replaced.
- 40.3 The Executive Board must immediately and forthwith take all necessary steps to fill any vacancy in the office of the Appointed Auditor, should any vacancy occur for whatever reason.
- 40.4 The Appointed Auditor shall be a practising chartered accountant from a reputable firm, who is independent of the Federation and the Sport.
- 40.5 The role of the Appointed Auditor shall include being responsible for the independent review and audit of:
- (a) the accounts and financial statements of the Federation;
 - (b) all books and records of the Federation;
 - (c) the notes thereto;
 - (d) the Executive Board Members' declarations about the accounts, financial statements books and records and the notes thereto;
 - (e) all bank accounts; loan accounts and all financial facilities in the name of the Federation or operated by or for the direct or indirect benefit of the Federation; and
 - (f) anything else determined by the Appointed Auditor in their absolute and unfettered discretion.
- 40.6 After the end of each financial year, the Appointed Auditor will be required to report to the Members as to whether the auditor is of the opinion that the accounts, financial statements books and records of the Federation and the notes thereto are true and accurate, and whether those documents and the information therein do in the opinion of the Appointed Auditor present a true and fair view of the position of the Federation. That report will be appointed to the first Congress held in each year, in accordance with the requirements of **rule 15**.
- 40.7 The Executive Board shall:
- (a) Cause proper accounts and other records to be kept and audited by the Appointed Auditor.

- (b) Send copies of the audited financial reports to the Members within twenty-eight (28) days of the receipt of the audited financial reports for any financial year, and also publish those audited financial reports on the Website.
- (c) Comply with any other requirement of the Appointed Auditor that is communicated within the scope of the Appointed Auditor's role, described at **rule 40.5**.

40.8 The Executive Board may make Policies in relation to the delegation of signing authority on behalf of the Federation; the incurrence of a financial obligation or expense on behalf of the Federation; and the awarding of, or entering into a contract by the Federation, provided that any such Policy must comply with the following requirements:

- (a) In no circumstances shall any person employed by the Federation, other than the Chief Executive Officer, be delegated any such authority in relation to any transaction where the amount or value concerned is CHF 5,001 or greater.
- (b) In no circumstances shall any person employed by the Federation, including the Chief Executive Officer, be delegated any such authority in relation to any transaction where the amount or value concerned is CHF 250,001 or greater.
- (c) In relation to any transaction where the amount or value concerned is CHF 250,001 or greater, the sole and exclusive authority rests with the Executive Board, which may act through any two (2) Executive Board Members as joint signatories.
- (d) Any receipt by the Federation of any amount of CHF 5,001 or more, which is received otherwise than by electronic transfer or negotiable instrument, must be received and receipted by the Federation by the signatory of the Chief Executive Officer and the President, and one other Executive Board Member.

41 Minutes

41.1 Where this Constitution requires that minutes be kept of any meeting or of any other proceeding, those minutes shall include at least the following in respect of that meeting or other proceeding:

- (a) The date, time and place of the meeting or other proceeding.
- (b) Whether the meeting was convened in whole or in part with the use of Technology, and if so then a description of the Technology used.
- (c) The names of the each of the people present, and the capacity in which that person was present.
- (d) The name of the person who acted as the chairperson of the meeting or other proceeding.
- (e) Whether or not a quorum was formed.

- (f) A record of the business transacted and considered at the meeting or other proceeding.
- (g) A record of each motion, resolution and decision voted on at the meeting or other proceeding, and a record of whether the vote was in favour of or against that motion, resolution or decision.
- (h) Any other information as determined by the chairperson of the meeting or other proceeding.

42 Amendments to the Constitution

- 42.1 This Constitution cannot be amended, modified, repealed or replaced except as permitted by this **rule 42**.
- 42.2 This Constitution may be amended, modified, repealed or replaced by Special Resolution of the Congress, on a motion that is put to the Congress in accordance with this **rule 42**, provided always that a quorum of at least seventy-five (75) percent (%) of the Full Members must be present at the Congress at which any such motion to amend, modify, repeal or replace the Constitution is moved and voted on.
- 42.3 A notice of a proposal to amend, modify, repeal or replace this Constitution may be put forward by any Full Member or the Executive Board. In each case, notice of the proposal must be given to the Chief Executive Officer no later than:
- (a) Four (4) months prior to any scheduled Ordinary Congress, in any case where the proposal will be considered by that Ordinary Congress;
 - (b) The same date that a request for a Special Congress is made in accordance with **rule 15.6**, in any case where the proposal will be considered by that Special Congress.
- 42.4 A notice of a proposal to amend, modify, repeal or replace this Constitution must include all necessary information, details, particulars and text so that the Congress which considers the proposal is able to precisely understand the nature and details of the proposed amendments, modifications, repeals and replacements, as the circumstances require.
- 42.5 Amendments to this Constitution may be made by the Chief Executive Officer for typographical or clerical errors or for reasons of grammar or clarification, where those amendments arise from resolutions of Congress to amend, modify, repeal or replace the Constitution, provided there is no material change to the intent of the decisions of Congress.

43 Jurisdiction of the CAS

- 43.1 A final determination, decision or adjudication by the Federation is, unless otherwise specified in this Constitution and any applicable Policy, appealable exclusively to the Appeals Arbitration Division of the CAS. Any matter so appealed to CAS will be conclusively resolved by the CAS in accordance with the CAS Code.

- 43.2 Unless otherwise ordered by the CAS on an interlocutory basis, the effect of appealing to CAS pursuant to **rule 43.1** is not to stay the determination, decision or adjudication of which is the subject of the appeal. Rather, that determination, decision or adjudication shall remain in full force and effect pending the final outcome of the CAS proceedings.
- 43.3 Any such proceedings before the CAS shall be governed by this Constitution and any applicable Policy, and by Swiss law.
- 43.4 Any such proceedings before CAS shall be conducted exclusively in English.
- 43.5 Any decision by CAS in any such proceedings is final and binding on the parties, and cannot be further appealed or challenged in any forum on any grounds unless otherwise expressly permitted under Swiss law.

44 General

- 44.1 (**financial year**) The financial year of the Federation shall commence on 1 January and end on the next 31 December in each year.
- 44.2 (**notices**):
- (a) Any National Federation Member who has not notified the Federation in writing of its registered office address, facsimile number and an electronic mail address at or to which all notices and documents of the Federation may be served or sent, shall not be entitled to receive any notice.
 - (b) A notice may be given by the Federation to any National Federation Member by:
 - (i) Serving it on the National Federation Member personally;
 - (ii) Sending it by registered mail to the National Federation Member, at the registered office address last notified by the National Federation Member to the Federation;
 - (iii) Leaving it at the National Federation Member's registered office address last notified by the National Federation Member to the Federation;
 - (iv) Transmitting the notice via facsimile to the facsimile number of the National Federation Member last notified by the National Federation Member to the Federation.
 - (v) Transmitting the notice via email to the email address of the National Federation Member last notified by the National Federation Member to the Federation.
 - (c) Where a notice is sent by mail, service of the notice shall be taken to be effected by properly addressing, prepaying and posting a letter containing the notice and to have been effected. Notice sent by mail will be taken to be effected seven (7) days after the notice is sent.

- (d) Notice given in accordance with **rule 44.2(b)(i)** or **rule 44.2(b)(iii)** shall be taken to be given immediately.
 - (e) Where a notice is given in accordance with **rule 44.2(iv)** or **rule 44.2(v)**, service of the notice shall be taken to be effected by properly addressing and sending or transmitting the notice. Notice sent by either method will be taken to be effected at 12:00pm midday on the next day after the notice is sent.
- 44.3 (**application of income and funds**): The income and property of the Federation shall be applied solely towards the promotion and fulfilment of the Objectives.
- 44.4 (**ownership of rights and properties**) the Federation is:
- (a) The sole and exclusive owner of all rights, property, titles and interests in and in relation to the World Championships, including all Media Rights and all Intellectual Property.
 - (b) The sole and exclusive owner of the Weightlifting Properties.
 - (c) The sole and exclusive keeper of all world records and all other records in relation to excellence and achievement in the Sport.
- 44.5 (**dissolution**) In relation to any proposal to dissolve the Federation:
- (a) The Federation may be voluntarily dissolved only at a Special Congress meeting convened for that purpose and approved by a Special Resolution.
 - (b) In any event of dissolution, the Congress shall appoint one (1) or more liquidators who shall discharge all debts and liabilities incurred on behalf of the Federation. The remaining assets, if any, shall be donated to a body for the ongoing promotion and development of the Sport, such body which must be identified and selected by a Special Resolution of the Full Members.
 - (c) If upon the winding up or dissolution of the Federation there remains after the satisfaction of all its debts and liabilities any property whatsoever the same shall not be paid to or distributed amongst the Members of the Federation or any of the Members, but shall instead be given or transferred to an organisation or institution having objects similar to the Objectives of the Federation for the promotion of the Sport, and whose constitution prohibits the distribution of its income and property among its members to an extent at least as great as is imposed on the Federation under this Constitution. That organisation or institution shall be determined by the Full Members by a Special Resolution passed at a Congress, and failing that determination by a determination of a judge of such a court that has or acquires jurisdiction under Swiss law.
 - (d) No National Federation Member can be allocated or receive any part of the property of the Federation other than repayment or restitution of any property or funds paid to or provided by the National Federation Member to the Federation (excluding Membership Fees or other payments owed to the Federation in the form of fines, penalties and sanctions).

Appendix A

Emblem of the International Weightlifting Federation



Appendix B

National Federations at the Effective Date

Africa

ALGERIA (ALG)	Full Member
BURUNDI (BDI)	Provisional Member
BOTSWANA (BOT)	Full Member
CONGO (CGO)	Full Member
CAMEROON (CMR)	Full Member
DEMOCRATIC REPUBLIC OF THE CONGO (COD)	Full Member
COMOROS (COM)	Full Member
CAPE VERDE (CPV)	Provisional Member
EGYPT (EGY)	Full Member
ESWATINI (SWZ)	Full Member
ETHIOPIA (ETH)	Full Member
GAMBIA (GAM)	Full Member
EQUATORIAL GUINEA (GEQ)	Provisional Member
GHANA (GHA)	Full Member
GUINEA (GUI)	Full Member
KENYA (KEN)	Full Member
LIBYA (LBA)	Full Member
LIBERIA (LBR)	Full Member
LESOTHO (LES)	Full Member
MADAGASCAR (MAD)	Full Member
MOROCCO (MAR)	Full Member
MALAWI (MAW)	Full Member
MALI (MLI)	Full Member
MAURITIUS (MRI)	Full Member
MAURITANIA (MTN)	Full Member
NIGERIA (NGR)	Full Member
SOUTH AFRICA (RSA)	Full Member
RWANDA (RWA)	Provisional Member
SENEGAL (SEN)	Full Member
SEYCHELLES (SEY)	Full Member
SIERRA LEONE (SLE)	Full Member
SOMALIA (SOM)	Full Member
SUDAN (SUD)	Full Member
UNITED REPUBLIC OF TANZANIA (TAN)	Full Member
TUNISIA (TUN)	Full Member
UGANDA (UGA)	Full Member
ZAMBIA (ZAM)	Full Member
ZANZIBAR (ZAN)	Full Member
ZIMBABWE (ZIM)	Full Member

Asia

AFGHANISTAN (AFG)	Full Member
BANGLADESH (BAN)	Full Member
BHUTAN (BHU)	Full Member
BAHRAIN (BRN)	Full Member
BRUNEI DARUSSALAM (BRU)	Full Member
CAMBODIA (CAM)	Full Member
PEOPLE'S REPUBLIC OF CHINA (CHN)	Full Member
HONG KONG, CHINA (HKG)	Full Member
INDONESIA (INA)	Full Member
INDIA (IND)	Full Member
ISLAMIC REPUBLIC OF IRAN (IRI)	Full Member
IRAQ (IRQ)	Full Member
JORDAN (JOR)	Full Member
JAPAN (JPN)	Full Member
KAZAKHSTAN (KAZ)	Full Member
KYRGYZSTAN (KGZ)	Full Member
REPUBLIC OF KOREA (KOR)	Full Member
SAUDI ARABIA (KSA)	Full Member
KUWAIT (KUW)	Full Member
LAO PEOPLE'S DEMOCRATIC REPUBLIC (LAO)	Full Member
LEBANON (LBN)	Full Member
MACAU, CHINA (MAC)	Full Member
MALAYSIA (MAS)	Full Member
MALDIVES (MDV)	Full Member
MONGOLIA (MGL)	Full Member
MYANMAR (MYA)	Full Member
NEPAL (NEP)	Full Member
OMAN (OMA)	Full Member
PAKISTAN (PAK)	Full Member
PHILIPPINES (PHI)	Full Member
PALESTINE (PLE)	Full Member
DEMOCRATIC PEOPLE'S REPUBLIC OF KOREA (PRK)	Full Member
QATAR (QAT)	Full Member
SINGAPORE (SGP)	Full Member
SRI LANKA (SRI)	Full Member
SYRIAN ARAB REPUBLIC (SYR)	Full Member
THAILAND (THA)	Full Member
TAJIKISTAN (TJK)	Full Member
TURKMENISTAN (TKM)	Full Member
DEMOCRATIC REPUBLIC OF TIMOR-LESTE (TLS)	Full Member
CHINESE TAIPEI (TPE)	Full Member
UNITED ARAB EMIRATES (UAE)	Full Member
UZBEKISTAN (UZB)	Full Member
VIETNAM (VIE)	Full Member
YEMEN (YEM)	Full Member

Europe

ALBANIA (ALB)	Full Member
ARMENIA (ARM)	Full Member
AUSTRIA (AUT)	Full Member
AZERBAIJAN (AZE)	Full Member
BELGIUM (BEL)	Full Member
BOSNIA AND HERZEGOVINA (BIH)	Full Member
BELARUS (BLR)	Full Member
BULGARIA (BUL)	Full Member
CROATIA (CRO)	Full Member
CYPRUS (CYP)	Full Member
CZECH REPUBLIC (CZE)	Full Member
DENMARK (DEN)	Full Member
SPAIN (ESP)	Full Member
ESTONIA (EST)	Full Member
FINLAND (FIN)	Full Member
FRANCE (FRA)	Full Member
GREAT BRITAIN (GBR)	Full Member
GEORGIA (GEO)	Full Member
GERMANY (GER)	Full Member
GREECE (GRE)	Full Member
HUNGARY (HUN)	Full Member
IRELAND (IRL)	Full Member
ICELAND (ISL)	Full Member
ISRAEL (ISR)	Full Member
ITALY (ITA)	Full Member
KOSOVO (KOS)	Full Member
LATVIA (LAT)	Full Member
LITHUANIA (LTU)	Full Member
LUXEMBOURG (LUX)	Full Member
REPUBLIC OF MOLDOVA (MDA)	Full Member
MALTA (MLT)	Full Member
MONACO (MON)	Full Member
NETHERLANDS (NED)	Full Member
NORTHERN IRELAND (NIR)	Associate Member
NORWAY (NOR)	Full Member
POLAND (POL)	Full Member
PORTUGAL (POR)	Full Member
ROMANIA (ROU)	Full Member
RUSSIAN FEDERATION (RUS)	Full Member
SCOTLAND (SCO)	Associate Member
SLOVENIA (SLO)	Full Member
SAN MARINO (SMR)	Full Member
SERBIA (SRB)	Full Member
SWITZERLAND (SUI)	Full Member
SLOVAKIA (SVK)	Full Member
SWEDEN (SWE)	Full Member
TURKEY (TUR)	Full Member
UKRAINE (UKR)	Full Member

WALES (WAL) Associate Member

Oceania

AMERICAN SAMOA (ASA) Full Member
AUSTRALIA (AUS) Full Member
COOK ISLANDS (COK) Full Member
FIJI (FIJ) Full Member
FEDERATED STATES OF MICRONESIA (FSM) Full Member
GUAM (GUM) Full Member
KIRIBATI (KIR) Full Member
MARSHALL ISLANDS (MHL) Full Member
NEW CALEDONIA (NCL) Associate Member
NIUE (NIU) Full Member
NORTHERN MARIANAS (NMI) Full Member
NORFOLK ISLANDS (NRF) Full Member
NAURU (NRU) Full Member
NEW ZEALAND (NZL) Full Member
PALAU (PLW) Full Member
PAPUA NEW GUINEA (PNG) Full Member
SAMOA (SAM) Full Member
SOLOMON ISLANDS (SOL) Full Member
TAHITI (TAH) Associate Member
TONGA (TGA) Full Member
TUVALU (TUV) Full Member
VANUATU (VAN) Full Member
WALLIS AND FUTUNA (WLF) Associate Member

Pan America

ANTIGUA AND BARBUDA (ANT) Full Member
ARGENTINA (ARG) Full Member
ARUBA (ARU) Full Member
BAHAMAS (BAH) Full Member
BARBADOS (BAR) Full Member
BELIZE (BIZ) Full Member
BOLIVIA (BOL) Full Member
BRAZIL (BRA) Full Member
CANADA (CAN) Full Member
CAYMAN ISLANDS (CAY) Full Member
CHILE (CHI) Full Member
COLOMBIA (COL) Full Member
COSTA RICA (CRC) Full Member
CUBA (CUB) Full Member
CURACAO (CUR) Full Member
DOMINICAN REPUBLIC (DOM) Full Member
ECUADOR (ECU) Full Member
EL SALVADOR (ESA) Full Member
GUATEMALA (GUA) Full Member
GUYANA (GUY) Full Member

Constitution and Rules of the International Weightlifting Federation

In force from 31 August 2021

HAITI (HAI)	Full Member
HONDURAS (HON)	Full Member
U.S. VIRGIN ISLANDS (ISV)	Full Member
JAMAICA (JAM)	Full Member
MEXICO (MEX)	Full Member
NICARAGUA (NCA)	Full Member
PANAMA (PAN)	Full Member
PARAGUAY (PAR)	Full Member
PERU (PER)	Full Member
PUERTO RICO (PUR)	Full Member
SURINAME (SUR)	Full Member
TURKS & CAICOS ISLANDS (TCA)	Associate Member
TRINIDAD AND TOBAGO (TTO)	Full Member
URUGUAY (URU)	Full Member
UNITED STATES OF AMERICA (USA)	Full Member
VENEZUELA (VEN)	Full Member
ST. VINCENT AND THE GRENADINES (VIN)	Full Member

Continental Federations at the Effective Date

1. Weightlifting Federation of Africa
2. Asian Weightlifting Federation
3. European Weightlifting Federation
4. Oceania Weightlifting Federation
5. Pan-American Weightlifting Federation

Regional Federations at the Effective Date

1. Arabic Weightlifting Federation
2. Central American Weightlifting Federation
3. Central Asian Weightlifting Federation
4. Commonwealth Weightlifting Federation
5. East and Central Africa Weightlifting Federation
6. European Small Nations Weightlifting Federation
7. European Union Weightlifting Federation
8. Francophone Weightlifting Federation
9. Ibero American Weightlifting Federation

Constitution and Rules of the International Weightlifting Federation

In force from 31 August 2021

10. Mediterranean Weightlifting Federation
11. Nordic Weightlifting Federation
12. River Sava Weightlifting Federation
13. South American Weightlifting Federation
14. South East Asian Weightlifting Federation
15. West Asian Weightlifting Federation

Appendix C

Notice of Appointment of Representative

[date]

To: **The Executive Board**
International Weightlifting Federation
[address]
[address]
[address]
[facsimile number]
[email address for service of notice]

[NAME OF MEMBER] hereby appoints [NAME OF REPRESENTATIVE] of [ADDRESS OF REPRESENTATIVE] as its Representative at each Congress of the International Weightlifting Federation that is convened from the date which is seven (7) days after the date that this Notice of Appointment is delivered to the International Weightlifting Federation, until the date that this Notice of appointment is revoked or replaced by the [NAME OF MEMBER].

Signed:

Countersigned:

Dated:

Dated:

Affix seal of National Federation Member:

Schedule 1

Ethics and Disciplinary Code

A Introduction

1. This Ethics and Disciplinary Code is to be read in conjunction with the EDC Procedural Rules. This Ethics and Disciplinary Code and the EDC Procedural Rules are together referenced as the **EDC Rules**.

B Applicability of the EDC Rules

2. The EDC Rules shall apply to:
 - (a) all National Federation Members, Continental Federations and Regional Federations;
 - (b) The board members, directors, officials, employees and agents of National Federation Members; officers and employees of the Federation; Executive Board Members; IWF Commission Members; IWF Committee Members; IWF staff and candidates to these positions (collectively referred to herein this Ethics and Disciplinary Code as **Officials**);
 - (c) Athletes involved in IWF competitions;
 - (d) Coaches, trainers and other athlete support personnel involved in IWF competitions;
 - (e) Referees, judges and officials involved in IWF competitions;
 - (f) Former officials, coaches, athletes, judges, referees, trainers, and athlete support personnel previously involved in IWF competitions;
 - (g) IWF stakeholders; and
 - (h) Any other person or organisation who agrees to be so bound, or at any time becomes so bound on or after the Effective Date, including but not limited to consultants and contractually-connected persons and organisations representing or serving the Federation.
3. The EDC Rules are effective upon their entry into force; the EDC Procedural Rules apply to any procedures initiated after their entry into force.
4. The Ethics and Disciplinary Commission's jurisdiction is anchored in the IWF's Constitution; the Ethics and Disciplinary Commission shall have the authority to adjudicate and determine measures and sanctions in case of any violation of the EDC Rules but also of any other provisions referred to it under the IWF Constitution. The Ethics and Disciplinary Commission shall not have jurisdiction over doping-related matters arising under the Anti-Doping Rules.

5. The Ethics and Disciplinary Code shall apply to infringements that have occurred upon its entry into force but also prior to its entry into force, if the alleged breach constituted a punishable act or omission under the any disciplinary by-laws at the time of the alleged infringement and if those provisions are more favorable to the perpetrator of the facts. Otherwise, the version of the ethics or disciplinary rules in force at the time of the infringement shall apply.
6. The application and enforceability of this Ethics and Disciplinary Code shall not be limited or affected simply because a person or organisation bound by it is also bound by other rules or policies relating to ethics and ethical and proper conduct.
7. The EDC Rules govern every subject to which the text or the meaning of its provisions refers. The applicable law in case of lacunae in this Ethics and Disciplinary Code is Swiss law along with the general principles of law.
8. The EDC Procedural Rules shall be amended by the Executive Board in accordance with **rule 34.3** upon proposal or consent of the Ethics and Disciplinary Commission. The amendments will then come into effect on the date specified by the Executive Board and as recommended by the Ethics and Disciplinary Commission. The Ethics and Disciplinary Code, which also forms integral part of the IWF's Constitution, can only be amended as provided in the IWF Constitution.
9. In case of conflict between the EDC Procedural Rules and the IWF Constitution, the EDC Procedural Rules shall prevail. In case of conflict between the Ethics and Disciplinary Code and the IWF Constitution, the IWF Constitution shall prevail.

C IWF Ethics and Disciplinary Code

Goals of the Ethics and Disciplinary Code

10. The Ethics and Disciplinary Code aims at safeguarding the integrity of weightlifting at an international level and defines the core values for conduct both within the IWF but also with external parties. It does so by implementing the Governance Principles of:
 - (a) Democracy;
 - (b) Transparency;
 - (c) Accountability;
 - (d) Fair play;
 - (e) Sportsmanship; and
 - (f) Clean sport.

General Obligations of Good Conduct and Ethics

11. Any person or organisation bound by the EDC Rules has a personal duty and responsibility to ensure that they do take all necessary steps to understand and comply with the provisions of the Ethics and Disciplinary Code that apply to the person or organisation.

12. Any person or organisation bound by this Ethics and Disciplinary Code will violate or breach the Ethics and Disciplinary Code in any of the following circumstances:
- (a) If the person or organisation fails to comply with an applicable provision of the Ethics and Disciplinary Code or fails to cooperate truthfully and in good faith with the EDC at all times and regardless of whether they have been involved in a particular matter in any role;
 - (b) If the person or organisation assists or is complicit with any other person in relation to a breach of the Ethics and Disciplinary Code; or
 - (c) if the person or organisation conceals or intentionally fails to report a breach or violation of the Ethics and Disciplinary Code by any other person or organisation bound by the Ethics and Disciplinary Code.
13. Any person or organisation bound by this Ethics and Disciplinary Code of Ethics must at all times:
- (a) comply with all applicable rules, including – but not limited to - the Governance Principles and the fundamental principles of Olympism;
 - (b) act in accordance with the highest standards of integrity and honesty;
 - (c) not engage in any conduct which is detrimental to, brings into disrepute or is materially inconsistent with the best interests or welfare of the Federation, the Sport, the Olympic Movement, the members of the Federation as a collective or the person or organisation concerned; and
 - (d) not engage in any conduct which amounts to harassment or discrimination of any kind against any person.

Specific Obligations of Good Conduct and Ethics

14. **Duty of confidentiality:** Confidential information received by any person or organisation bound by this Ethics and Disciplinary Code – and particularly an Official – in the exercise of his functions remains the property of the Federation and shall not be disclosed unless explicitly permitted by the Executive Board or such information violates principles of the IWF Constitution and the EDC Rules. In the latter case, such information should be disclosed through the established channels under the EDC Rules. Such obligation is not terminated with the termination of any relationship that binds such a person or organisation to this Ethics and Disciplinary Code.
15. **Duty to report breaches of the Ethics and Disciplinary Code:** A person or organisation bound by this Ethics and Disciplinary Code – and particularly an Official – shall inform, in writing, the IWF EDC Secretariat of any infringements of the Ethics and Disciplinary Code as soon as they become aware of them.
16. **False reporting of breaches of the Ethics and Disciplinary Code:** Persons and organisations bound by the Ethics and Disciplinary Code shall not make any report of actual or suspected breaches under the Ethics and Disciplinary Code where (a) the report is knowingly false or knowingly incorrect; or (b) the person or organisation impersonates any other person or organisation in the making of the report.

17. **Conflicts of interests:** Officials shall not perform their duties in case of an existing or potential conflict of interest. A conflict of interest arises if a person bound by the Ethics and Disciplinary Code has, or appears to have, secondary interests that could influence his ability to perform his duties in an independent manner. Secondary interests include, but are not limited to, gaining any advantage for the persons bound by this Code themselves or other, related parties. Conflicts of interest shall be immediately disclosed and notified to the organisation for which the person bound by the Ethics and Disciplinary Code performs his duties.

Before being elected, appointed or employed, all Officials shall disclose any relations and interests that could lead to situations of conflicts of interest in the context of their prospective activities. They must use due care and diligence in fulfilling their functions of office.

18. **Undue commission:** Persons and organisations bound by the Ethics and Disciplinary Code shall not accept, give, offer, promise, receive, or request commission for themselves or third parties for conducting business in connection with their duties, unless so covered by a valid and legal commercial agreement.
19. **Abuse of position:** Persons and organisations bound by the Ethics and Disciplinary Code shall not abuse their position in any way, especially to take advantage of their position for private aims or gains. Officials bound by the Ethics and Disciplinary Code shall never attempt to improperly influence the outcome of any official decision.
20. **Public statements of a defamatory nature:** Persons and organisations bound by the Ethics and Disciplinary Code are forbidden from making any public statements of a defamatory nature towards the Federation and/or towards any other person or Organisation bound by the Ethics and Disciplinary Code in the context of IWF events. Officials bound by the Ethics and Disciplinary Code shall refrain from making any public statement (including in the media or social media) in respect or in connection with the Federation, its Members, the Sport, the Olympic Movement any Athlete or official of the Federation without the express permission of the President or the Executive Board.
21. **Threats, harassment and sexual abuse:** Threats, the promise of advantages, coercion and all forms of sexual abuse, harassment and exploitation are prohibited. Persons and organisations bound by the Ethics and Disciplinary Code (a) shall protect, respect and safeguard the integrity and personal dignity of others; (b) shall not use offensive gestures and language in order to insult someone in any way or to incite others to hatred or violence; (c) must refrain from all forms of physical or mental abuse, all forms of harassment, and all other hostile acts intended to isolate, ostracise or harm the dignity of a person.
22. **Acceptance and offering of an undue advantage:** Persons and organisations bound by the Ethics and Disciplinary Code shall not accept, give, offer, promise, receive, request or solicit any personal or undue pecuniary or other advantage in order to obtain or retain business or any other improper advantage to or from anyone within or outside the Federation. It is immaterial whether these offences were committed directly or indirectly through, or in conjunction with, third parties. In particular, persons bound by the Ethics and Disciplinary Code shall not accept, give, offer, promise, receive, request or solicit any personal or undue pecuniary or other advantage for the execution or omission of an act that is related to their official activities and is contrary to their duties or falls within their discretion.

23. **Misappropriation or misuse of funds:** Persons and organisations bound by the Ethics and Disciplinary Code – and particularly Officials - shall not misappropriate or misuse funds of the Federation or any of its Members, whether directly or indirectly through, or in conjunction with, third parties. Persons bound by the Ethics and Disciplinary Code shall refrain from any activity or behaviour that might give rise to the appearance or suspicion of a breach of this article.
24. **Manipulation of competitions:** Persons and organisations bound by the Ethics and Disciplinary Code shall not be involved in the manipulation of competitions, and shall immediately report to the IWF Ethics and Disciplinary Commission Secretariat any approach in connection with activities and/ or information directly or indirectly related to the possible manipulation of a competition.

Measures and Sanctions

25. After determining that a violation of the Ethics and Disciplinary Code has been established, and except where a sanction is expressly provided for, the IWF Ethics and Disciplinary Commission Secretariat may impose any of the following measures and sanctions or a combination of several such measures and sanctions:
- (a) Reprimand;
 - (b) Suspension;
 - (c) Temporary or permanent ineligibility;
 - (d) Disqualification;
 - (e) Withdrawal from the IWF Development Program;
 - (f) Imposition of financial sanctions, including fines;
 - (g) Exclusion from the competition; and/or
 - (h) Expulsion from the IWF and from any of its bodies.
26. Violation of the *General Obligations of Good Conduct and Ethics* (and unless such violation falls also within the *Specific Obligations of Good Conduct and Ethics* herein) shall in principle be sanctioned with a fine to be determined by the Ethics and Disciplinary Commission as well as a ban on taking part in any activity related to the sport of weightlifting for a maximum of two (2) years.
27. Unless otherwise provided below, violations of the *Specific Obligations of Good Conduct and Ethics* shall in principle be sanctioned with an appropriate fine to be determined by the Ethics and Disciplinary Commission as well as a ban on taking part in any activity related to the sport of weightlifting for a minimum of two (2) years.
28. In cases of sexual exploitation or abuse, a ban on taking part in any activity related to the sport of weightlifting may be pronounced for a minimum of ten (10) years.

29. In case of acceptance / offering of an undue advantage, misappropriation or misuse of funds and manipulation of competitions, a ban on taking part in any activity related to the sport of weightlifting may be pronounced for a minimum of five (5) years and any amount unduly received shall be included in the calculation of the fine to be determined by the Ethics and Disciplinary Commission.
30. Any person or organisation bound by this Ethics and Disciplinary Code who is suspended or declared ineligible following an Ethics and Disciplinary Commission decision shall automatically be considered suspended by all Continental Federations and National Federation Members of the IWF.

Rules Relating to Sanctions and their Determination

31. Unless otherwise provided in the IWF Constitution and the Ethics and Disciplinary Code, the IWF Ethics and Disciplinary Commission shall decide the scope and duration of any sanction.
32. The Ethics and Disciplinary Commission can decide, upon request by the relevant party, to suspend the sanction, for a probationary period from one (1) to five (5) years. In case of a new breach by such party within the probationary period, such period shall be automatically revoked and the original suspension will be added to the sanction imposed for the new breach.
33. When imposing a sanction, the IWF Ethics and Disciplinary Commission shall take into account all relevant factors in the case, including:
 - (a) the nature of the offence and all the surrounding circumstances;
 - (b) the interest in deterring similar offence; and
 - (c) the degree of the offender's fault and any mitigation grounds.
34. In case of mitigating circumstances, including - in particular - the return of the advantage received or the offender's substantial assistance to the Ethics and Disciplinary Commission in uncovering additional offences, the latter may go below the minimum sanction, if deemed appropriate taking into account all circumstances of the case.
35. Repeated offenses or the fact that a person holds a high position in the sport of weightlifting shall be considered aggravating circumstances, allowing the IWF Ethics and Disciplinary Commission to go beyond the maximum limit provided for a violation of the relevant rules foreseen in the Ethics and Disciplinary Code.
36. In case of multiple breaches, the non-monetary sanction shall be based on the most serious breach, and will be increased as appropriate, depending on the specific circumstances.
37. The prescription time for breaches of the Ethics and Disciplinary Code shall be five (5) years. For offences relating to bribery and corruption, misappropriation and misuse of funds, sexual abuse and protection of physical and mental integrity, the prescription time will be ten (10) years.

38. The limitation period shall be interrupted in case of a criminal procedure opened against a person bound by the Ethics and Disciplinary Code and shall be extended by half if an investigation has been initiated before the expiration of the limitation period.

D Reporting

39. The EDC Procedural Rules apply with respect to making reports regarding any actual or suspected breach or violation of any of the provisions of **Parts B and C** of this Ethics and Disciplinary Code.

Schedule 2

Member in Good Standing Criteria

For the purpose of interpreting the Constitution and further to the definition of the term set out at **rule 2**, a National Federation Member fails to be a Member in Good Standing in any event where any of the following applies to the National Federation Member:

1. If the National Federation Member has failed to properly comply with a Default Notice in accordance with **rule 11**.
2. If the National Federation Member has resigned or withdrawn its Membership in accordance with **rule 12** or otherwise.
3. If any Ordinary Resolution is passed by the Executive Board in relation to the National Federation Member, in accordance with **rule 13.1**.
4. If the National Federation Member is provisionally suspended or suspended from Membership.
5. If **rule 14** applies at any time to the National Federation Member.

Schedule 3

RULES OF CONGRESS

A General

1. Subject to the overriding provisions of the Constitution, these Rules of Congress contain the rules which will apply in relation to meetings of the Congress, including each Ordinary Congress; each Electoral Congress; and each Special Congress.
2. Defined terms used in these Rules of Congress have the same meanings given in the Constitution where that term is defined in the Constitution.

B Representatives

3. A National Federation Member may not be represented at any Congress by any person except for a Representative appointed in accordance with the Constitution.
4. A Representative of a National Federation Member may only exercise the rights and privileges afforded to that National Federation Member under the Constitution.

C Observers and other attendees

5. The chairperson of each IWF Commission shall be entitled to attend each Congress as an observer.
6. The chairperson of each IWF Committee shall be entitled to attend each Congress as an observer.
7. Each Executive Board Member shall be entitled to attend each Congress as an observer.
8. The Appointed Auditor and the appointed representatives of the Appointed Auditor shall be entitled to attend each Congress, and the Appointed Auditor or their representative shall be entitled to speak at the Congress.
9. The Chief Executive Officer shall be entitled to attend each Congress as an observer.
10. A candidate who is nominated in an election to be conducted at or in connection with an Electoral Congress shall be entitled to attend that Congress as an observer in any event where that person is not otherwise already permitted to attend the Congress.
11. The President or other chairperson of the Congress may authorise other persons to attend the Congress as observers, subject to ensuring that any such person undertakes to comply with, and conduct themselves in accordance with the requirements of these Rules of Congress.
12. A person who is permitted to attend a Congress as an observer:
 - (a) Has no right to speak at the Congress unless permitted by these Rules of Congress or unless otherwise allowed by the President or other chairperson of the Congress.

- (b) Has no voting rights on any motion, at any election or in respect of any item of business.

D Transparency

13. Unless otherwise specified in the Constitution or determined in accordance with these Rules of Congress by the Congress, the proceedings of a Congress are not to be held in-camera or in any other way which conceals or keeps secret the proceedings of the Congress.
14. The Congress may by Special Resolution decide that a Congress or any part of a Congress be held either in-camera or “behind closed doors”, but only where the business to be transacted at the Congress is sensitive or confidential in nature, or where the best interests of the Federation as a whole.

E Agenda

15. The agenda for each Congress is to be determined in accordance with **rule 15.11** (for an Ordinary Congress) and **rule 15.12** (for an Electoral Congress and a Special Congress) of the Constitution.

F Quorum

16. No business at a Congress shall be transacted unless a quorum is formed at the start of the Congress, and unless a quorum is then present at the Congress at all times from the commencement of the Congress until the end of the Congress.
17. A quorum for an Ordinary Congress shall be the presence at the Congress, by any means permitted by **rule 15.26** of the Constitution, of at least fifty (50) percent (%) plus one (1) more of the Full Members, each represented by at least one (1) Representative.
18. A quorum for an Electoral Congress shall be the presence at the Congress, by any means permitted by **rule 15.26** of the Constitution, of at least fifty (50) percent (%) plus one (1) more of the Full Members, each represented by at least one (1) Representative.
19. Except in the case of any resolution to amend, modify, repeal or replace the Constitution, a quorum for a Special Congress shall be the presence at the Congress, by any means permitted by **rule 15.26** of the Constitution, of at least ten (10) Full Members, each represented by at least one (1) Representative.
20. In any case where a resolution to amend, modify, repeal or replace the Constitution is before the Congress, that resolution is incapable of being voted on unless a quorum required by **rule 42.2** of the Constitution is formed and remains for the duration of the Congress. Any vote on any such resolution, which is taken in the absence of the quorum being formed, is and shall for all purposes be declared void ab initio.

G Chairman of Congress

21. The President shall act as the chairperson of each Congress.

22. If the President is not present at a Congress or if the President is unwilling to act as the chairperson of the Congress, the First Vice President shall act as the chairperson of that Congress.
23. If the First Vice President is not present at that Congress or if the First Vice President is unwilling to act as the chairperson of that Congress, then the Congress shall by Ordinary Resolution appoint an Executive Board Member who is present and willing to act, as the chairperson of that Congress.
24. The chairperson of a Congress shall have the final determination on matters of procedure under the Constitution and the Rules of Congress, and the interpretation of the Constitution and these Rules of Congress, in relation to the business of the Congress.
25. The chairperson is responsible for preserving good order at a meeting of the Congress, and without limitation the chairperson shall have the power to remove from the Congress any person who is conducting themselves in breach of the Constitution, or otherwise behaving in a manifestly quarrelsome manner.
26. The chairperson of a Congress shall have the discretion to decide on points of procedure in relation to that Congress, where the Constitution and the Rules of Congress do not make any, or only make insufficient provision for that matter or circumstance.
27. A decision or determination made by the chairperson of a Congress pursuant to this **Part G of the Rules of Congress** is not justiciable or appealable unless the applicable provisions of the Swiss Civil Code provide otherwise.

H Errors

28. An irregularity, mistake, error or omission in any notice, agenda and any other document in relation to a Congress will not invalidate the Congress or any part of any business transacted at the Congress, except if the chairperson of the Congress does in exceptional circumstances decide otherwise, or where the Congress does by Special Majority decide otherwise (where the term "Special Majority" is defined in **rule 2.1** of the Constitution).

Minutes and recordings

29. The Federation shall have full discretion to make recordings of each Congress using whatever Technology decided by the Federation. The Federation shall be entitled to retain these recordings in perpetuity.
30. The Federation shall cause comprehensive minutes to be taken of the proceedings of each Ordinary Congress, Electoral Congress and Special Congress. The minutes must record:
 - (a) The type of Congress;
 - (b) The date, time and place of the Congress;
 - (c) Details of each of the forms of Technology used in relation to the conduct of the Congress;

- (d) The full name of each of the Representative in attendance at the Congress, and the details of the National Federation Member represented by that Representative.
 - (e) The full name of each other person that attended that Congress, and the capacity in which that person attended the Congress.
 - (f) The agenda of the Congress.
 - (g) A record of the discussion of each item of business.
 - (h) Each resolution passed by the Congress, and the result of any vote or poll taken in respect of that resolution.
 - (i) The full results of each election conducted at the Congress.
 - (j) Any other information that the chairperson of the Congress directs be included in the minutes.
31. The minutes of a Congress are to be approved by the chairperson of the Congress within seven (7) days of the end of the Congress.
32. The minutes of each Congress shall be published, disseminated and made available in accordance with **rule 10** of the Constitution. Without limitation, the minutes shall be issued by email to each National Federation Member in accordance with the requirements of **rule 10** of the Constitution.
33. The minutes of each Congress shall be deemed as approved unless an objection to the accuracy of the minutes is raised with the Federation in writing by a Full Member that was represented at the Congress, such objection which must be raised within thirty (30) days after the date on which the minutes are published on the Website and disseminated in accordance with **these Rules of Congress**.

Schedule 4

Voting Procedures and Rules

These Voting Procedures and Rules govern the conduct of elections conducted under the Constitution, at Electoral Congresses or otherwise, for all elections of Executive Board Members, IWF Commission Members and IWF Committee Members:

A General and order of elections

1. The elections for positions on the Executive Board shall be conducted separately to the elections for the positions on each IWF Commission and each IWF Committee. Further, the elections for positions on each IWF Commission and each IWF Committee shall also be conducted on a Commission-by-Commission, and Committee-by-Committee basis.
2. Elections for positions on the Executive Board shall be conducted before the elections for positions on the IWF Commissions and Committees.
3. Elections for positions on the IWF Commissions shall be conducted before the elections for positions on the IWF Committees.
4. As to the elections for positions on the various IWF Commissions, those elections shall be conducted in the order of IWF Commissions appearing at **rule 34.1** of the Constitution.
5. As to the elections for positions on the various IWF Committees, those elections shall be conducted in the order of IWF Commissions appearing at **rule 35.2** of the Constitution.
6. As to the election of elected Executive Board Members, those elections will be conducted in the order of those positions appearing at **rule 16.2(a)** to **rule 16.2(e)** of the Constitution.
7. The requirements of **rule 18 to rule 22** (inclusive) of the Constitution must in all circumstances be faithfully complied with in the conduct of all elections.

B Election Management

8. The Federation shall appoint an election management consultant (the **Election Manager**) that is approved by a consensus of the Ethics and Disciplinary Commission, Legal Commission and the Appointed Auditor, to conduct and manage all voting in all elections conducted by the Federation under the Constitution and these Voting Procedures and Rules.
9. The responsibility for the correct conduct of all elections shall lie with three (3) nominees of the Ethics and Disciplinary Commission and the chairperson and two (2) other members of the Legal Commission sitting together as the **Electoral Commission**. The Electoral Commission shall be the sole point of contact between the Federation and the Election Manager.
10. The Election Manager, under the supervision and scrutiny of the Electoral Commission, shall have the sole and exclusive responsibility for:
 - (a) the conduct of elections, including the confidential tallying of votes;

- (b) the determination of valid and invalid votes;
 - (c) the announcement of results of each election; and
 - (d) any related matters.
11. The Election Manager shall be responsible for securely keeping and maintaining all records relating to the conduct of an election. The Election Manager shall be required to keep those records for a period of 180 days from the date that the results of the election were declared, where immediately thereafter the Election Manager shall ensure that all such records are destroyed or otherwise permanently obliterated and deleted.
12. The Ethics and Disciplinary Commission is the exclusive and final dispute resolution chamber in respect of any dispute as to the results of any election and any related matters. Any dispute in respect of any such matter must be made within fourteen (14) days commencing from the day that the results of the subject election are announced.

C Election Method

13. Elections shall be conducted by secret ballot.
14. An election may be conducted using ballot papers or any technological or electronic means certified by the Election Manager and approved by a Special Resolution of the Electoral Commission.
15. If:
- (a) There is only one (1) candidate nominated for a position where there is only one (1) such position (such as the President, and the First Vice President), then that person polls at least a Simple Majority of the votes eligible to be cast at that Congress by the Members who comprise the quorum shall be declared elected.
 - (b) There is more than one (1) candidate nominated for a position where there is only one (1) such position, then:
 - (i) **(President and General Secretary Treasurer)** a candidate will be elected to these positions of President and General Secretary Treasurer if the candidate polls at least a Simple Majority of the votes eligible to be cast at that Congress by the Members who comprise the quorum.
 - (ii) **(Any elected position other than President and General Secretary Treasurer)** a candidate will be elected to any elected position other than President and General Secretary Treasurer if the candidate polls a Relative Majority of the votes eligible to be cast at that Congress by the Members who comprise the quorum.
 - (c) A ballot is taken in accordance with **section 15(b) of Part C of these Voting Procedures and Rules** and there is no candidate who polls a Simple Majority, then a second ballot will be conducted involving the two highest-polling candidates (including ties). The candidate who receives the highest number of votes eligible to be cast at that

Congress by the Members who comprise the quorum shall be declared elected. In the event of a tie, a third ballot will be conducted in the same way, and if a tie is again the result then the person to be declared elected shall be decided by the candidates drawing lots.

- (d) There is an equal number of candidates nominated for positions in the same class, to the number of positions in that class which are the subject of the election (for example, where there are five (5) candidates nominated for five (5) Ordinary Executive Board Member positions), then a person that polls at least a Simple Majority of the votes eligible to be cast at that Congress by the Members who comprise the quorum shall be declared elected to one of those positions.
- (e) There is a greater number of candidates nominated for positions in the same class, compared to the number of positions in that class which are the subject of the election (for example, where there are ten (10) candidates nominated for five (5) Ordinary Executive Board Member positions), then the candidates equal to the number of available positions who poll the highest number of votes shall be declared elected. In the case of a tie for the last position in that class of positions (for example, a tie for the fifth (5th) and last Ordinary Executive Director Position) between two (2) or more candidates, then a second election shall be held, and the candidate polling the highest number of votes shall be declared elected to that position. In the event of another tie, a third ballot will be conducted in the same way, and if a tie is again the result then the person to be declared elected shall be decided by the candidates drawing lots.

Schedule 5

Election and Candidate Conduct Rules

A General

1. These Election and Candidate Conduct Rules apply to all Candidates from the time that the person becomes a candidate, until the day after the conclusion of the Electoral Congress at which the person might be elected to the position or office that the person is a Candidate in an election in respect of.
2. To the fullest extent possible, these Election and Candidate Conduct Rules also apply to any third party in respect of any dealings with a Candidate in the context of that person being a Candidate.
3. These Election and Candidate Conduct Rules establish general and specific obligations which apply in relation to Electoral Congresses, elections conducted at Electoral Congresses, and the conduct of Candidates and other people in relation to the foregoing.
4. The candidacy of each Candidate is at all times subject to that person being determined under the Constitution as being eligible to be a Candidate.

B Overarching Obligations of Candidates

5. Candidates must at all times and in all circumstances conduct themselves in accordance with the Federation's Governance Principles of:
 - (a) Democracy;
 - (b) Transparency;
 - (c) Accountability;
 - (d) Fair play;
 - (e) Sportsmanship; and
 - (f) Clean sport.
6. Candidates must at all times comply with, and conduct themselves in accordance with the Ethics and Disciplinary Code.
7. A person must not accept any nomination to become a Candidate if the person knows that they will not be able to satisfy each of the requirements of the Candidate Eligibility Rules.
8. A Candidate must not under any circumstances, or in any way, collaborate or collude with any other person, including any other Candidate, in connection with the defrauding or manipulation, or any conspiracy to defraud or manipulate the outcome of an election.

C General Obligations of Candidates

9. A Candidate may promote their candidacy provided that the Candidate does at all times do so in such a way which does not cause the Candidate to contravene the requirements of **Part B of these Election and Candidate Conduct Rules**.
10. A Candidate is entitled to promote their candidacy provided that the candidate does at all times act with the upmost honesty and dignity.
11. Under no circumstances may a Candidate conduct themselves, in relation to their candidacy, in a manner which is or could reasonably be construed to be:
 - (a) Disparaging, insulting or defamatory of any other Candidate, any National Federation Member, any Continental Federation, the International Weightlifting Federation or the Sport.
 - (b) Likely to cause harm to, or harm to the reputation and image of any other Candidate.
12. Under no circumstances may a Candidate publish any material or matter of any kind, in any place and through any medium, which:
 - (a) Unfair, dishonest, disrespectful, defamatory, insulting or disparaging of any person, any National Federation Member, any Continental Federation, the International Weightlifting Federation or the Sport.
 - (b) Contains information, statements or any other material of any kind which is knowingly false, misleading, deceptive, or intended to be misleading or deceptive.

D Public Statements and Debates

13. A Candidate may speak publicly, give interviews and issue written statements and responses to questions provided that the candidate does at all times comply with these Election and Candidate Conduct Rules including in particular **Part B** and **Part C** hereof.
14. A Candidate may participate and engage in public forums, question and answer sessions, interview panels and debates provided that the Candidate does at all times comply with these Election and Candidate Conduct Rules including in particular **Part B** and **Part C** hereof.

E Gifts and Related Matters

15. Subject to **Section 15 of this Part E**, a Candidate must not under any circumstances, regardless as to the circumstances or context, give or offer either directly or indirectly (either through any company, organisation or interposed entity associated with the Candidate, or otherwise), any gift or gratuity or payment or donation or incentive or advantage (or any promise of any of the foregoing, such promise which will be fulfilled at any future time) to any National Federation Member, Representative of any National Federation Member, any Executive Board Member, any IWF Commission Member or IWF Committee Member.
16. The prohibitions set out in **Section 14 of this Part E** do not apply in relation to gifts which are token in nature and which have no or negligible actual commercial value.

17. A Candidate is required to make a disclosure in writing, to the chairperson of the Eligibility Determination Panel, of any gift or gratuity or payment or donation or incentive or advantage or incentive (or any promise of any of the foregoing) offered by the Candidate to any National Federation Member, Representative of any National Federation Member, any Executive Board Member, any IWF Commission Member or IWF Committee Member, at any time commencing from the date which is six (6) months' before the date on which the person became a Candidate, up to the day after the day on which the subject Electoral Congress concludes.

F Consequences of Breach (cross-reference Constitution rule 38 and Schedule 1)

18. Any person may report to the Eligibility Determination Panel any allegation that a Candidate or other person has breached their obligations specified in these Election and Candidate Conduct Rules.
19. The Eligibility Determination Panel shall have complete jurisdiction to consider the question of whether these Election and Candidate Conduct Rules have been breached by any person.
20. If any event where the Eligibility Determination Panel determines that it is comfortably satisfied that the Candidate or other person has breached their obligations under the Election and Candidate Conduct Rules then without prejudice to any subsequent investigation which may be undertaken by the Ethics and Disciplinary Commission in accordance with the Ethics and Disciplinary Code, the Eligibility Determination Panel may, depending on the seriousness of the breach:
- (a) Declare, in the case of a Candidate, that the Candidate is ineligible to stand for election in at the election(s) for which the Candidate has been nominated;
 - (b) Issue a public reprimand to the Candidate or person;
 - (c) Issue a caution to the Candidate or person; or
 - (d) Take no action in the circumstances.

Schedule 6

Candidate Eligibility Rules

A Full Member authorised by the Constitution to nominate a candidate for election to any of the positions on the Executive Board described in **rule 23.1**; any position on any IWF Commission; and any position on any IWF Committee, may *only* nominate a person as a candidate in each instance, where the candidate meets and satisfies each of the following criteria:

1. That, in the reasonable opinion and belief of the nominating Full Member (such reasonable opinion and belief which is formed by the Full Member only after the Full Member has conducted all reasonable due diligence and inquiry in relation to the candidate):
 - (a) None of the Disqualifying Circumstances apply to the person.
 - (b) The person is not bankrupt, whether under the laws of the Country or Sport Country that the person is a Citizen of, or anywhere else.
 - (c) The person is not a Mentally Incapacitated Person.
 - (d) The person is not an employee of the International Weightlifting Federation, on whatever terms.
 - (e) The person has not, at any time whatsoever, been or is convicted of an offence which is punishable by a period of imprisonment of four (4) years or greater, whether or not that person was convicted of that offence by a court or tribunal of competent jurisdiction in the Country or Sport Country of which the person is a Citizen, or by a court or tribunal of any other Country or Sport Country.
 - (f) The person has not, at any time whatsoever, been charged with, or convicted of any offence whatsoever relating to or concerning a child or a minor.
 - (g) The person is not, and has not at any time within the last five (5) years been disqualified or banned from being a director of a corporation, or being involved with the management of a corporation, as a result of any decision made by any court, tribunal or authority with competent jurisdiction, whether of the Country or Sport Country of which the person is a Citizen, or otherwise.
 - (h) If the person is serving any period of ineligibility (including any provisional suspension) for any breach of any rules of the Sport, including any rules relating to ethics and conduct; where the decision has been made by a competent body; and where the person has exhausted their available appeal rights to CAS or any other court, tribunal or other independent body with jurisdiction.
 - (i) The person is not, and has not at any time in the last five (5) years, served any period of ineligibility (including any provisional suspension) longer than twelve (12) months, imposed for any for any breach of any rules of the Sport, including any rules relating to ethics and conduct.

- (j) If the person is serving any period of ineligibility (including any provisional suspension) for any breach of any rules of any other sport besides the Sport, including any rules relating to ethics and conduct; where the decision has been made by a competent body; and where the person has exhausted their available appeal rights to CAS or any other court, tribunal or other independent body with jurisdiction.
- (k) The person has not at any time been determined by the CAS, or any court, tribunal or other body with jurisdiction, as being guilty of any Anti-Doping Rule Violation, regardless as to whether that Anti-Doping Rule Violation relates to the Sport, and regardless as to whether or not the person has already served the whole of the sanction imposed on the person as a consequence of being found to have committed that Anti-Doping Rule Violation.
- (l) The person has not been deprived of their civil rights by a proper application of any applicable law.
- (m) The person is a fit and proper person to be an Executive Board Member, in the event that the person becomes an Executive Board Member.

Schedule 7

Candidate Nomination Rules

The rules which are set out in these Candidate Nomination Rules apply in relation to any nomination made, of any candidate in any election or process which the Constitution states that these rules apply in respect of. The Executive Board may make additional rules and by-laws in relation to such nominations, provided always that those rules and by-laws are not inconsistent with the provisions of the Constitution and these Candidate Nomination Rules.

1. Nominations must be made in writing in a form approved by the Executive Board subject to the requirements of the Constitution and these Candidate Nomination Rules.
2. The deadline for the lodgement, of any and all nominations made in accordance with **rule 24**, any other provision of the Constitution and these Candidate Nomination Rules, is 5:00pm in Lausanne, Switzerland on the date which is ninety (90) days before the date on which the subject Electoral Congress will commence.
3. Nominations may be delivered to the International Weightlifting Federation by any of the same means that **rule 44.2** permits the Federation to give a notice to a National Federation Member. The deemed dates and times at which notice is considered to be given, which are set out in **rule 44.2**, shall apply as if set out herein this rule (with the necessary modifications having been made) for the purpose of calculating whether or not a nomination has been made within the stated deadline provided for in **section 2 of these Candidate Nomination Rules**.
4. A nomination made in accordance with **rule 1 of these Candidate Nomination Rules** must be signed and dated by:

(where the nomination is made by a Full Member):

- (a) The President of the nominating Full Member if the nomination is made by a Full Member;
- (b) Countersigned by the General Secretary or equivalent of the Full Member if made by a Full Member;
- (c) The nominated candidate, if the nomination is made by a Full Member; and
- (d) A Full Member that is entitled and eligible under the Constitution to make that nomination.

(where the nomination is made by a person with at least eight (8) years of service)

- (e) The person so nominated, in the event that the person is self-nominating and where that person has already (including in the period before the Effective Date and after the Effective Date) served an aggregate of a *minimum* of eight (8) years as an Executive Board Member and/or an IWF Commission Member and/or an IWF Committee Member;

- (f) At least a Simple Majority of the Full Members, under the signature of the President and/or General Secretary of each of those subscribing and supporting Full Members.
5. Where the nomination is made in accordance with **rules 4(a) to 4(c) of these Candidate Nomination Rules**, the President and the General Secretary of the nominating Full Member each must make a signed declaration on the nomination form that the nominating Full Member is:
- (a) A Member in Good Standing.
- (b) Eligible under the Constitution, to make the nomination.
- (c) Not, to the best of the knowledge and understanding of each signatory, in breach of any provision of this Constitution, where a breach of that provision would have the consequence of the nominating Full Member being ineligible to make the nomination.
6. Where the nomination is made in accordance with **rules 4(d) and 4(e) of these Candidate Nomination Rules**, the nominating person must submit a signed declaration on the nomination form in accordance with **rule 8 of these Candidate Nomination Rules**.
7. Where the nomination is made in accordance with **rules 4(a) to 4(c) of these Candidate Nomination Rules**, the President and the General Secretary of the nominating Full Member each must make a signed declaration on the nomination form, that the nominated candidate:
- (a) Satisfies the Candidate Eligibility Rules and each of the Candidate Eligibility Rules.
- (b) Is a fit and proper person to be an Executive Board Member, in the event that the person becomes an Executive Board Member.
- (c) Is a fit and proper person to be an IWF Commission Member, in the event that the person becomes an IWF Commission Member.
- (d) Is a fit and proper person to become an IWF Committee Member, in the event that the person becomes an IWF Committee Member.
- (e) Is eligible for election by reference to **rule 22**.
- (f) Is eligible for election by reference to **rule 25**.
- (g) Is not disqualified because of the operation and application of **rule 25**.
- (h) Is affiliated to the nominating Full Member.
- (i) Is a Citizen of the same Country, that the Full Member is the National Federation of the Sport for.
8. The subject candidate must make a signed declaration on the nomination form, that in respect of their nomination, the subject candidate declares they:

- (a) Do satisfy the Candidate Eligibility Rules and each of the Candidate Eligibility Rules.
 - (b) Are a fit and proper person to be an Executive Board Member, in the event that the person becomes an Executive Board Member, and that to the best of the candidate's knowledge, there is no fact, matter or circumstance that exists, which would reasonably cause the Eligibility Determination Panel or any other person to conclude that the candidate is not such a fit and proper person.
 - (c) Are a fit and proper person to be an IWF Commission Member, in the event that the person becomes an IWF Commission Member, and that to the best of the candidate's knowledge, there is no fact, matter or circumstance that exists, which would reasonably cause the Eligibility Determination Panel or any other person to conclude that the candidate is not such a fit and proper person.
 - (d) Are a fit and proper person to be an IWF Committee Member, in the event that the person becomes an IWF Committee Member, and that to the best of the candidate's knowledge, there is no fact, matter or circumstance that exists, which would reasonably cause the Eligibility Determination Panel or any other person to conclude that the candidate is not such a fit and proper person.
 - (e) Are eligible for election by reference to **rule 22**.
 - (f) Are eligible for election by reference to **rule 25**.
 - (g) Are not disqualified because of the operation and application of **rule 25**.
 - (h) Are affiliated to the nominating Full Member.
 - (i) Are a Citizen of the same Country, that the Full Member is the National Federation of the Sport for.
9. A nomination made in accordance with these Candidate Nomination Rules must:
- (a) Include all details of the full name, full residential address, date and place of birth, Citizenship, telephone number, mobile telephone number and email address of the candidate.
 - (b) Certified copies of any documents relied on by a nominating Full Member to prove the truth and the accuracy of the matters declared by any nominating Full Member (through its President and the General Secretary) in accordance with **rule 4 of these Candidate Nomination Rules**.
 - (c) Certified copies of any documents relied on by a nominated candidate to prove the truth and the accuracy of the matters declared about a nominated person in accordance with these Candidate Nomination Rules.
 - (d) A written consent and waiver signed by the nominated candidate, whereby the nominated candidate:

- (i) Consents to the jurisdiction of the Eligibility Determination Panel and any decision, determination and adjudication of the Eligibility Determination Panel.
 - (ii) Consents to the use of their personal data and information, and the waiver of their privacy and data protection rights, for the purpose of their nomination, the assessment and determination of their candidature by the Eligibility Determination Panel, any election conducted by the International Weightlifting Federation and any Electoral Congress, and for any related purpose.
 - (iii) Acknowledges and agrees that they are bound by the Constitution for the purposes of their candidature, any election conducted by the International Weightlifting Federation and any Electoral Congress, and for any related purpose.
 - (iv) Shall comply fully and in a timely manner with any request for further information or documents called for by the Eligibility Determination Panel in relation to the nomination of the nominated candidate.
9. A person may withdraw from a nomination for their candidacy at any time prior to a determination of eligibility being made by the Eligibility Determination Panel.
10. A Candidate may withdraw their candidacy at any time before the holding of the election in which that person is a Candidate.

Schedule 8

Disqualifying Circumstance

For the purpose of interpreting the Constitution, each of the following constitutes a Disqualifying Circumstance:

1. Any Anti-Doping Rule Violation.
2. Any indictable offence that is punishable by imprisonment for twelve (12) months or greater.
3. Any offence concerning a child or a minor.
4. Any matter relating to:
 - (a) Corruption in any sport.
 - (b) Match-fixing in any sport.
 - (c) Illegal gambling and wagering in any sport.
5. If the Executive Board reasonably suspects that the person has breached the:
 - (a) Ethics and Disciplinary Code.
 - (b) IOC Corruption and Manipulation Code.
 - (c) IOC Code of Ethics.
6. If the person is serving any sanction or period of ineligibility as a consequence of a breach of the Ethics and Disciplinary Code.

Schedule 9

Executive Board Member Code of Ethics

INTRODUCTION

The purpose of this Executive Board Members Code of Ethics (**Code**) for Executive Board Members of the Federation is to set the minimum ethical standards and principles of conduct which Executive Board Members must abide by whenever they are acting in their capacity as an Executive Board Member of the Federation.

For the avoidance of doubt, this Executive Board Member Code of Ethics applies to a person in addition to the Ethics and Disciplinary Code.

REPORTING OF BREACHES

Any breaches of the Code must be reported to the Secretariat of the Ethics and Disciplinary Commission.

CODE OF ETHICS

A General

Executive Board Members are, at all times, required to comply with the obligations imposed by this Constitution and the Policies, the operation of law and as well as the spirit of all applicable laws.

Executive Board Members must always discharge their duties and obligations in accordance with the Governance Principles, and in a manner which is wholly consistent with the Objectives of the Federation.

B Federation's Best Interests and Reputation

Executive Board Members must:

1. Act in good faith and in the best interests of the Federation as a whole.
2. Use the powers of office of Executive Board Member of the Federation for proper purposes and in the best interests of the Federation as a whole.
3. Recognise that their responsibility as Executive Board Members is to the Federation as a whole.
4. Never engage in conduct which is likely to bring into disrepute, discredit or harm the public image of, or which is likely to have a serious and damaging impact on the best interests of:
 - (a) the Federation;
 - (b) the National Federation Members or any National Federation Member;

- (c) the Sport;
- (d) the Olympic Movement
- (e) the officers or employees of the Federation; or
- (f) the Executive Board Member personally.

C Honesty and Integrity

Executive Board Members must:

1. Act honestly and with integrity in all dealings for the Federation in a way where their honesty is beyond question.
2. Never make any promise or commitment on behalf of the Federation which the Executive Board Member knows that the Federation would not, or would be unable to, honour.
3. Adhere to the truth and never knowingly make any false or misleading statements, or mislead by omission.
4. Deal honestly with the Federation's Members, officers, employees, contractors and other stakeholders.

D Due Diligence and Proper Purpose

Executive Board Members must:

1. Use all due care and diligence in fulfilling the functions of office of Executive Board Member of the Federation.
2. Use all due care and diligence in exercising the powers of Executive Board Member of the Federation.
3. Exercise independent judgment in exercising the functions of office, and take all reasonable steps to be satisfied as to the soundness of decisions taken by the Executive Board.

E Privacy and Confidentiality

Confidential information received by an Executive Board Member in the course of the exercise of the duties of their position remains the property of the Federation. It is improper for an Executive Board Member to disclose such confidential information, or allow it to be disclosed, unless that disclosure is expressly authorised by the President or the Executive Board, or unless that Executive Board Member is compelled by operation of law to disclose it.

Executive Board Members must:

1. Not improperly disclose any information about the Federation which is not already in the public domain.

2. Ensure that any information confidential to the Executive Board or the Federation is not disclosed inadvertently or deliberately to any third party without the express consent of the President or the Executive Board or unless the Executive Board Member is compelled by operation of law to disclose it.
3. Always respect the privacy of others.

F Respect for Others

Executive Board Members must:

1. Treat all other Executive Board Members of the Federation with dignity and respect, and never treat any other Executive Board Member in any manner which could be reasonably construed as discrimination, harassment or bullying.
2. Treat each of the Federation's Members, officers, employees, contractors and other stakeholders with dignity and respect, and never treat any other such person or organisation in any manner which could be reasonably construed as discrimination, harassment or bullying.

G Social Media, Media and Public Statements

Any Executive Board Member making any public statement, statement in the media or using social media for any purpose must adhere to the following requirements:

1. No Executive Board Member shall make any public statement, statement in the media or statement on social media in respect or in connection with:
 - (a) The Federation;
 - (b) The National Federation Members or any National Federation Member;
 - (c) The Sport;
 - (d) The Olympic Movement;
 - (e) Any athlete or official; or
 - (f) The governance, conduct and administration of the Federation;without the express permission of the President or the Executive Board.
2. In no circumstances may an Executive Board Member make any public statement in the media or use social media in any manner which does or is reasonably likely to bring into disrepute, disparage or criticise.
 - (a) the Federation;
 - (b) the National Federation Members or any National Federation Member;
 - (c) the Sport;

- (d) the Olympic Movement;
 - (e) Any athlete or official; or
 - (f) The governance, conduct and administration of the Federation.
3. Any public statement, statement in the media or use or participation in the use of social media must not state, suggest or imply that any comment made on social media is endorsed by the Federation unless the Executive Board Member has received express written permission from the President or the Executive Board for such statement, suggestion or implication to be made.

H Executive Board Members' Own Interests

Executive Board Members must:

1. Never make improper use of information acquired as an Executive Board Member for personal gain or advantage.
2. Never take improper advantage of the position or status of Executive Board Member for personal gain or advantage.
3. Never attempt to improperly influence the outcome of any official decision.
4. Promptly and fully disclose to the Federation, the Executive Board and the President any private or business interests which may lead to any potential or actual conflicts with the interests of the Federation or which are otherwise required to be disclosed to the Federation by operation of applicable laws or the requirements of the Constitution and any Policy.

Schedule 10

Athletes Commission Charter

Purpose

The Athletes Commission is established and maintained by the International Weightlifting Federation according to this Constitution and the IOC's guidelines applicable to international federation athletes commissions.

The fundamental purpose of the Athletes Commission is to champion the voice of the athletes within the International Weightlifting Federation and the Sport.

1 Objectives and Functions

- 1.1 The Athletes Commission is an IWF Commission, and an important link between the active athletes and the Federation.
- 1.2 The Athletes Commission ensures that the athletes' points of view are taken into account in Federation decisions, including those made by the Executive Board and by the Congress.
- 1.3 The Athletes Commission ensures respect is given to the rights of the athletes within the Federation, and the Athletes Commission draws up recommendations to that effect.
- 1.4 The Athletes Commission will have representatives sit on the Executive Board and the IWF Commissions and IWF Committees, in each case as provided for in the Constitution.
- 1.5 The Athletes Commission is to forwards its recommendations and proposals to the Executive Board subject to the approval, after discussion within the Athletes Commission, of the majority of the Athletes Commission members present.
- 1.6 The Athletes Commission shall be, and shall operate as an effective platform where the views of athletes within the Sport are represented, and the voice of those athletes can be heard by advising the Executive Board on matters concerning athletes involved in the Sport.
- 1.7 The Athletes Commission shall liaise as necessary with the IOC's Athletes' Commission, WADA Athlete Committee and be represented at the IOC International Athletes' Forum and the Annual WADA Symposium.
- 1.8 The Athletes Commission will provide the voice and view of the athletes to each of the current standing IWF Committees and IWF Commissions.
- 1.9 The Athletes Commission members shall be accessible and visible at major events and youth events to other members and athletes of the Federation. Details of all Athletes Commission members will be published on the Website in accordance with the requirements of the Constitution.
- 1.10 Athletes' Declaration: The Athletes Commission will work with the Federation and the Executive Board, to adopt the Athletes' Rights and Responsibilities Declaration.

2 Composition

- 2.1 **Term of office** - The term of office of Athletes Commission members is a maximum of four (4) years, or less in the case of filling a casual vacancy. The chairperson of the Athletes

Commission and each of the Athletes Commission members may be re-elected if they meet the conditions listed in **section 2.4**.

2.2 The election process for the subsequent Athletes Commissions will be determined by the Executive Board subject to the final approval of the Electoral Commission.

2.3 The Athletes Commission shall be made up of no more than eleven (11) members and will have a balance of male and female members and representation from different continents who are eligible according to the criteria outlined in **section 2.4**. The Athletes Commission must at all times have at least four (4) members who are female, and four (4) members who are male. No more than three (3) Athletes Commission members can be appointed from any single continent.

2.4 Athletes Commission members shall be elected based on the following eligibility criteria:

- (a) Athlete must be at least eighteen (18) years of age at time of application.
- (b) The Commission should be composed of a majority of athletes who, at the time of their election/nomination, are participating at international level or have done so within the previous four years.
- (c) A person is ineligible for appointment if the person has at any time been found to have committed an Anti-Doping Rule Violation.
- (d) The person must have represented their National Federation in at least one (1) of the following:
 - (i) At least one (1) of the two (2) most-recent Olympic Games.
 - (ii) At least one (1) of the two (2) most-recent Youth Olympic Games.
 - (iii) At least one (1) of the two (2) most-recent Youth, Junior, or Senior World Championships.
 - (iv) The most-recent Continental Championships or Games
- (e) The working language of the Federation is English and the candidates must have a minimum of a conversational capability.

2.5 **Chair of the Commission** - the Athletes Commission members shall elect their chairperson from among those members who have been elected to the Athletes Commission by their peers, and the chairperson may serve in this role for up to four (4) years, after which the term of office may be renewed.

2.6 The Commission will have three (3) voting seats on the Executive Board. These seats will be made up of the chairperson and two (2) other Athletes Commission members, as determined by the Athletes Commission.

3 Meetings

3.1 The Commission will hold a minimum of two (2) meetings a year. It also meets annually with the Executive Board in order to submit its recommendations.

3.2 In the absence of the chairperson the remaining members present shall elect one of themselves to chair the meeting.

- 3.3 The quorum for meetings of the Athletes Commission meetings shall be considered a Simple Majority (more than half plus one) of the Athletes Commission members present in person or through the use of Technology.
- 3.4 Other individuals and external advisers may be invited to attend for all or part of any meeting as and when appropriate.
- 3.5 Further to the generality of **section 3.4**, the Athletes Commission may invite the President and General Secretary to any meeting, or a portion of it, but they are not members and have no right to attend the meetings without invitation.
- 3.6 The meetings of the Athletes Commission are convened by the Chair of the Commission with admin help from the IWF Secretariat.
- 3.7 The agenda and the working documents, as well as the minutes of the meeting, are prepared by the Secretariat, at the request of the Chair.
- 3.8 All meetings will be recorded and transcribed.

4 Compensation and Expenses

- 4.1 Each Athletes Commission member shall be entitled to the reimbursement of reasonable travel and accommodation expenses and related reasonable out-of-pocket expenditures of no more than USD\$150.00 per day, related to the Athletes Commission activities, provided that the Athletes Commission member shall submit to the Federation receipts or other evidence of actual payment of such expenses.
- 4.2 Those Athletes Commission members that have a seat on the Executive Board will receive a per diem to the same amount as those other members of the Executive Board.
- 4.3 The Chief Executive Officer shall be in charge of the administration and processing of payments.
- 4.4 The Chief Executive Officer shall be the sole and final arbiter in relation to decisions made in relation to the reimbursement of costs and expenses to Commission Members in accordance with this **Athletes Commission Charter**.

Schedule 11

Eligibility Determination Panel Rules of Procedure

A General Functions

1. The Eligibility Determination Panel is comprised in accordance with **rule 37** of the Constitution.
2. It is the primary function of the Eligibility Determination Panel to determine whether, in the opinion of the Eligibility Determination Panel, a person is eligible to stand as a Candidate for election to any position or office under the Constitution to which eligibility is a prerequisite to becoming a Candidate, including without necessary limitation any:
 - (a) Any elected position on the Executive Board.
 - (b) Any elected position on any IWF Commission.
 - (c) Any elected position on any IWF Committee.
3. Nothing in the Constitution or these Eligibility Determination Panel Rules of Procedure shall be interpreted to prevent or restrict the jurisdiction of the Eligibility Determination Panel to determine whether, on the balance of probabilities, a person *remains* eligible to be a Candidate, an Executive Board Member, an IWF Commission Member or an IWF Committee Member, having regard to the requirements of the Constitution, the EDC Rules, and also the position or office concerned.

B Documents and Information

4. The Federation must promptly make available to the Eligibility Determination Panel all documents and information obtained, discovered or received in relation to the nomination of a person, whether those documents and that information is received, directly or indirectly, by or on behalf of the Federation:
 - (a) In connection with the nomination of the person;
 - (b) Under the Constitution;
 - (c) In accordance with the procedures specified under the Candidate Nomination Rules; or
 - (d) Otherwise.
5. The Eligibility Determination Panel may make any request of the Federation, the person nominated, the nominating National Federation Member or any other person, to provide to the Eligibility Determination Panel any further documents and any further information reasonably required by the Eligibility Determination Panel for the purpose of it determining whether or not a person is or remains eligible under the applicable provisions of the Constitution.

6. The Eligibility Determination Panel shall have all necessary jurisdiction and power to obtain all necessary documents and information from third parties, for the purpose of the Eligibility Determination Panel discharging its functions.
7. The Eligibility Determination Panel shall have the right and ability to instruct and engage external third-party advisors and experts to assist the Eligibility Determination Panel to complete its mandate in relation to any determination or decision which the Eligibility Determination Panel has been requested to make.

C Determinations

8. The Eligibility Determination Panel shall, in relation to any question of any eligibility of any person, determine that the person is either:
 - (a) Eligible, by reference to the applicable provisions of the Constitution; or
 - (b) Ineligible, by reference to the applicable provisions of the Constitution.
9. In any event where the Eligibility Determination Panel determines that a person is “ineligible” it shall then notify the person, on a confidential basis, the reasons *why* the Eligibility Determination Panel has come to a provisional determination that the person is “ineligible”. The Eligibility Determination Panel shall then afford the person not less than five (5) days within which the person may make confidential submissions to the Eligibility Determination Panel in response to the notified provisional determination. The Eligibility Determination Panel must then consider any such written submissions received from the person, prior to the deadline for the making of those written submissions before the Eligibility Determination Panel makes a final determination as to the eligibility of the person.
10. A determination of the Eligibility Determination Panel which is made in accordance with **section 9 of these Eligibility Determination Panel Rules of Procedure**, and these Eligibility Determination Panel Rules of Procedure generally, is not appealable or justiciable by the person concerned or the nominating National Federation Member.

D Procedural Matters

11. The Eligibility Determination Panel shall come to a final determination, about any question of any eligibility of any person, as soon as is practicable in the circumstances, bearing in mind the importance of prompt determinations being made so as to not unduly effect or prejudice elections conducted under this Constitution, and the rights and interests of Members and persons nominated to be Candidates in those elections.
12. Although it is preferable that determinations and decisions of the Eligibility Determination Panel be made by consensus, a determination made in accordance with **Part C of these Eligibility Determination Panel Rules of Procedure** must be made by at least a Simple Majority of the members of the Eligibility Determination Panel.
13. A member of the Eligibility Determination Panel *must* recuse themselves from taking any part in the consideration of the eligibility of a person in any circumstances where the member of the Eligibility Determination Panel has any personal connection or relationship with the person under consideration, or where the member of the Eligibility Determination Panel has any

interest in any dealings with the person under consideration, or any interest in that person under consideration being determined to be “eligible” or “ineligible” by the Eligibility Determination Panel.

14. The Eligibility Determination Panel shall meet as often as is necessary for the purpose of it discharging the business before it from time to time. The Eligibility Determination Panel may meet in person and/or through the use of any available Technology.
15. The Eligibility Determination Panel shall by Simple Majority elect a member of the Eligibility Determination Panel as the chairperson. The chairperson does not have a casting vote in addition to their deliberative vote, on any resolution, motion, question or decision.
16. The Eligibility Determination Panel shall cause minutes to be kept of all of its meetings. Those minutes shall remain confidential to the Eligibility Determination Panel, and all minutes of all meetings shall be kept in the safe custody of the chairperson from time to time of the Eligibility Determination Panel. Subject to compliance with all applicable data protection and retention laws, the Eligibility Determination Panel may destroy and obliterate any records, documents and information obtained by it provided that not less than twelve (12) months has elapsed since the date on which the Eligibility Determination Panel made its final determination relevant to it having received and obtained those records and documents, and that information.
17. The Eligibility Determination Panel shall report its decisions and determinations to the President and the Electoral Commission promptly, so as to not unduly effect or prejudice elections conducted under this Constitution, and the rights and interests of Members and persons nominated to be Candidates in those elections.

Schedule 12

Rights, Obligations and Requirements of Continental Federations

1. Continental Federations must:
 - (a) Provide to the Federation its:
 - (i) constitution.
 - (ii) rules, regulations and by-laws.
 - (iii) evidence proving its registration in its Country or Sport Country of domicile.
 - (iv) a list of the members of its governing board.
 - (v) a list of its members.
 - (vi) a list of the National Federations which are affiliated to it;

including any amendments to any of the foregoing, which must in each case be provided to the Federation no later than fourteen (14) days after the date that the amendment is made.
 - (b) Not offer affiliation to it any National Federation or other organisation or body unless that National Federation or other organisation or body is a National Federation Member of the Federation.
 - (c) Comply in all respects with:
 - (i) the Constitution of the Federation;
 - (ii) the Policies of the Federation;
 - (iii) any determinations and decisions of the Federation, including those of the Congress, the Executive Board, each IWF Commission and each IWF Committee.
 - (d) Organise and supervise continental championships for the Sport.
 - (e) Advise the Federation and provide it with all required assistance, concerning matters relating to the Members that are affiliated to the Continental Federation.
 - (f) Recognise the Federation as the worldwide governing body for the Sport.
 - (g) Hold elections in accordance with its constitution, in the year of each summer Olympic Games.

Constitution and Rules of the International Weightlifting Federation

In force from 31 August 2021

2. Subject to proper and ongoing compliance with each of the foregoing requirements of this **Schedule 12**, the Executive Board of the Federation may in its discretion determine to provide funding to the Continental Federation.
3. Subject to proper and ongoing compliance with each of the foregoing requirements of this **Schedule 12**, the Continental Federation may apply for funding and other assistance through the IWF Development Program.
4. The Continental Federation President Each shall hold ex officio office on the Executive Board for so long as the person remains the Continental Federation President, and provided that the Continental Federation complies with, and remains in compliance with the requirements of this **Schedule 12**.

Schedule 13

IWF Commissions and IWF Committees – Functions, Powers and Authorities

A Development and Education Commission

1. To oversee the IWF Development Program.
2. To determine allocations of funding associated with the IWF Development Program.
3. To develop education materials and seminars associated with the delivery of the IWF Development Program.

B Ethics and Disciplinary Commission

1. The functions, powers and duties specified throughout the Constitution (including the Schedules to the Constitution).
2. For the avoidance of doubt, the EDC Procedural Rules comprising the procedural rules and adjudication rules of the Ethics and Disciplinary Commission will be determined and established by the Ethics and Disciplinary Commission, and later varied by the Ethics and Disciplinary Commission as it sees fit. The Executive Board must, if called on to do so, approve by Ordinary Resolution the EDC Procedural Rules and any later variations proposed by the Ethics and Disciplinary Commission in its discretion.

C Gender Equity Commission

1. To develop and recommend to the Executive Board policies, strategies and initiatives for the purpose of achieving gender parity in the participation and organisation of the Sport.
2. To cooperate with external organisations such as the IOC for the purpose of achieving gender parity in the participation and organisation of the Sport.
3. To encourage, initiate and commission research into matters relating to the participation of women in the Sport.

D Legal Commission

1. To provision legal opinions to the President, the Executive Board and the Congress on matters referred to it.
2. To, where requested, provide opinions and advice to the President, the Executive Board and the Congress on matters relating to the interpretation and application of, and compliance with the Constitution.
3. To act as a commission of review in respect of any draft proposed amendments to the Constitution, the Technical and Competition Rules and Regulations, the Anti-Doping Rules and any other Policy.

Constitution and Rules of the International Weightlifting Federation

In force from 31 August 2021

4. To perform tasks of a legal nature which are referred to the Legal Commission by the President or Executive Board.
5. To provide advice, where requested, to the Executive Board in relation to the CAS and any CAS decision.
6. To undertake studies of a legal nature on issues which may affect the interests of the Federation.
7. Discuss current legal issues generally affecting the various organisations which make up the Olympic Movement, including the Federation.
8. To act as the liaison between the Federation on the first part and the IOC's Legal Affairs Commission on the second part.

E Governance Commission

1. To monitor compliance with the Constitution by the Federation, the Executive Board and Congress.
2. To monitor adherence to the Governance Principles and the Objectives.
3. To advise the Executive Board and the Congress on compliance with the Constitution and adherence to the Governance Principles and Objectives.
4. To advise the Executive Board on corporate governance and international sports governance best practices and related matters.

F Athletes Commission

The Athletes Commission Charter is specified at **Schedule 10** to the Constitution.

G Technical Committee

1. To oversee the continuing development of the Technical and Competition Rules and Regulations, and to advise the Executive Board in relation to such matters.
2. To make recommendations to the Executive Board concerning amendments and modifications to the Technical and Competition Rules and Regulations.
3. To take whatever necessary steps to ensure that the Technical and Competition Rules and Regulations operate so as to ensure the safety of athletes and other participants in the Sport.
4. To develop education materials and seminars associated with the delivery of training in the Technical and Competition Rules and Regulations and the application of those Technical and Competition Rules and Regulations in the Sport's various competitions, tournaments and events.
5. To develop education materials and seminars associated with the training and development of the International Technical Officials.

6. To review the performance of International Technical Officials.
7. To develop and innovate in relation to new methodologies for the conducting competitions, tournaments and events in the Sport.

F Coaching and Research Committee

1. To advise the Executive Board in relation to all Policies which govern the accreditation and licensing of coaches involved in the training and development of athletes participating in the Sport.
2. To determine the rules pursuant to which a person's prior learning and qualifications might qualify that person for accreditation and licensing of the person as a coach in the Sport.
3. To propose Policies governing the accreditation and licensing of coaches involved in the training and development of athletes participating in the Sport, including the amendment and modification of those Policies.
4. To work with the Medical Committee to encourage, initiate and commission research concerning the Sport, in relation to various aspects of sports science, biomechanics, physiology and other related fields.

G Medical Committee

1. To advise the Executive Board on all matters relating to the Sport in the fields of:
 - (a) Medicine;
 - (b) Medical research;
 - (c) Medical ethics and bioethics;
 - (d) Hygiene and communicable diseases;
 - (e) First aid;
 - (f) Medical safety and injury prevention in the Sport;
 - (g) The long-term health effects of participating in the Sport;
 - (h) The medical and pharmacological aspects of the enforcement of the Anti-Doping Rules.
2. To assist the Technical Committee in developing aspects of the Technical and Competition Rules and Regulations which are within the expertise of the Medical Committee.
3. To coordinate with the Coaching and Research Committee concerning the encouragement, initiation and commissioning of research concerning the Sport, in relation to various aspects of medicine, sports science, biomechanics, physiology and other related fields

Constitution and Rules of the International Weightlifting Federation

In force from 31 August 2021

4. To collect data and information in relation to the incidence of injuries and illnesses associated with the practise of the Sport, and to make recommendations to the Executive Board concerning any issues arising.
5. To develop programs of training to athletes, coaches, International technical Officials and others, concerning matters within the expertise of the Medical Committee.
6. To oversee the appointment of attending medical practitioners and allied health professionals to officiate at all World Championships and other competitions and events organised by the Federation.
7. To act as the liaison between the Federation on the first part and the IOC's Medical and Scientific Commission and WADA on the second part.

Annexure A

Specific duties and functions of the offices of President, First Vice President and General Secretary Treasurer

A President

Except where the Executive Board decides by Unanimous Resolution to delegate the following powers, duties and responsibilities, the President has the following specific duties, powers and responsibilities in addition to those duties, powers and responsibilities stated elsewhere in the Constitution:

1. To be and act as the primary ambassador and spokesperson for the Federation.
2. To act as the chairperson of the Executive Board and Congress, including at each meeting of the Executive Board and each Congress.
3. To ensure that the Constitution is strictly and faithfully complied with by the Federation, the Executive Board and the Congress.
4. To be primarily responsible for leading and directing the work of the Executive Board.
5. To approve the draft minutes of the Executive Board and the Congress, as prepared by the General Secretary Treasurer and subject to any amendments approved in accordance with the Constitution.
6. To be primarily responsible for ensuring that the Executive Board establishes the strategy and strategic plan of the Federation, in accordance with the Objectives and the Governance Principles.
7. To be primarily responsible for ensuring that the Executive Board is properly organised, and that the Executive Board properly and diligently discharges its functions, and at all times acts wholly within its powers.
8. To develop and maintain a good working relationship with external organisations, including without limitation the IOC, WADA, the Association of Olympic International Federations, the International Testing Agency and Sport Accord.
9. To develop and maintain good relations with the National Federation Members and other stakeholders in the Sport.
10. To ensure that the Federation pursues its Objectives faithfully, and always in accordance with the Governance Principles.
11. To ensure that the resolutions and decisions of the Executive Board and the Congress are properly complied with.
12. To ensure that the financial transactions of the Federation are authorised strictly in accordance with **rule 40.8** of the Constitution and not otherwise.

13. To perform such other tasks and duties as which are delegated to the President by an Ordinary Resolution of the Congress or an Ordinary Resolution of the Executive Board.

B First Vice President

Except where the Executive Board decides by Unanimous Resolution to delegate the following powers, duties and responsibilities, the First Vice President has the following specific duties, powers and responsibilities in addition to those duties, powers and responsibilities stated elsewhere in the Constitution.

1. To stand in for the President where the President is absent, or where the President is unable or unwilling to act.
2. To perform such other tasks and duties as which are delegated to the First Vice President by an Ordinary Resolution of the Congress or an Ordinary Resolution of the Executive Board.

C General Secretary Treasurer

Except where the Executive Board decides by Unanimous Resolution to delegate the following powers, duties and responsibilities, the General Secretary Treasurer has the following specific duties, powers and responsibilities in addition to those duties, powers and responsibilities stated elsewhere in the Constitution:

1. Where required, to attend meetings with the IOC, WADA, the Association of Olympic International Federations, the International Testing Agency and Sport Accord as the representative of the Federation.
2. To ensure that the Federation, the Congress and the Executive Board each complies in all respects with the requirements of **rule 41**, and to prepare the minutes of all meetings of the Congress and the Executive Board.
3. To ensure that the Federation complies with **rule 10**.
4. To ensure that the financial transactions of the Federation are authorised strictly in accordance with **rule 40.8** of the Constitution and not otherwise.
5. To ensure that the Federation provides all required documents, information and assistance to the Appointed Auditor.
6. To oversee the preparation of the Federation's annual plan and annual budget.
7. To ensure that the Executive Board approves the Federation's annual plan and annual budget, and that the approved annual plan and annual budget is then faithfully followed and complied with by the Federation.
8. To oversee the preparation, finalisation and dissemination of the Annual Report in accordance with the requirements of the Constitution.
9. To be a point of liaison between each IWF Commission and each IWF Committee on the first part, and the Federation on the second part, so as to ensure that each IWF Commission and

Constitution and Rules of the International Weightlifting Federation

In force from 31 August 2021

each IWF Committee is functioning effectively within the limitations of the powers and responsibilities granted to that IWF Commission or IWF Committee (as the case may be) under the Constitution or otherwise.

10. To perform such other tasks and duties as which are delegated to the General Secretary Treasurer by an Ordinary Resolution of the Congress or an Ordinary Resolution of the Executive Board.

